

England Athletics Masters Inter Area Outdoor Challenge

Pingles Athletic Track, Avenue Road, Nuneaton, CV11 4LX on Sunday 31st July 2022

Men		
Pos	Region	Points
1	NMAA	296
2	MMAC	293
3	EMAC	218
4	SCVAC	206
5	WMAL	201
6	VAC	200
7	SVHC	136
8	SWVAC	85

Overall		
Pos	Region	Points
1	MMAC	602
2	NMAA	505.5
3	EMAC	418
4	WMAL	414
5	SCVAC	345.5
6	VAC	336
7	SVHC	310
8	SWVAC	198

After 52 events scored

After 99 total events scored

M35 100m				w/s	-0.8
Pos	Bib	Name	Club	Perf	
1	23	Dominic Bradley (M45)	MMAC	11.21	
2	13	Andrew Spour	EMAC	11.44	
3	73	Michael Dickens	WMAL	11.52	
4	33	Joshua Wood (M45)	SCVAC	11.63	
5	83	Steven Callister	NMAA	11.99	
6	63	William MacGee (M50)	SVHC	12.21	
7	53	Israel Nworgu (M40)	VAC	13.11	

M50 100m				w/s	1.3
Pos	Bib	Name	Club	Perf	
1	25	Patrick Corcoran	MMAC	12.34	
2	85	Anthony Burniston (M55)	NMAA	12.45	
3	15	Julian Smith	EMAC	12.71	
4	35	Barrie Marsden (M55)	SCVAC	12.98	
5	55	Mark White (M55)	VAC	13.19	
6	45	David Pearson	SWVAC	13.34	
7	75	James Morgan	WMAL	13.57	

M60 100m				w/s	0.1
Pos	Bib	Name	Club	Perf	
1	86	John Wright	NMAA	12.13	CBP
2	56	Pat Logan	VAC	12.83	
3	36	Mark Woods	SCVAC	12.98	
4	16	Ricardo Huskisson	EMAC	13.00	
5	26	John Statham	MMAC	13.18	
6	76	Eric Oram	WMAL	13.92	
7	46	Stephen Blackford	SWVAC	14.87	

M70 100m				w/s	0.1
Pos	Bib	Name	Club	Perf	
1	27	Christopher Monk	MMAC	13.58	
2	37	Victor Novell (M75)	SCVAC	14.92	
3	57	Allan Long (M75)	VAC	15.33	
4	67	William Lonsdale	SVHC	16.13	
5	17	John Moore	EMAC	16.17	
6	87	John Charlton (M75)	NMAA	16.57	
7	77	Barrie Roberts (M75)	WMAL	25.32	

M35 200m				w/s	0.6
Pos	Bib	Name	Club		Perf
1	23	Dominic Bradley (M45)	MMAC		22.98
2	13	Andrew Spour	EMAC		23.14
3	33	Adam Bellis (M45)	SCVAC		23.59
4	73	Michael Dickens	WMAL		23.74
5	83	Steven Callister	NMAA		24.08
6	63	William MacGee (M50)	SVHC		25.74
7	53	Jonathan Elderfield	VAC		35.05

M50 200m				w/s	0.9
Pos	Bib	Name	Club		Perf
1	25	Patrick Corcoran	MMAC		24.65
2	55	Christopher Taplin	VAC		25.33
3	85	Anthony Burniston (M55)	NMAA		25.82
4	35	Barrie Marsden (M55)	SCVAC		26.29
5	15	Julian Smith	EMAC		27.33
6	75	James Morgan	WMAL		28.16

M60 200m				w/s	-0.2
Pos	Bib	Name	Club		Perf
1	86	John Wright	NMAA		25.17
2	36	Mark Woods	SCVAC		26.61
3	16	Ricardo Huskisson	EMAC		27.18
4	56	Brian Steene	VAC		27.18
5	26	John Statham	MMAC		27.44
6	76	Eric Oram	WMAL		28.63
7	46	Timothy Sorrell	SWVAC		32.50

M70 200m				w/s	-0.7
Pos	Bib	Name	Club		Perf
1	57	David Hinds	VAC		30.34
2	37	Adrian Essex	SCVAC		30.61
3	27	Bruce Hendrie	MMAC		32.80
4	87	Graham Webster	NMAA		33.65
5	77	Richard Marks	WMAL		34.65

M35 400m					
Pos	Bib	Name	Club		Perf
1	33	Adam Bellis (M45)	SCVAC		52.45
2	53	Adrian Day (M60)	VAC		53.84
3	73	Jonathan Williams	WMAL		53.91
4	13	David Brown (M40)	EMAC		54.27
5	23	Stefan Wilcockson	MMAC		56.06
6	83	Richard Cordwell (M45)	NMAA		58.73
7	63	Mike Houston (M40)	SVHC		60.50

M50 400m					
Pos	Bib	Name	Club		Perf
1	65	Allan Cameron	SVHC		57.3
2	85	Leeroy Golding (M55)	NMAA		61.0
3	55	Mark White (M55)	VAC		61.0
4	75	David Thorne (M55)	WMAL		61.3
5	25	Darrell Wilde (M55)	MMAC		62.7

M60 400m					
Pos	Bib	Name	Club		Perf
1	16	Tennyson James	EMAC		60.62
2	86	Jed Turner	NMAA		60.84
3	36	Colin Bates	SCVAC		61.77
4	56	David Elderfield (M65)	VAC		65.08
5	26	Kevin Pye	MMAC		66.37

M70 400m

Pos	Bib	Name	Club	Perf
1	37	Christopher Padmore	SCVAC	66.48
2	57	David Hinds	VAC	69.33
3	27	David Oxland	MMAC	71.00
4	87	Graham Webster	NMAA	74.18
5	67	William Lonsdale	SVHC	78.56
6	77	Barrie Roberts (M75)	WMAL	121.40

M35 800m

Pos	Bib	Name	Club	Perf
1	23	Chris Lamb	MMAC	2:03.71
2	13	John Whittaker (M40)	EMAC	2:04.32
3	63	Stephen Brown (M40)	SVHC	2:05.47
4	33	Stuart McNally (M45)	SCVAC	2:09.57
5	73	Jonathan Williams	WMAL	2:12.64
6	83	Simon Oak (M45)	NMAA	2:14.45
7	53	Malcolm Davies (M55)	VAC	2:52.70

M50 800m

Pos	Bib	Name	Club	Perf
1	55	Robert Datnow	VAC	2:11.42
2	15	Simon Coombes	EMAC	2:12.55
3	65	Allan Cameron	SVHC	2:13.76
4	75	Adrian Lewis	WMAL	2:15.82
5	85	Neil Pendlebury	NMAA	2:17.61
6	25	Russell Parkin (M55)	MMAC	2:18.16

M60 800m

Pos	Bib	Name	Club	Perf
1	86	Jed Turner	NMAA	2:24.87
2	56	Richard Jenkin	VAC	2:31.97
3	46	Philip York	SWVAC	2:39.91
4	26	Nick Holliday	MMAC	2:41.55
5	76	Stephen Davies	WMAL	4:06.81

M70 800m

Pos	Bib	Name	Club	Perf
1	27	David Oxland	MMAC	2:37.13
2	57	Peter Kennedy	VAC	2:41.12
3	77	Richard Marks	WMAL	2:54.29
4	87	Geoffrey Pearson	NMAA	2:57.00
5	37	John Exley	SCVAC	3:21.07

CBP

M35 1500m

Pos	Bib	Name	Club	Perf
1	13	Rob Elmore (M40)	EMAC	4:14.51
2	23	Mitchell Blundell	MMAC	4:19.33
3	63	Colin Whitby (M40)	SVHC	4:24.22
4	83	Simon Ellis (M45)	NMAA	4:26.91
5	73	Gareth Matthews	WMAL	4:28.77
6	53	Malcolm Davies (M55)	VAC	5:39.43

M50 1500m

Pos	Bib	Name	Club	Perf
1	15	Mark Waine	EMAC	4:30.31
2	55	Steve Atkinson (M55)	VAC	4:31.92
3	65	Mark Gallacher	SVHC	3:32.87
4	25	James Hodge	MMAC	4:34.04
5	75	Mark Shepherd	WMAL	4:43.86
6	85	Richard Timms	NMAA	5:37.56

M60 1500m

Pos	Bib	Name	Club	Perf
	86	Chris Ireland	NMAA	4:56.22
2	56	Richard Jenkin	VAC	5:16.71
3	76	Rob Sheen	WMAL	5:19.54
4	26	Nick Holliday	MMAC	5:20.35
5	46	Philip York	SWVAC	5:27.64

M70 1500m

Pos	Bib	Name	Club	Perf
1	27	Derek Jackson	MMAC	5:11.93
2	77	Richard Marks	WMAL	5:44.58
3	87	Graham Webster	NMAA	5:49.75
4	57	Mike Mann	VAC	6:34.41
5	37	John Exley	SCVAC	6:49.83

CBP

M35 3000m

Pos	Bib	Name	Club	Perf
1	63	Chris Louden	SVHC	8:52.01
2	13	Rob Elmore (M40)	EMAC	9:05.84
3	23	Orlando Corea (M45)	MMAC	9:10.53
4	73	Luke Northall	WMAL	9:16.97
5	83	Jeff Prest (M45)	NMAA	9:31.33
6	53	Malcolm Davies (M55)	VAC	12:27.68

M50 3000m

Pos	Bib	Name	Club	Perf
1	75	Huw Evans	WMAL	9:39.51
2	25	Gordon Lee (M55)	MMAC	9:42.85
3	15	Andrew Leach (M55)	EMAC	9:43.11
4	65	Mark Gallacher	SVHC	9:49.87
5	35	Steven Barnes	SCVAC	10:10.30
6	55	Paul Cheetham	VAC	10:12.29
7	85	Richard Timms	NMAA	12:27.41

M35 2000m Walk

Pos	Bib	Name	Club	Perf
1	53	David Annetts (M55)	VAC	9:25.31
2	23	Mark Williams (M55)	MMAC	10:53.94
3	13	John Borgars (M75)	EMAC	13:08.83
4	83	Richard Timms (M50)	NMAA	15:26.76

M50 2000m Walk

Pos	Bib	Name	Club	Perf
1	35	Mark Ashby (M60)	SCVAC	11:02.77
2	55	Trevor Jones (M65)	VAC	11:17.67
3	45	Ian Torode (M65)	SWVAC	11:52.63
4	15	Timothy Clough	EMAC	12:02.86
5	85	Neil Pendlebury	NMAA	13:23.91
6	25	Paul Hawkins (M65)	MMAC	14:01.37

M35 110m Hurdles

Pos	Bib	Name	Club	Perf
			w/s	1.9
1	23	Stefan Wilcockson	MMAC	16.32
2	53	Israel Nworgu (M40)	VAC	16.51
3	83	Richard Cordwell (M45)	NMAA	20.06

M50 100m Hurdles

Pos	Bib	Name	Club	Perf
			w/s	2.0
1	15	Gary Smith	EMAC	14.25
2	35	Barrie Marsden (M55)	SCVAC	14.68
3	45	David Pearson	SWVAC	17.61
4	25	Kelly Fairclough	MMAC	18.66
5	85	Mark Line (M55)	NMAA	18.84

CBP

M35 4x100m Relay

Pos	Bib	Name	Club	Perf
1	23	Jack Poxon, Patrick Corcoran (M50), Chris Lamb, Dominic Bradley (M45)	MMAC	47.53
2	33	Mark Woods (M60), Adam Bellis (M45), Barrie Marsden (M55), Joshua Wood (M45)	SCVAC	48.49
3	83	Steven Callister, Dan Brown, Richard Cordwell (M45), Simon Oak (M45)	NMAA	49.02
4	63	Colin Whitby (M40), Paul Waddell, Chris Loudon, Stephen Brown (M40)	SVHC	53.02
5	73	James Morgan (M50), Adrian Lewis (M50), Mark Shepherd (M50), Owen Chesher	WMAL	54.00

M50 4x100m Relay

Pos	Bib	Name	Club	Perf
1	25	David Wilson, Darrell Wilde (M55), Christopher Georgiou (M55), Kelly Fairclough	MMAC	51.21
2	85	Anthony Burniston (M55), Leeroy Golding (M55), Mark Line (M55), Richard Timms	NMAA	51.69
3	15	Julian Smith, Ricardo Huskisson (M60), Paul Harrison (M55), Kelvin Smith (M70)	EMAC	58.66
	55	Mark White (M55), Allan Long (M75), Robert Datnow, Christopher Taplin	VAC	DISQ

M60 4x100m Relay

Pos	Bib	Name	Club	Perf
1	86	John Wright, Chris Ireland, John Barratt, Jed Turner	NMAA	54.04
2	56	Pat Logan, Brian Steene, Adrian Day, David Hinds (M70)	VAC	54.41
3	26	David Cowley (M70), Kevin Pye, Nick Holliday, John Statham	MMAC	58.71
4	76	Melvyn James (M75), Eric Oram, Roderick Davies (M65), Paul Yeoman	WMAL	59.65

M70 4x100m Relay

Pos	Bib	Name	Club	Perf
1	37	Victor Novell (M75), Ronald Davies (M75), Christopher Padmore, Adrian Essex	SCVAC	59.28
2	27	Bruce Hendrie, Rashpal Singh, David Oxland, Christopher Monk	MMAC	60.84
3	87	John Charlton (M75), Graham Webster, Geoffrey Pearson, Nicholas Marler (M75)	NMAA	80.33

M35 High Jump

Pos	Bib	Name	Club	Perf	
1	83	Dan Brown	NMAA	1.70	1.50xo,1.55o,1.60o,1.65xo,1.70xo,1.75xxx
2	73	Owen Chesher	WMAL	1.70	1.60o,1.65xo,1.70xo,1.75xxx
3	23	Jack Poxon	MMAC	1.50	1.35o,1.40o,1.45o,1.50o,1.55xxx
4	13	Adeyinka Opaleye (M45)	EMAC	1.50	1.30o,1.35o,1.40xo,1.45xxo,1.50xo,1.55xxx
5	63	Paul Waddell	SVHC	1.45	1.30o,1.35o,1.40xxo,1.45xxo,1.50xxx
6	33	Shaun Wall (M40)	SCVAC	1.20	1.20o,1.25-,1.30r

M50 High Jump

Pos	Bib	Name	Club	Perf	
1	65	James McGregor (M55)	SVHC	1.55	1.40o,1.45o,1.50o,1.55o,1.60xxx
2	45	David Pearson	SWVAC	1.50	1.30o,1.35o,1.40o,1.45xo,1.50o,1.55xxx
3	75	Glyn Price (M55)	WMAL	1.40	1.30o,1.35o,1.40xo,1.45r
4	85	Mark Line (M55)	NMAA	1.25	1.25o,1.30r
5	25	Kelly Fairclough	MMAC	1.25	1.15o,1.20xo,1.25xo,1.30r

M60 High Jump

Pos	Bib	Name	Club	Perf	
1	36	Allan Leiper	SCVAC	1.30	1.20o,1.25-,1.30o,1.35xxx
2	46	Stephen Blackford	SWVAC	1.25	1.10o,1.15o,1.20o,1.25o,1.30xxx
3	76	Paul Yeoman	WMAL	1.20	1.10o,1.15xo,1.20o,1.25xxx
4	26	David Cowley (M70)	MMAC	1.15	1.10o,1.15o,1.20xxx
5	86	Chris Ireland	NMAA	1.10	1.10xxo,1.15xxx

M70 High Jump

Pos	Bib	Name	Club	Perf	
1	67	William Lonsdale	SVHC	1.25	1.00o,1.10o,1.15o,1.20o,1.25xxo,1.30xxx
2	27	Rashpal Singh	MMAC	1.20	1.10o,1.15o,1.20xo,1.25xxr
3	37	Adrian Essex	SCVAC	1.00	1.00o,1.10-,1.15-,1.20-,1.25xxx
4	87	Geoffrey Pearson	NMAA	1.00	1.00xxo,1.10r

M35 Pole Vault

Pos	Bib	Name	Club	Perf	
1	83	Mark Johnson (M55)	NMAA	4.00	3.60o,3.80xo,4.00xxo,4.15xxx
2	13	Robert Kingman (M45)	EMAC	3.40	3.00o,3.10-,3.20o,3.30-,3.40o,3.50-,3.60xxx
3	23	Neal Mason (M75)	MMAC	2.80	2.80o,3.00-,3.10xxx

M50 Pole Vault

Pos	Bib	Name	Club	Perf	
1	75	Glyn Price (M55)	WMAL	3.60	2.10o,2.30xxo,2.50xxx
2	45	David Pearson	SWVAC	3.40	2.80o,3.00o,3.10o,3.20xo,3.30o,3.40o,3.50xxx
3	85	Mark Line (M55)	NMAA	2.80	2.80xo,3.00xxx
4	15	Mark Burgman (M65)	EMAC	2.30	2.10o,2.30o,2.50xxx

M35 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	83	Dan Brown	NMAA	5.76	- 5.70,-; 5.50,-; 5.61,-; 5.76,-
2	23	Jack Poxon	MMAC	5.63	- 5.63,-; 5.46,-; x; 5.56,-
3	53	Franck Triolaire (M45)	VAC	5.11	- 4.98,-; 4.87,-; 5.06,-; 5.11,-
4	73	Gareth Matthews	WMAL	4.83	- 4.83,-; 3.83,-; 2.84,-; -,-
5	13	Adeyinka Opaleye (M45)	EMAC	4.54	- 4.54,-; x; x; 4.54,-
6	63	Paul Waddell	SVHC	4.45	- 4.22,-; 4.45,-; 4.35,-; 4.36,-
7	33	Shaun Wall (M40)	SCVAC	3.13	- 3.13,-; 2.90,-

M50 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	15	Gary Smith	EMAC	5.31	- 5.27,-; 5.31,-; 3.99,-
2	35	Samuel Nash	SCVAC	5.15	- 4.88,-; 5.00,-; 5.15,-; 5.12,-
3	85	Mark Line (M55)	NMAA	4.81	- 4.52,-; 4.81,-; 2.52,-; 4.67,-
4	45	David Pearson	SWVAC	4.65	- 4.08,-; 4.65,-; 4.31,-; -,-
5	25	David Wilson	MMAC	4.61	- 4.57,-; 4.35,-; x; 4.61,-
6	75	Mark Shepherd	WMAL	3.93	- 3.92,-; 3.93,-
7	65	James McGregor (M55)	SVHC	1.99	- 1.99,-

M60 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	86	John Barratt	NMAA	4.41	- 4.19,-; 4.31,-; 4.41,-; 4.23,-
2	76	Roderick Davies (M65)	WMAL	3.89	- x; 3.89,-; 3.85,-; 3.69,-
3	26	Albert Earle	MMAC	3.89	- 3.89,-; 3.77,-; 3,8; 3.56,-
4	46	Stephen Blackford	SWVAC	3.45	- 3.45,-
5	56	Pat Logan	VAC	3.43	- 3.13,-; 2.71,-; 3.43,-; 3.33,-
6	36	Allan Leiper	SCVAC	3.34	- 3.34,-; x

M70 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	27	Rashpal Singh	MMAC	4.14	- 3.80,-; 4.06,-; 4.14,-
2	67	William Lonsdale	SVHC	3.98	- 3.89,-; 3.78,-; 3.98,-; 3.88,-
3	87	John Charlton (M75)	NMAA	3.79	- 3.79,-; 3.46,-
4	37	Adrian Essex	SCVAC	3.63	- 3.49,-; 3.63,-
5	57	Allan Long (M75)	VAC	3.56	- x; 3.42,-; 3.47,-; 3.56,-
6	17	Geoffrey Tyler	EMAC	1.86	- 1.86,-

M35 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	83	Dan Brown	NMAA	12.32	- 12.32,-; 12.27,-; 12.04,-; x,-
2	23	Jack Poxon	MMAC	11.56	- 11.39,-; 11.56,-; 10.92,-; 11.25,-
3	73	Gareth Matthews	WMAL	10.53	- 10.19,-; 10.53,-
4	63	Paul Waddell	SVHC	9.80	- 9.51,-; 9.80,-; 9.73,-; 9.74,-
5	13	Adeyinka Opaleye (M45)	EMAC	9.32	- 9.32,-; 9.14,-; 8.92,-; 9.22,-
6	33	Shaun Wall (M40)	SCVAC	8.01	- 8.01,-

M50 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	85	Julien Gittens (M60)	NMAA	11.27	- 10.76,-; 11.27,-; 11.10,-; 11.03,-
2	35	Samuel Nash	SCVAC	9.85	- 9.42,-; 9.59,-; 9.73,-; 9.85,-
3	15	Paul Harrison (M55)	EMAC	9.42	- x; 9.22,-; x; 9.42,-
4	45	David Pearson	SWVAC	9.37	- 9.37,-; 9.06,-
5	75	David Shields (M60)	WMAL	8.40	- 8.17,-; 8.28,-; 8.31,-; 8.40,-
6	25	Christopher Carden (M65)	MMAC	8.22	- 7.89,-; 7.97,-; 7.96,-; 8.22,-

M35 Shot

Pos	Bib	Name	Club	Perf	
1	33	Shaun Wall (M40)	SCVAC	10.28	10.28; x; x; 10.06
2	53	Franck Triolaire (M45)	VAC	9.41	9.41; 9.09; 8.58; 8.12
3	13	Richard Martin	EMAC	9.27	9.15; 9.00; 9.27; x
4	73	Keith Williams (M45)	WMAL	8.36	8.36; 8.06; 7.72; 7.88
5	23	Jack Poxon	MMAC	7.80	7.27; 7.80; 7.33
6	83	Mark Crompton (M55)	NMAA	6.38	5.80; 6.38; x
7	63	Ian Jackson (M60)	SVHC	5.22	5.08; 5.04; 5.22; 5.19

M50 Shot

Pos	Name	Club	Perf	
1	85 John Nicholls (M55)	NMAA	13.67	13.00; 13.67; 13.10; x
2	75 Peter Roberts	WMAL	11.04	10.80; x; 10.37; 11.04
3	45 Robert Broadbridge (M60)	SWVAC	10.87	10.20; 10.31; 10.55; 10.87
4	65 Eddie McKenzie (M55)	SVHC	10.71	10.71; 10.19; 10.44; 10.68
5	25 Alan Nisbet	MMAC	10.52	10.51; 10.32; 10.36; 10.52
6	15 Steven Whyte (M55)	EMAC	9.52	9.52
7	35 Trevor Ratcliffe (M55)	SCVAC	9.09	8.99; 9.09; x; 8.73
8	55 James Gillespie (M55)	VAC	7.93	7.73; 7.83; 7.78; 7.93

M60 Shot

Pos	Bib	Name	Club	Perf	
1	36	Allan Leiper	SCVAC	13.06	12.67; 12.65; 12.36; 13.06
2	86	Martin Wray	NMAA	9.90	9.29; 9.10; 9.90; 9.52
3	56	David Budden (M65)	VAC	9.57	9.57; 8.94; 9.46; x
4	26	Malcolm Pell (M65)	MMAC	9.51	9.44; 9.51; 9.24; 9.37
5	76	Paul Yeoman	WMAL	7.93	6.58; 6.55; 7.93; 7.56
6	46	Stephen Blackford	SWVAC	6.24	5.00; 5.32; 5.64; 6.24
7	16	Wilson Paterson	EMAC	5.68	5.68

M70 Shot

Pos	Bib	Name	Club	Perf	
1	17	Geoffrey Tyler	EMAC	11.69	11.52; 10.76; 11.11; 11.69
2	87	Peter Todd	NMAA	8.73	x; 8.73; 8.34; 8.69
3	27	Brian Bowley (M75)	MMAC	7.98	7.47; 7.44; 7.98; 7.79
4	67	William Lonsdale	SVHC	7.22	6.42; 6.88; 7.14; 7.22
5	37	Ronald Davies (M75)	SCVAC	6.85	x; 6.38; 6.85; x
6	77	David Jones	WMAL	6.36	6.17; 6.14; 5.88; 6.36

M35 Discus

Pos	Bib	Name	Club	Perf	
1	73	Keith Williams (M45)	WMAL	29.07	29.07; 28.41; 28.71; 27.68
2	13	Richard Martin	EMAC	26.67	25.17; 25.66; 23.04; 26.67
3	53	Franck Triolaire (M45)	VAC	25.99	23.16; x; 23.98; 25.99
4	33	Shaun Wall (M40)	SCVAC	25.72	25.37; x; 26.67; 25.72
5	83	Mark Crompton (M55)	NMAA	21.21	x; 21.21; x; x
6	23	Dominic Bradley (M45)	MMAC	20.05	20.05
7	63	Ian Jackson (M60)	SVHC	18.75	x; 16.93; 18.31; 18.75

M50 Discus

Pos	Bib	Name	Club	Perf	
1	85	John Twiddle	NMAA	42.24	39.23; 38.22; 36.16; 42.24
2	15	Steven Whyte (M55)	EMAC	38.79	x; 38.79; x; x
3	75	Peter Roberts	WMAL	37.25	x; 36.21; 35.33; 37.25
4	45	Robert Broadbridge (M60)	SWVAC	34.65	32.05; 34.17; x; 34.65
5	25	Alan Nisbet	MMAC	33.51	32.06; x; 33.51; x
6	65	Eddie McKenzie (M55)	SVHC	28.55	x; 28.55; x; x
7	55	James Gillespie (M55)	VAC	24.90	22.47; 23.52; 21.69; 24.90

M35 Hammer

Pos	Bib	Name	Club	Perf	
1	13	Richard Martin	EMAC	49.99	49.99; 47.33; 47.70; 49.97
2	53	Wesley Clarke (M55)	VAC	31.34	27.12; x; 29.83; 31.34
3	73	Keith Williams (M45)	WMAL	22.83	20.58; 19.54; 19.28; 22.83
4	33	Shaun Wall (M40)	SCVAC	20.97	20.43; 20.89; 20.97; 20.10
5	83	Mark Crompton (M55)	NMAA	18.32	x; 17.92; 18.32; x
6	63	Ian Jackson (M60)	SVHC	15.20	13.78; 15.20; 13.05; x
7	23	Mitchell Blundell	MMAC	11.80	9.86; 11.80

M50 Hammer

Pos	Bib	Name	Club	Perf	
1	85	John Twiddle	NMAA	45.19	x; 43.14; 44.01; 45.19
2	15	Steven Whyte (M55)	EMAC	44.10	42.54; 40.74; x; 44.10
3	45	Robert Broadbridge (M60)	SWVAC	36.07	34.65; 35.16; 34.25; 36.07
4	25	Alan Nisbet	MMAC	34.90	34.37; 34.90; x; x
5	75	Peter Roberts	WMAL	29.00	29.00; 28.95
6	65	Eddie McKenzie (M55)	SVHC	26.23	24.38; 24.95; 26.23; 25.88
7	55	James Gillespie (M55)	VAC	23.27	23.27; 22.20; x; 22.35

M35 Javelin

Pos	Bib	Name	Club	Perf	
1	13	David Sketchley (M45)	EMAC	54.79	53.27; 52.30; 54.79; 54.59
2	83	Wayne Todd (M45)	NMAA	45.42	44.52; 45.42; x; 44.04
3	23	Stewart Cawson (M50)	MMAC	38.87	35.13; 37.70; 35.55; 38.87
4	33	Shaun Wall (M40)	SCVAC	38.74	38.74; x; 37.04; 36.06
5	53	Franck Triolaire (M45)	VAC	33.93	32.20; 28.42; 29.22; 33.93
6	63	Paul Waddell	SVHC	23.61	23.61; 22.67; 22.34; 22.99
7	73	Keith Williams (M45)	WMAL	21.14	21.14

M50 Javelin

Pos	Bib	Name	Club	Perf	
1	35	Trevor Ratcliffe (M55)	SCVAC	50.67	45.74; 44.74; 50.67; 47.45
2	85	Mark Line (M55)	NMAA	38.09	38.09; x; 36.56
3	65	Eddie McKenzie (M55)	SVHC	31.48	31.48; 28.57; 29.31; 29.77
4	25	Alex Taylor	MMAC	28.66	27.79; 28.66; 27.76; 28.27
5	55	Mark White (M55)	VAC	27.27	23.89; 27.27; 21.29

England Athletics Masters Inter Area Outdoor Challenge
 Pingles Athletic Track, Avenue Road, Nuneaton, CV11 4LX on Sunday 31st July 2022

Women		
Pos	Region	Points
1	MMAC	309
2	WMAL	213
3	NMAA	209.5
4	EMAC	200
5	SVHC	174
6	SCVAC	139.5
7	VAC	136
8	SWVAC	113

Overall		
Pos	Region	Points
1	MMAC	602
2	NMAA	505.5
3	EMAC	418
4	WMAL	414
5	SCVAC	345.5
6	VAC	336
7	SVHC	310
8	SWVAC	198

After 47 events scored

After 99 total events scored

W35 100m				w/s	1.3
Pos	Bib	Name	Club	Perf	
1	83	Amanda Potter	NMAA	12.85	
2	23	Karen Gomes	MMAC	12.94	
3	13	Augusta Pop	EMAC	13.17	
4	43	Joy Wright (W45)	SWVAC	13.43	
5	63	Nina Cessford	SVHC	13.50	
6	73	Emma Pengelly	WMAL	13.52	
7	53	Sarah Loades (W45)	VAC	13.66	

W50 100m				w/s	0.8
Pos	Bib	Name	Club	Perf	
1	85	Anita Saunders	NMAA	13.85	
2	65	Fiona Steele (W55)	SVHC	14.37	
3	75	Juliet Sidney	WMAL	14.50	
4	25	Fiona Palmer	MMAC	14.98	
5	35	Michele Wakefield (W55)	SCVAC	15.25	
6	45	Lisa Carpenter	SWVAC	15.85	
7	15	Gaye Clarke (W60)	EMAC	17.44	

W60 100m				w/s	1.2
Pos	Bib	Name	Club	Perf	
1	46	Janice Ellacott	SWVAC	14.27	
2	26	Susan Frisby	MMAC	14.59	
3	76	Clare St John-Coleman	WMAL	15.43	
4	16	Denise Timmis	EMAC	15.78	
5	86	Ilse Hemming (W65)	NMAA	15.81	
6	36	Joan Trimble (W65)	SCVAC	15.94	
7	56	Anna Garnier (W65)	VAC	18.91	

W70 100m				w/s	1.9
Pos	Bib	Name	Club	Perf	
1	37	Moira West	SCVAC	15.88	CBP
2	87	Caroline Marler	NMAA	16.80	
3	17	Emily McMahan	EMAC	16.97	
4	27	Sally Hine	MMAC	17.08	
5	77	Iris Holder (W80)	WMAL	20.24	

W35 200m				w/s	1.0
Pos	Bib	Name	Club	Perf	
1	83	Amanda Potter	NMAA	26.40	
2	23	Karen Gomes	MMAC	26.85	
3	13	Augusta Pop	EMAC	27.14	
4	43	Joy Wright (W45)	SWVAC	27.55	
5	73	Eleri Jones (W40)	WMAL	27.92	
6	63	Nina Cessford	SVHC	28.15	
7	53	Sarah Loades (W45)	VAC	28.19	
8	33	Sally Parry (W45)	SCVAC	31.05	

W50 200m				w/s	1.4
Pos	Bib	Name	Club	Perf	
1	85	Anita Saunders	NMAA	28.38	
2	35	Popsie Wootten	SCVAC	29.21	
3	65	Fiona Steele (W55)	SVHC	29.34	
4	75	Juliet Sidney	WMAL	30.05	
5	25	Fiona Palmer	MMAC	30.56	
6	45	Lisa Carpenter	SWVAC	32.13	
7	55	Helen Davies	VAC	32.24	
8	15	Gaye Clarke (W60)	EMAC	36.06	

W60 200m				w/s	2.6
Pos	Bib	Name	Club	Perf	
1	46	Janice Ellacott	SWVAC	28.92	CBP
2	26	Susan Frisby	MMAC	30.51	
3	36	Helen Godsell (W65)	SCVAC	30.99	
4	76	Angela Bryant	WMAL	32.53	
5	66	Anne Howie	SVHC	33.34	
6	16	Diane Farmer	EMAC	33.53	
7	86	Ilse Hemming (W65)	NMAA	33.74	
8	56	Lucy Woolhouse	VAC	35.26	

W35 400m					
Pos	Bib	Name	Club	Perf	
1	73	Samantha Gamble	WMAL	60.89	
2	43	Joy Wright (W45)	SWVAC	61.41	
3	13	Claire Smith (W45)	EMAC	62.47	
4	53	Sarah Loades (W45)	VAC	64.81	
5	63	Jennifer Beattie (W40)	SVHC	66.20	
6	33	Sally Parry (W45)	SCVAC	70.77	
7	23	Carolyn Derbyshire (W40)	MMAC	81.13	

W50 400m					
Pos	Bib	Name	Club	Perf	
1	75	Michelle Thomas	WMAL	61.29	
2	25	Emma Hollinshead	MMAC	69.30	
3	45	Lisa Carpenter	SWVAC	70.35	
4	55	Helen Davies	VAC	70.55	
5	35	Popsie Wootten	SCVAC	70.70	
6	15	Christine Anthony (W55)	EMAC	73.00	
7	65	Julie Wilson	SVHC	73.78	
8	85	Wendy Valentine (W55)	NMAA	102.65	

W60 400m					
Pos	Bib	Name	Club	Perf	
1	66	Yvonne Crilly	SVHC	69.94	
2	26	Elaine Ledden	MMAC	73.73	
3	36	Helen Godsell (W65)	SCVAC	76.56	
4	56	Anna Garnier (W65)	VAC	83.47	
5	76	Angela Bryant	WMAL	88.95	

W35 800m

Pos	Bib	Name	Club	Perf
1	53	Zoe Doyle (W40)	VAC	2:18.05
2	23	Caroline Warrington (W45)	MMAC	2:30.53
3	63	Jennifer Beattie (W40)	SVHC	2:32.95
4	33	Ana Ramos-Villaverde (W45)	SCVAC	2:38.67
5	73	Danielle Phillips	WMAL	2:50.53
6	83	Rebecca Mills (W40)	NMAA	2:58.77
7	13	Emma Coombes (W40)	EMAC	3:10.03

W50 800m

Pos	Bib	Name	Club	Perf
1	65	Ana Richardson (W55)	SVHC	2:29.47
2	25	Mandy Vernon	MMAC	2:39.74
3	55	Lisa Webb (W55)	VAC	2:42.66
4	15	Christine Anthony (W55)	EMAC	2:56.24
5	85	Carmel Ramwell	NMAA	3:20.36
6	75	Shirin Poostchi	WMAL	3:21.86

W60 800m

Pos	Bib	Name	Club	Perf
1	66	Yvonne Crilly	SVHC	2:31.51
2	76	Catherine Wheeler	WMAL	2:48.11
3	56	Anna Garnier (W65)	VAC	2:54.32
4	36	Jane Fabes (W65)	SCVAC	2:57.76
5	46	Jill Harrison	SWVAC	2:59.98
6	26	Lesley Willis	MMAC	3:02.44
7	16	Lorraine Daghish (W65)	EMAC	3:25.23
8	86	Yvonne Twelvetree (W70)	NMAA	3:32.18

CBP

W70 800m

Pos	Bib	Name	Club	Perf
1	27	Angela Copson (W75)	MMAC	3:07.85
2	37	Sarah Roberts	SCVAC	3:08.93
3	87	Caroline Marler	NMAA	3:33.66

W35 1500m

Pos	Bib	Name	Club	Perf
1	53	Zoe Doyle (W40)	VAC	4:59.44
2	23	Caroline Warrington (W45)	MMAC	5:02.94
3	83	Rebecca Mills (W40)	NMAA	5:48.89
4	63	Sharyn Ramage (W55)	SVHC	5:56.20
5	73	Isobel Dawson (W40)	WMAL	5:59.88

W50 1500m

Pos	Bib	Name	Club	Perf
1	25	Mandy Vernon	MMAC	5:17.12
2	55	Rachel Berry	VAC	5:18.00
3	65	Julie Wilson	SVHC	5:32.81
4	15	Elke Hausler (W55)	EMAC	5:45.28
5	45	Caroline Cotterell	SWVAC	5:58.05
6	75	Jenny Phillips (W55)	WMAL	6:05.53
7	85	Carmel Ramwell	NMAA	6:36.53

W60 1500m

Pos	Bib	Name	Club	Perf
1	66	Anne Howie	SVHC	5:22.04
2	56	Lucy Woolhouse	VAC	5:40.64
3	46	Jill Harrison	SWVAC	5:52.21
4	36	Jane Fabes (W65)	SCVAC	6:01.38
5	26	Kathryn Morton	MMAC	6:16.18
6	16	Lorraine Daghish (W65)	EMAC	6:47.79
7	76	Julie Scholey	WMAL	6:56.28
8	86	Yvonne Twelvetree (W70)	NMAA	7:06.91

CBP

W35 3000m

Pos	Bib	Name	Club	Perf
1	23	Catherine Charlton (W40)	MMAC	11:09.42
2	13	Elisabeth Sennitt Clough (W45)	EMAC	12:11.66
3	73	Danielle Phillips	WMAL	12:32.96
4	83	Rebecca Mills (W40)	NMAA	12:39.18
5	53	Rhiannon Needham	VAC	12:41.70
6	63	Sharyn Ramage (W55)	SVHC	13:18.68

W50 3000m

Pos	Bib	Name	Club	Perf
1	55	Susan McDonald (W55)	VAC	10:58.21
2	65	Ana Richardson (W55)	SVHC	11:29.68
3	25	Melanie Hepke	MMAC	12:16.97
4	15	Gillian Leathers (W55)	EMAC	13:08.01
5	85	Jennie Ransome (W55)	NMAA	13:17.74
6	75	Shirin Poostchi	WMAL	14:39.94

W35 2000m Walk

Pos	Bib	Name	Club	Perf
1	23	Carolyn Derbyshire (W40)	MMAC	11:10.38
2	13	Margaret Skinner (W40)	EMAC	11:32.11
3	63	Nicola McDonald (W40)	SVHC	17:09.66
4	73	Samantha Gamble	WMAL	17:44.06

W50 2000m Walk

Pos	Bib	Name	Club	Perf
1	25	Patricia Garner (W60)	MMAC	12:41.61
2	55	Fiona Bishop (W60)	VAC	12:58.75
3	35	Noel Blatchford (W70)	SCVAC	13:39.94
4	65	Emma Dawson	SVHC	15:08.41
5	75	Louise Kirby (W55)	WMAL	16:23.90
6	85	Carmel Ramwell	NMAA	18:35.88

W35 80m Hurdles

Pos	Bib	Name	Club	Perf
1	83	Deborah Dasse	NMAA	13.89
2	73	Rhiannon Jenkins	WMAL	17.61

W50 80m Hurdles

Pos	Bib	Name	Club	Perf
1	25	Paula Williams	MMAC	14.05
2	45	Tamzin Gribble	SWVAC	17.11
3	75	Louise Kirby (W55)	WMAL	19.34
4	15	Judith Jagger (W60)	EMAC	19.70
5	85	Wendy Valentine (W55)	NMAA	21.92

W35 4x100m Relay

Pos	Bib	Name	Club	Perf
1	73	Samantha Gamble, Emma Pengelly, Eleri Jones (W40), Rhiannon Jenkins	WMAL	53.71
2	23	Amy Pinkney, Janelle Quinn (W45), Carolyn Derbyshire (W40), Karen Gomes	MMAC	57.06
3	63	Nina Cessford, Linzie Marsh (W45), Jennifer Beattie (W40), Ana Richardson (W55)	SVHC	57.66
4	13	Augusta Pop, Claire Smith (W45), Dawn Williams (W45), Emma Coombes (W40)	EMAC	57.67
5	83	Rebecca Mills (W40), Lysie Whyke (W40), Carol Holt (W40), Amanda Potter	NMAA	58.99

W50 4x100m Relay

Pos	Bib	Name	Club	Perf
1	25	Melanie Garland (W55), Fiona Palmer, Lesley Willis (W60), Paula Williams	MMAC	58.68
2	65	Fiona Steele (W55), Deborah Roe, Yvonne Crilly (W60), Alison Murray (W55)	SVHC	59.41
3	75	Juliet Sidney, Louise Kirby (W55), Lisa Franklin, Michelle Thomas	WMAL	59.86
4	45	Lisa Carpenter, Tamzin Gribble, Caroline Cotterell, Janice Ellacott (W60)	SWVAC	62.13
5	85	Wendy Valentine (W55), Anita Saunders, Debra Casson (W55), Carmel Ramwell	NMAA	63.76
6	55	Lucy Woolhouse (W60), Anna Garnier (W65), Rachel Berry, Helen Davies	VAC	65.59

W60 4x100m Relay

Pos	Bib	Name	Club	Perf
1	26	Jillian Roginski, Elaine Ledden, Susan Frisby, Sally Hine (W70)	MMAC	62.11
2	36	Moirra West (W70), Teresa Eades, Linda Ahmet (W70), Helen Godsell (W65)	SCVAC	63.60
3	16	Denise Timmis, Emily McMahon (W70), Diane Farmer, Lorraine Daghish (W65)	EMAC	64.09
4	76	Angela Bryant, Nicky Buckwell (W65), Clare St John-Coleman, Catherine Wheeler	WMAL	64.37
5	86	Susan Richardson, Caroline Marler (W70), Ilse Hemming (W65), Yvonne twelvetree (W70)	NMAA	75.20

W35 High Jump

Pos	Bib	Name	Club	Perf
1	83	Deborah Dasse	NMAA	1.50
1	13	Augusta Pop	EMAC	1.50
3	23	Clare Gratrix (W40)	MMAC	1.30
4	63	Linzie Marsh (W45)	SVHC	1.25
5	73	Rhiannon Jenkins	WMAL	1.20

W50 High Jump

Pos	Name	Club	Perf
1	25 Melanie Garland (W55)	MMAC	1.30
2	65 Alison Murray (W55)	SVHC	1.30
3	45 Tamzin Gribble	SWVAC	1.20
4	35 Jeanette Ashton (W60)	SCVAC	1.15
4	15 Gaye Clarke (W60)	EMAC	1.15
6	75 Jenny Phillips (W55)	WMAL	1.15
7	85 Wendy Valentine (W55)	NMAA	1.05

W60 High Jump

Pos	Name	Club	Perf
1	26 Susan Frisby	MMAC	1.35
2	16 Carole Filer (W65)	EMAC	1.30
3	36 Teresa Eades	SCVAC	1.20
4	86 Susan Richardson	NMAA	1.15
5	76 Nicky Buckwell (W65)	WMAL	1.10
6	56 Anna Garnier (W65)	VAC	1.05

W35 Pole Vault

Pos	Bib	Name	Club	Perf
1	53	Stacey Gonzalez Betancourt (W)	VAC	2.80
2	13	Gemma Skells	EMAC	2.20
3	23	Helen Watson (W45)	MMAC	2.00

W50 Pole Vault

Pos	Bib	Name	Club	Perf
1	25	Melanie Hepke	MMAC	2.30
2	45	Trudi Carter	SWVAC	2.20
3	65	Alison Murray (W55)	SVHC	2.10

W35 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	83	Lynsie Whyke (W40)	NMAA	4.45	- x; x; x; 4.45,-
2	73	Katherine Morgan (W40)	WMAL	4.22	- x; 4.22,-; 3.77,-; 3.83,-
3	63	Linzie Marsh (W45)	SVHC	4.16	- 4.16,-; 3.93,-; 4.08,-; 4.05,-
4	23	Amy Pinkney	MMAC	4.08	- 4.02,-; 4.04,-; 4.08,-; 3.78,-
5	13	Dawn Williams (W45)	EMAC	3.74	- 3.74,-; 3.18,-; 3.58,-; 3.47,-
6	53	Rhiannon Needham	VAC	3.34	- 3.21,-; 3.23,-; 3.34,-; x,-

W50 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	25	Melanie Garland (W55)	MMAC	4.40	- 4.40,-; x; 4.18,-
2	85	Anita Saunders	NMAA	4.35	- 4.09,-; 4.17,-; 4.35,-; x,-
3	75	Louise Kirby (W55)	WMAL	3.75	- 3.56,-; x; 3.34,-; 3.75,-
4	45	Tamzin Gribble	SWVAC	3.56	- 3.39,-; 3.56,-; 3.35,-; 3.44,-
5	15	Gaye Clarke (W60)	EMAC	3.54	- 3.38,-; 3.33,-; 3.54,-; 3.38,-
6	35	Jeanette Ashton (W60)	SCVAC	3.41	- 3.41,-; 3.41,-; 3.35,-; 3.33,-
7	65	Deborah Roe	SVHC	2.99	- 2.90,-; 2.99,-; 2.68,-; 2.90,-

W60 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	26	Susan Frisby	MMAC	3.94	- 3.65,-; 3.61,-; 3.94,-; 3.94,-
2	36	Teresa Eades	SCVAC	3.60	- 3.47,-; 3.60,-; 3.60,-; 3.41,-
3	16	Denise Timmis	EMAC	3.60	- 3.60,-; x; 3.58,-; x,-
4	76	Clare St John-Coleman	WMAL	3.57	- 3.53,-; x; 3.52,-; 3.57,-
5	86	Ilse Hemming (W65)	NMAA	3.44	- 3.41,-; 3.36,-; 3.27,-; 3.44,-

W70 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	17	Emily McMahon	EMAC	3.16	- 3.12,-; 3.16,-; 2.79,-; 3.00,-
2	27	Sally Hine	MMAC	3.07	- 2.91,-; 3.07,-; x; x,-
3	87	Caroline Marler	NMAA	2.95	- x; x; 2.95,-; 2.95,-
4	37	Linda Ahmet	SCVAC	2.89	- 2.71,-; 2.83,-; x; 2.89,-
5	77	Iris Holder (W80)	WMAL	2.46	- 2.46,-

W35 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	83	Lynsie Whyke (W40)	NMAA	9.54	- x; 9.54,-; 7.86,-; x,-
2	23	Helen Watson (W45)	MMAC	7.96	- 7.85,-; 7.96,-; x; 7.71,-
3	73	Katherine Morgan (W40)	WMAL	7.95	- 7.71,-; 7.76,-; x; 7.95,-
4	53	Rhiannon Needham	VAC	7.46	- 6.60,-; 6.83,-; 7.46,-; 7.37,-

W50 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	25	Melanie Garland (W55)	MMAC	9.09	- 8.92,-; 9.09,-; x; 9.00,-
2	45	Tamzin Gribble	SWVAC	8.17	- 8.17,-; 7.28,-; x; 7.83,-
3	15	Judith Jagger (W60)	EMAC	7.25	- 6.63,-; 6.67,-; 7.01,-; 7.25,-
4	75	Jenny Phillips (W55)	WMAL	6.94	- x; 6.94,-; x; x,-

W35 Shot

Pos	Bib	Name	Club	Perf	w/s
1	83	Jemma Bate (W40)	NMAA	10.16	10.11; 9.91; 10.16; 9.82
2	23	Lucy Marshall (W40)	MMAC	9.47	8.89; 9.47; 9.09; 9.42
3	73	Lisa Boswell	WMAL	8.51	7.81; 8.51; 7.86; 8.13
4	13	Andrea Jenkins (W45)	EMAC	8.06	8.06; 7.89; 7.95; 7.97
5	63	Nicola McDonald (W40)	SVHC	6.57	5.85; 6.57; 5.96; 6.38
6	53	Natalie Mann	VAC	6.09	6.09; 5.32; 6.07; 5.63

W50 Shot

Pos	Bib	Name	Club	Perf	w/s
1	25	Paula Williams	MMAC	13.25	CBP 11.80; 11.66; 12.48; 13.25
2	75	Michelle Thomas	WMAL	9.95	8.39; 9.50; 8.78; 9.95
3	35	Deborah Montgomery (W55)	SCVAC	9.54	9.46; 9.54; 8.91; 8.57
4	65	Lorna Brown	SVHC	9.30	8.68; 9.06; 9.05; 9.30
5	55	Sharon Hutchings	VAC	9.11	9.06; x; 9.11; 8.69
6	15	Judith Jagger (W60)	EMAC	7.88	7.69; x; 7.88; 7.53
7	85	Julie Wilson (W55)	NMAA	7.84	7.84; 7.77; 7.72; 7.80
8	45	Karen Jones (W60)	SWVAC	6.31	6.31; 6.01; 6.22; 6.16

W60 Shot

Pos	Bib	Name	Club	Perf	
1	26	Jillian Roginski	MMAC	9.19	CBP 9.19; 8.74; 8.48; 8.81
2	86	Susan Richardson	NMAA	7.95	7.95; 7.48; 6.48; 6.94
3	76	Nicky Buckwell (W65)	WMAL	6.65	6.41; 6.37; 6.65; 6.32
4	16	Carole Filer (W65)	EMAC	6.16	6.16
5	66	Anne Howie	SVHC	5.86	5.86; 5.67; 5.51; 5.68
6	56	Anna Garnier (W65)	VAC	5.69	5.53; 5.69
7	36	Teresa Eades	SCVAC	5.61	5.61; 5.27

W70 Shot

Pos	Bib	Name	Club	Perf	
1	87	Caroline Marler	NMAA	7.68	6.35; 6.94; 7.54; 7.68
2	17	Emily McMahon	EMAC	6.19	5.58; 6.19; 5.62; 5.73
3	37	Linda Ahmet	SCVAC	5.58	5.35; 5.58; x; 5.35
4	27	Gillian Astle	MMAC	5.13	5.13; 4.82; x; 4.63
5	77	Iris Holder (W80)	WMAL	4.83	4.62; 4.83; 4.81; 4.51

W35 Discus

Pos	Bib	Name	Club	Perf	
1	83	Jemma Bate (W40)	NMAA	37.05	35.54; 36.22; 36.29; 37.05
2	13	Andrea Jenkins (W45)	EMAC	31.00	31.00; 30.11; x; 29.76
3	23	Lucy Marshall (W40)	MMAC	28.47	26.70; 28.47; 26.09; 26.80
4	73	Lesley Brown (W45)	WMAL	26.11	26.11; 24.20; x; 25.11
5	63	Nicola McDonald (W40)	SVHC	20.58	20.04; 20.58; x; x
	53	Natalie Mann	VAC	nm	x; x; x; x

W50 Discus

Pos	Bib	Name	Club	Perf	
1	15	Emma Beales	EMAC	36.00	CBP 35.23; 34.54; 34.11; 36.00
2	25	Carol Parker	MMAC	31.38	x; x; 28.78; 31.38
3	65	Lorna Brown	SVHC	26.53	26.53; x; 23.78; 24.19
4	85	Julie Wilson (W55)	NMAA	24.60	23.50; x; 20.80; 24.60
5	35	Deborah Montgomery (W55)	SCVAC	22.77	22.77; 22.02; 22.31; 19.65
6	55	Sharon Hutchings	VAC	19.67	16.86; x; 17.26; 19.67
7	45	Karen Jones (W60)	SWVAC	16.95	13.31; 16.95; 15.38; x
8	75	Juliet Sidney	WMAL	15.31	14.05; 14.67; 13.68; 15.31

W35 Hammer

Pos	Bib	Name	Club	Perf	
1	23	Lucy Marshall (W40)	MMAC	55.23	x; 53.76; 55.23; 54.98
2	13	Andrea Jenkins (W45)	EMAC	43.83	40.37; 43.06; 42.86; 43.83
3	73	Lesley Brown (W45)	WMAL	41.48	37.43; 40.90; 41.48; 38.72
4	83	Jemma Bate (W40)	NMAA	40.50	40.50; 36.77; x; 36.22
5	53	Natalie Mann	VAC	28.83	28.83; x; 27.29; 27.38
6	63	Lyn Naismith (W50)	SVHC	15.59	15.18; 13.70; 14.24; 15.59

W50 Hammer

Pos	Bib	Name	Club	Perf	
1	25	Carol Parker	MMAC	37.74	35.70; 36.64; 37.74; 35.79
2	45	Karen Jones (W60)	SWVAC	34.52	28.86; 29.19; 33.32; 34.52
3	35	Deborah Montgomery (W55)	SCVAC	33.25	31.08; 30.19; 31.27; 33.25
4	85	Julie Wilson (W55)	NMAA	30.02	27.85; 27.90; x; 30.02
5	15	Sally Pusey	EMAC	26.74	24.02; 26.74; 26.27; x
6	65	Lorna Brown	SVHC	25.32	x; 22.86; 22.79; 25.32
7	55	Sharon Hutchings	VAC	17.71	17.71; x; x; x
8	75	Juliet Sidney	WMAL	11.30	x; 11.30

W35 Javelin

Pos	Bib	Name	Club	Perf	
1	83	Jemma Bate (W40)	NMAA	27.31	27.31; 26.27; 25.71; 26.76
2	33	Heather Sheffield (W40)	SCVAC	26.76	21.96; 26.27; 25.71; 26.76
3	13	Dawn Williams (W45)	EMAC	23.75	23.53; 22.27; 22.34; 23.75
4	43	Joy Wright (W45)	SWVAC	23.23	23.23; x; 19.64
5	73	Lisa Boswell	WMAL	22.76	19.37; x; 22.24; 22.76
6	53	Suzanne Harding (W45)	VAC	19.15	19.15; 18.86; x; 18.22
7	23	Tanya Coulson (W45)	MMAC	18.32	18.32; 16.69; 16.98; x
8	63	Lyn Naismith (W50)	SVHC	14.47	13.10; 12.28; 13.45; 14.47

W50 Javelin

Pos	Bib	Name	Club	Perf	
1	25	Paula Williams	MMAC	35.93	CBP 34.67; 34.75; x; 35.93
2	55	Caroline Garratt (W55)	VAC	31.90	30.44; 29.86; 30.18; 31.90
3	35	Deborah Montgomery (W55)	SCVAC	24.29	24.29; 23.52; x; 23.22
4	65	Lorna Brown	SVHC	24.02	22.87; 21.55; 24.02; 21.34
5	15	Judith Jagger (W60)	EMAC	21.30	19.67; 20.12; 21.30; x
6	75	Lisa Franklin	WMAL	20.76	20.76; 18.53; 18.28; 18.57
7	45	Trudi Carter	SWVAC	20.65	19.28; x; 20.65; 20.30
8	85	Julie Wilson (W55)	NMAA	17.00	15.08; 17.00; 16.55; 16.90