

WMAL Women's Track and Field Rankings -9th July 2021							
Name	Year	AG	Event	Performance	Venue	Meeting	Date
Dash Newington	2021	V35	2000W	14:00.46	Nuneaton	Midland Masters Championships	2021-06-06
Dash Newington	2021	V35	100HW	20.77	Belfast	Northern Ireland Masters Association Championships	2021-06-26
Dash Newington	2021	V35	HJ	1.35	Belfast	Northern Ireland Masters Association Championships	2021-06-26
Dash Newington	2021	V35	HJ	1.35	Jarrow	North East Masters AA Championships	2021-06-19
Dash Newington	2021	V35	PV	2.20	Jarrow	North East Grand Prix	2021-06-30
Dash Newington	2021	V35	LJ	4.26	Jarrow	North East Masters AA League	2021-07-05
Dash Newington	2021	V35	TJ	9.10	Belfast	Northern Ireland Masters Association Championships	2021-06-26
Dash Newington	2021	V35	WT9.08K	9.61	Jarrow	North East Masters AA League	2021-07-05
Dash Newington	2021	V35	SP4K	6.32	Jarrow	North East Masters AA Championships	2021-06-19
Dash Newington	2021	V35	DT1K	17.14	Nuneaton	Midland Masters Championships	2021-06-06
Dash Newington	2021	V35	HT4K	22.91	Jarrow	North East Masters AA League	2021-07-05
Dash Newington	2021	V35	JT600	16.84	Jarrow	North East Masters AA Championships	2021-06-19
Eleri Jones	2021	V35	100	13.50	Nuneaton	Midland Masters Championships	2021-06-06
Eleri Jones	2021	V35	200	27.7	Gloucester	Gloucester June Open	2021-06-15
Georgie Parnell	2021	V35	400	63.8	Cheltenham	Cheltenham Restart Open	2021-05-29
Georgie Parnell	2021	V35	800	2:19.9	Stourport	Midland League - Worcs/Here/West	2021-06-20
Georgie Parnell	2021	V35	LJ	3.96	Hornchurch	Havering AC Warm Up Meeting	2021-05-02
Helen-Marie Davies	2021	V40	5000	19:26.52	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
Llinos Jones	2021	V40	5000	19:56.31	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
Victoria Watkins	2021	V40	200	31.9	Redditch	Midland Veterans League	2021-06-23
Victoria Watkins	2021	V40	800	2:54.5	Redditch	Midland Veterans League	2021-06-23
Victoria Watkins	2021	V40	400	73.00	Cheltenham	Cheltenham Restart Open	2021-05-29
Henrietta Anstey	2021	V45	100	14.9	Yate	Avon Track & Field League	2021-06-13
Henrietta Anstey	2021	V45	200	32.20	Yate	Midland League - Gloucs	2021-06-20
Henrietta Anstey	2021	V45	400	73	Yate	Avon Track & Field League	2021-06-13
Henrietta Anstey	2021	V45	400HW	85.43	Yate	Midland League - Gloucs	2021-06-20
Henrietta Anstey	2021	V45	80HW40	17.21	Swindon	Swindon Harriers	2021-05-09
Claudia Cabbage	2021	V45	SP4K	8.14	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
Claudia Cabbage	2021	V45	DT1K	19.83	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
Claudia Cabbage	2021	V45	HT4K	17.01	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
Claudia Cabbage	2021	V45	JT600	16.77	Brighton	Southern Athletics League - Sussex Coast	2021-06-20
Claudia Cabbage	2021	V45	PV	1.10	Portsmouth	National Athletics League Division 1	2021-06-06
Michelle Thomas	2021	V45	200	27.48	Nuneaton	Midland Masters Championships	2021-06-06
Michelle Thomas	2021	V45	100	12.96	Kettering	Kettering Open Meeting	2021-05-31
Michelle Thomas	2021	V45	400	63.7	Telford	Midlands Veterans T&F League	2021-05-26
Michelle Thomas	2021	V45	HJ	1.20	Telford	Midlands Veterans T&F League	2021-05-26
Michelle Thomas	2021	V45	SP4K	7.93	Telford	Midlands Veterans T&F League	2021-05-26
Rebecca Selvey	2021	V45	800	2:50.7	Redditch	Midland Veterans League	2021-06-23
Rebecca Selvey	2021	V45	5000	23:48.97	Nuneaton	Midland Masters Championships	2021-06-06

Jan Timberlake	2021	V50	100	16.6	Gloucester	Gloucester June Open	2021-06-15
Jan Timberlake	2021	V50	TJ	8.47	Stourport	Midland League - Worcs/Here/West	2021-06-20
Jan Timberlake	2021	V50	JT500	23.07	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Jan Timberlake	2021	V50	HT3K	19.40	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Jan Timberlake	2021	V50	WT7.26K	6.12	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Jan Timberlake	2021	V50	PenWtW55	2456	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Jan Timberlake	2021	V50	SP3K	7.78	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Jan Timberlake	2021	V50	LJ	4.01	Nuneaton	Midland Counties Athletic Association Senior & U20 Championships	2021-06-13
Jan Timberlake	2021	V50	DT1K	24.40	Nuneaton	Midland Counties Athletic Association Senior & U20 Championships	2021-06-13
Sarah Everitt	2021	V50	1500	5:17.4	Yate	Avon Track & Field League	2021-06-13
Juliet Sidney	2021	V50	100	14.17	Nuneaton	Midland Masters Championships	2021-06-06
Juliet Sidney	2021	V50	200	29.62	Nuneaton	Midland Masters Championships	2021-06-06
Louise Kirby	2021	V50	100	14.7	Gloucester	Gloucester June Open	2021-06-15
Louise Kirby	2021	V50	200	31.55	Nuneaton	Midland Masters Championships	2021-06-06
Angela Bryant	2021	V60	100	15.3	Yate	Avon Track & Field League	2021-06-13
Angela Bryant	2021	V60	200	33.02	Nuneaton	Midland Masters Championships	2021-06-06
Angela Bryant	2021	V60	400	77.14	Nuneaton	Midland Masters Championships	2021-06-06
Annette Hames	2021	V60	5000	23:03.78	Jarrow	North East Masters AA Championships	2021-06-19
Annette Hames	2021	V60	3000	13:28.9	Jarrow	North East Masters AA League	2021-05-18
Clare St. John-Coleman	2021	V60	100	15.46	Chelmsford	Chelmsford Sport & Athletics Centre	2021-05-26
Clare St. John-Coleman	2021	V60	LJ	3.96	Hornchurch	Havering AC Warm Up Meeting	2021-05-02
Clare St. John-Coleman	2021	V60	TJ	7.18	Chelmsford	Eastern Masters League Southern	2021-06-02
Julie Wakelam	2021	V60	200	36.1	Redditch	Midland Veterans League	2021-06-23
Julie Wakelam	2021	V60	SP3K	6.50	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Julie Wakelam	2021	V60	WT5.45K	9.28	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Julie Wakelam	2021	V60	DT1K	14.15	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Julie Wakelam	2021	V60	PenWtW60	2729	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Julie Wakelam	2021	V60	HT3K	28.49	Nuneaton	Midland Masters Championships	2021-06-06
Julie Wakelam	2021	V60	LJ	3.37	Nuneaton	Midland Masters Championships	2021-06-06
Julie Wakelam	2021	V60	JT500	21.08	Nuneaton	Midland Masters Championships	2021-06-06
Julie Wakelam	2021	V60	TJ	7.00	Redditch	Midland Veterans League	2021-06-23
Ros Townsend-Hope	2021	V65	800	3:14.5	Redditch	Midland Veterans League	2021-06-23
Ros Townsend-Hope	2021	V65	3000	13:57.9	Redditch	Midland Veterans League	2021-06-23
Nicola Buckwell	2021	V65	800	3:42.9	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Nicola Buckwell	2021	V65	80HW60	17.7	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Nicola Buckwell	2021	V65	HJ	1.06	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Nicola Buckwell	2021	V65	LJ	3.24	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Nicola Buckwell	2021	V65	SP3K	7.70	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Nicola Buckwell	2021	V65	PenW65	3226	Horspath	BMAF Pentathlon, Throws Pentathlon plus 5000m & 5000W	2021-06-27
Nicola Buckwell	2021	V65	100	17.6	Cheltenham	Cheltenham Restart Open	2021-05-29
Nicola Buckwell	2021	V65	200	35.16	Tonbridge	Tonbridge AC Meeting	2021-05-03
Nicola Buckwell	2021	V65	JT500	15.82	Tonbridge	Tonbridge AC Meeting	2021-05-03
Daphne Marler	2021	V70	LJ	1.90	Swansea	Swansea HJ & LJ Open	2021-06-28
Iris Holder	2021	V75	LJ	2.86	Gloucester	Gloucestershire County Championships	2021-05-16
Iris Holder	2021	V75	100	19.5	Gloucester	Gloucestershire County Championships	2021-05-23
Iris Holder	2021	V75	TJ	5.91	Nuneaton	Midland Masters Championships	2021-06-06
Dorothy Fraser	2021	V80	100	25.30	Nuneaton	Midland Masters Championships	2021-06-06
Dorothy Fraser	2021	V80	200	59.01	Nuneaton	Midland Masters Championships	2021-06-06