Welsh Masters Men																	FINAL SEASON 2018																		Best performances																			
First name	Last Name	AG		Club	**Po10**	**50**	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Stephen	**Mathers**	**V35**	**M**	**Parc Bryn Bach/Cardiff/Welsh Masters**	Show							**27.15**					**02:08.78**																																					
Navid	**Childs**	**V35**	**M**	**Thames V**	Show																											**2.10**																						
Joan	**Hughes**	**V35**	**M**	**Trafford/**	Show					**13.02**		**26.91**																		**5.84**																							
Peter	**Watkeys**	**V35**	**M**	**Basingstoke & Mid Hants/Welsh Masters**	Show										**55.64**		**02:01.85**		**04:14.73**																																			
Doug	**Nicholls**	**V35**	**M**	**Les Croupiers/Welsh Masters**	Show														**04:31.16**	**04:40.63**		**09:43.29**																																
Paul	**Clarke**	**V35**	**M**	**Carmarth**	Show												**02:02.89**		**04:22.68**																																			
Seriashe	**Childs**	**V35**	**M**	**Windsor S**	Show					**11.48**																																												
Owen	**Chesher**	**V35**	**M**	**Brecon/W**	Show										**55.22**														**1.83**			**2.50**																						
Dale	**Garland**	**V35**	**M**	**Guernsey**	Show										**49.59**															**6.39**																							

First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Scott	Browne	V40	M	Les Croupiers/Welsh Masters	Show							26.77			57.97		02:09.14		04:29.14																																	
Stephen	Buttler	V40	M	Shrewsbu	Show					11.90																				5.15																						
Warwick	Helps	V40	M	Guernsey	Show												02:16.19						17:36.80																													
Stuart	Pearce	V40	M	Newport	Show		7.66					25.16																																								
Ian	Williams	V40	M	Newport /Welsh Masters	Show		9.07																										9.35				30.69				31.06											
John	Peters	V40	M	Maldwyn	Show														04:42.40																																	
Lee	Newman	V40	M	Worcester/Welsh Masters	Show																																				46.86											
David	Skidmore	V40	M	Rotary/ Welsh Masters	Show														04:58.40			10:29.20	18:15.31																													
Lee	Garland	V40	M	Guernsey	Show														04:34.81				17:44.70																													
Mark	Horsman	V40	M	Cardigan RC/Welsh Masters	Show															05:04.72																																	
Paul	Evans	V40	M	Brecon/ Welsh Masters	Show		8.65			14.10																				2.96			6.45				17.56				13.31				15.69							
First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Jason	Elworthy	V45	M	Barry & Vale/Welsh Masters	Show		13.42																							2.24	4.44		5.67		6.85		10.60						11.64		8.47							
Adrian	Lewis	V45	M	Aberdare Valley/ Welsh Masters	Show												02:21.22		04:53.50	05:06.25																																
Matthew	Gurmin	V45	M	Swansea /Welsh Masters	Show												02:14.25		04:28.26	5:00:00																																
James	Morgan	V45	M	Newport,	Show		8.14			12.46		25.96																																								
Peter	Roberts	V45	M	Swansea,	Show																												10.10								35.34				26.51							
Graham	Holder	V45	M	Bexley/N	Show																												10.69				29.73				34.28				51.32					13.93		
Lee	Jones	V45	M	Deeside /	Show																	08:57.93	16:17.17																														
Richard	Jones	V45	M	Lliswerry	Show															04:49.06																																
Andy	Peet	V45	M	Wigston/	Show												02:26.50			5:06:00			17:13.24																													
Dave	Gordon	V45	M	Daventry & Tring/Welsh Masters	Show																											3.51																				

First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Chris	Millard	V50	M	North Somerset/Welsh Masters	Show		7.62			11.70		24.82							06:09.00											4.44							26.70																
Lee	Aherne	V50	M	Parc Bryn	Show							31.93					02:25.01		04:46.06	04:57.20		09:39.14																															
Derek	Osborne	V50	M	Brecon/Welsh Masters	Show		10.67																						1.30	4.52	9.22	2.70	7.31				26.73				23.31				23.51							
Glyn	Price	V50	M	Swansea/Welsh Masters	Show		10.77									87.56													1.45			4.05																				
Paul	Flynn	V50	M	Swansea/Welsh Masters	Show										66.99		02:27.20		04:55.61			10:41.70					12:00.71																										
Robin	Wood	V50	M	Swansea	Show		8.34			14.04		29.65															14:58.57		1.20	4.47	9.46																						
Andrew	Turner	V50	M	Bournemouth/Welsh Masters/Southampton	Show																													10.30				20.02					34.18			34.06			11.39			2682
Gwynn	Wallace	V50	M	Radley/Royal Air Force/Welsh Masters	Show																								1.25				8.95	9.71			35.54	36.29					33.11		23.18	28.90			8.75			2427
Jeremy	Mower	V50	M	Gloucester/Welsh Masters	Show															05:14			17:46.80	36:27.40	07:22.00	11:17.44																										
Sean	McCormack	V50	M	Abergele/Welsh Masters	Show														05:23.74			11:20.24	19:28.65																														
Charles	Northey	V50	M	Brecon	Show							31.93					02:21.82		05:01.88			10:53.46															32.47				18.43											
Mike	Robbins	V50	M	Wrexham/Welsh Masters	Show														05:20.10				19:20.40																														
Martin	Tucker	V50	M	Deeside AAC/Welsh Masters	Show																												9.15	9.94			39.29	44.34														
Russell	Whiting	V50	M	Worthing/Welsh Masters	Show	6.70				12.00		25.50																																									
David	Glendower	V50	M	Invicta East Kent/Pembrokeshire/Welsh Masters	Show																													8.36				21.95					25.16			28.41			10.39			1893
First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Austin	Davies	V55	M	West Suffolk/Welsh Masters	Show							29.66					02:29.00		05:24.63																																	
Keith	Powell	V55	M	Newport/Welsh Masters	Show		8.53			13.42	21.51	27.00			63.58				07:05.90										1.35	4.69	9.61	2.82		8.12				24.16					26.53									2446
Dave	Shields	V55	M	Reading AC/Welsh Masters	Show																								1.08	4.17	9.2																					
Dave	Stokes	V55	M	Deeside AAC/Welsh Masters	Show																									3.73	7.83	2.50	7.74	9.04			24.55				26.2				27.19	26.63			11.18			2361
Mark	Roberts	V55	M	Brecon/Welsh Masters	Show												02:31.20		05:18.98	05:50.48	06:35.88																															
Clive	Osmond	V55	M	Les Croupiers	Show												02:51.40		05:51.51																																	
Glyndwr	Pugh	V55	M	Rhondda/Welsh Masters	Show																													9.98									29.29								
Paul	Williams	V55	M	City of St	Show					12.87		27.02			62.10																9.06																					
Darryn	McAteer	V55	M	Newport,	Show										65.48								21:22.00																														
David	Murrie	V55	M	Welsh Mo	Show									51.24																4.05																							
Haydn	Hartnell	V55	M	Parc Bryn	Show															5:45:00																																	
Steve	Toogood	V55	M	Buckley R	Show												02:09.93																																			
Ian	Humphreys	V55	M	Mendip/	Show												02:39.90		05:52.74				22:07.56																													
Jonathan	Powell	V55	M	Welsh Masters	Show																																	38.21														

First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Ian	Broadhurst	V60	M	Wrexham/Welsh Masters	Show		8.43			13.17		26.49		48.57	61.72																																						
Martin	Davies	V60	M	Newport /Welsh Masters /Bristol & West	Show			13.80																								2.76																				
Roderick	Davies	V60	M	Swansea /Windsor Slough Eton & Hounslow/Welsh Masters	Show		8.83			14.14		29.04																		4.21					6.93																		
John	Watkins	V60	M	Newport,	Show							35.98																																									
Chris	Berry	V60	M	Basingstoke & Mid Hants/Welsh Masters	Show																								1.25				8.60		9.28				23.34		17.36				15.74							
Jon	Clarke	V60	M	West Cheshire /Northern Vets/Welsh Masters	Show		9.52		12.20	15.30		33.73	65.78	02:00.73	121.59												26:43.65	0.85	2.96	5.71				6.01				10.94					15.98								
Kieran	Mcdonnell	V60	M	Les Croupiers/Welsh Masters	Show		8.68			13.39		27.52			61.09																																						
Mike	Murphy	V60	M	Les Croup	Show															06:04.92		12:04.57																															
Huw	Roberts	V60	M	Bridgend /Welsh Masters	Show														05:37.99	06:23.71																																	
David	Proffitt	V60	M	Llisworny	Show																		23:08.08																														
Chris	Pruski	V60	M	Swansea /Welsh Masters	Show																														8.41		29.78	27.68	29.94					27.17			19.51					
First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Brian	Williamson	V65	M	Cardiff/Rhondda/ Welsh Masters	Show		9.35	13.47		16.38								05:12.51											1.15	3.82					7.28																		2110
Geoff	Ward	V65	M	Wrexham	Show																												9.89						30.42					35.60			27.59					
Paul	Brooks	V65	M	Wrexham	Show																														7.90									27.21								
Richard	Marks	V65	M	Sam Hele	Show												02:40.67		05:27.68																																		
Mark	Wyndham-Jones	V65	M	City of Norwich /Eastern Masters /Welsh Masters	Show			12.49		14.07	20.80	30.10			75.61			04:59.84	08:10.88										1.32	4.09		2.10	7.83		10.27		27.78		30.47		23.00			38.30	38.3						5532	2685

First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Mel	James	V70	M	Port Talbot/Lee Croupers/Welsh Masters	Show		10.27			16.09		33.90																																									
Paul	Allen	V70	M	Halesowe	Show					18.80					85.30				06:17.30			13:03.60																18.44														
Ian	Robinson	V70	M	Wrexham/Welsh Masters	Show																															8.03								28.09								
Glyn	Sutton	V70	M	Newport /Welsh Masters	Show		8.27			13.48		27.82																																								
Ian	Bowles	V70	M	Swansea	Show																															9.16								32.04				28.68				
Barrie	Roberts	V70	M	Bournville Harriers /Welsh Masters	Show										90.47		03:16.30		06:37.26	07:06.25		14:06.45	25:20.09																														
Allan	Cheers	V70	M	Basingstoke & Mid Hants/Welsh Masters	Show																									3.57	8.09																						
First name	Last Name	AG		Club	Po10	50	60	60H	80	100	100MH	200	300	300MH	400	400MH	800	1000	1500	MILE	1500sc	3000	5000	10000	2000s/c	3000s/c	2000W	3000W	HJ	LJ	TJ	PV	SP7.26	SP6	SP5	SP4	JT800	JT700	JT600	JT500	DT2	DT1.75	DT1.5	DT1	HT 7.26	HT6	HT5	HT4	WT11.34	WT15.88	DEC	PENT
Phil	Rees	V75	M	Rhondda /Welsh Masters	Show		12.31					49.58																	0.80	2.36	5.64					6.77				12.20				21.90				20.89				
Ken	Buckle	V75	M	Cheltenh	Show																			60:29:00																													
John	Gardener	V75	M	Pembrokeshire/ Welsh Masters	Show		11.30			18.51		39.48			91.60		03:20.48		06:27.90	06:53.12				47:27:00																														
John	Evans	V80	M	Rugby &	Show		11.04			18.44		40.30																		2.81	6.65					5.48																		
Hubert	Daniels	V85	M	Welsh Mi	Show		15.90																																														