

Men's Rankings 24/08/2022

Event 60								
Michael Dickens	2022	V35	M	60	7.31	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Owen Chesher	2022	V35	M	60	7.74	Deeside	North Wales Indoor Championships	2022-02-20
Kieran Golding	2022	V40	M	60	9.28	Lee Valley	British Masters Indoor Championships	2022-03-06
Russell Whiting	2022	V50	M	60	7.72	Lee Valley	British Masters Indoor Championships	2022-03-06
Eric Oram	2022	V55	M	60	8.48	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Mark Ellery	2022	V60	M	60	8.58	Lee Valley	British Masters Indoor Championships	2022-03-06
Keith Powell	2022	V60	M	60	8.86	Lee Valley	British Masters Indoor Championships	2022-03-06
David Marginson	2022	V65	M	60	8.41	Lee Valley	British Masters Indoor Championships	2022-03-06
Donald Hale	2022	V65	M	60	11.15	Deeside	North Wales Indoor Championships	2022-02-20
Mark Wyndham-Jones	2022	V70	M	60	9.21	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Mel James	2022	V75	M	60	10.43	Braga, POR	European Masters Indoor Championships	2022-02-23
Phil Rees	2022	V80	M	60	13.68	Lee Valley	British Masters Indoor Championships	2022-03-06

60HM70								
Mark Wyndham-Jones	2022	V70	M	60HM70	12.36	Lee Valley	British Masters Indoor Championships	2022-03-06

100								
Michael Dickens	2022	V35	M	100	11.16	Tampere, FIN	WMA World Masters Championships	2022-06-30
James Morgan	2022	V50	M	100	13.41	Worthing	Worthing Track Night	2022-06-21
Mark Shepherd	2022	V50	M	100	14.8	Burton	Midland Veterans League	2022-04-27
Chris Millard	2022	V55	M	100	12.58	Yate	Avon Track & Field League	2022-07-10
Paul Williams	2022	V55	M	100	13.00	Burton	Midland Veterans League North	2022-06-08
Martin Weetman	2022	V55	M	100	13.95	Bangor(W)	North Wales Championships	2022-05-15
Robin Wood	2022	V55	M	100	14.62	Swansea	Swansea Harriers Open Meeting	2022-04-03
Brian MacBride	2022	V60	M	100	13.46	Swansea	Event Specific Sprints & Field Events	2022-06-18
Mark Ellery	2022	V60	M	100	13.70	Derby	BMAF Track & Field Championships	2022-06-11
Eric Oram	2022	V60	M	100	13.92	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Keith Powell	2022	V60	M	100	14.75	Yeovil	Bill Whitlecroft Spring Open	2022-04-16
Ian Broadhurst	2022	V65	M	100	13.30	Wrexham	Cheshire League	2022-05-01
Roderick Davies	2022	V65	M	100	15.00	Much Wenlock	136th Wenlock Olympian Games	2022-07-10
Mark Wyndham-Jones	2022	V70	M	100	15.40	Norwich	Norfolk County Championships	2022-05-14
Mel James	2022	V75	M	100	16.50	Derby	BMAF Track & Field Championships	2022-06-11
Barrie Roberts	2022	V75	M	100	25.32	Nuneaton	England Masters AA Inter Area Match	2022-07-31
John Evans	2022	V85	M	100	24.5	Loughborough	Midland Veterans League East	2022-04-27

200								
Michael Dickens	2022	V35	M	200	23.06	Tampere, FIN	WMA World Masters Championships	2022-07-02
Brian Dias	2022	V35	M	200	34.3	Swansea	Welsh Masters Athletics League	2022-07-20
Matthew Harding	2022	V40	M	200	25.36	Stratford	Trafford Medal Meeting	2022-03-19
Kieran Golding	2022	V40	M	200	31.00	Horspath	Southern Counties Veterans League - SW Division	2022-05-31
Russell Whiting	2022	V50	M	200	25.23	Lee Valley	British Masters Indoor Championships	2022-03-06
James Morgan	2022	V50	M	200	27.84	Worthing	Worthing Track Night	2022-06-21
Adrian Lewis	2022	V50	M	200	29.1	Swansea	Welsh Masters Athletics League	2022-07-20
Paul Williams	2022	V55	M	200	26.6	Burton	Midland Veterans League North	2022-05-18
Mark Ellery	2022	V60	M	200	27.75	Yate	Midland Counties Track & Field League Division 1	2022-05-22
Brian MacBride	2022	V60	M	200	28.2	Swansea	Welsh Masters Athletics League	2022-07-20
Eric Oram	2022	V60	M	200	28.63	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Keith Powell	2022	V60	M	200	30.25	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Roderick Davies	2022	V65	M	200	30.61	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Donald Hale	2022	V65	M	200	36.55	Sportcity	Manchester Indoor Open Meetings	2022-03-05
Mark Wyndham-Jones	2022	V70	M	200	33.63	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Richard Marks	2022	V60	M	200	34.65	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Mel James	2022	V75	M	200	34.15	Braga, POR	European Masters Indoor Championships	2022-02-24
Paul Allen	2022	V75	M	200	43.7	Worcester	Midland Veterans League South	2022-08-10
Phil Rees	2022	V80	M	200	53.34	Derby	BMAF Track & Field Championships	2022-06-11
John Evans	2022	V85	M	200	51.1	Nuneaton	Midland Veterans League East	2022-05-18

400								
Jonathan Williams	2022	V35	M	400	53.75	Derby	BMAF Track & Field Championships	2022-06-12
Owen Chesher	2022	V35	M	400	56.48	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Michael Dickens	2022	V35	M	400	56.6	Burton	Midland Veterans League	2022-04-27
Peter Watkeys	2022	V40	M	400	56.81	Watford	Watford Open Graded Meeting	2022-05-18
Kieran Golding	2022	V40	M	400	70.00	Abingdon	Southern Counties Veterans League - SW Division	2022-06-20
Mark Shepherd	2022	V50	M	400	61.3	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Neil Davies	2022	V50	M	400	68.29	Sheffield	Run Jump Throw Series, inc. Masters Grand Prix	2022-02-05
Brett Davis	2022	V55	M	400	60.24	Derby	BMAF Track & Field Championships	2022-06-11
Eric Oram	2022	V55	M	400	61.02	Lee Valley	British Masters Indoor Championships	2022-03-06
Malcolm Cowton	2022	V60	M	400	67.46	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Richard Marks	2022	V70	M	400	74.18	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Paul Allen	2022	V75	M	400	1:40.4	Stratford-upon-Avon	Midland Veterans League South - No Hammer or Discus	2022-07-20
Barrie Roberts	2022	V75	M	400	2:01.4	Nuneaton	England Masters AA Inter Area Match	2022-07-31

400H								
Graham Holder	2022	V45	M	400H	1:51.27	Finsbury Park	Southern Athletics League Division 2 E	2022-06-12

600								
Brett Davis	2021	V55	M	600	1:41.15	Cardiff	Cardiff Met GP 1 'Christmas Classic'	2021-12-19
Donald Hale	2022	V65	M	600	2:11.38	Spartcity	Manchester Indoor Open Meetings	2022-03-05
800								
Jonathan Williams	2022	V35	M	800	2:12.64	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Brian Dias	2022	V35	M	800	2:39.00	Lee Valley	British Masters Indoor Championships	2022-03-06
David John Williams	2022	V40	M	800	1:58.50	Cardiff	Welsh Senior & U15 Championships	2022-06-11
Peter Watkeys	2022	V40	M	800	2:02.17	Watford	Watford Open Graded Meeting	2022-07-13
Robert Prady	2022	V40	M	800	2:21.96	Swansea	Swansea Harriers Open Meeting	2022-04-03
Gareth Robbins	2022	V40	M	800	2:40.2	Swansea	Welsh Masters Athletics League	2022-07-20
Kieran Golding	2022	V40	M	800	2:40.5	Cheltenham	Cheltenham Midsummer Open	2022-07-20
Graham Holder	2022	V45	M	800	3:45.14	Finsbury Park	Southern Athletics League Division 2 E	2022-06-12
Adrian Lewis	2022	V50	M	800	2:14.58	Aberdare	South & East Wales Regional Championships	2022-05-14
Mark Shepherd	2022	V50	M	800	2:19.9	Burton	Midland Veterans League North	2022-05-18
Paul Flynn	2022	V50	M	800	2:49.6	Swansea	Welsh Masters Athletics League	2022-07-20
Jon Grainger	2022	V55	M	800	2:17.32	Winchester	Winchester ADAC Spring Evening Open	2022-05-18
Brett Davis	2022	V55	M	800	2:22.29	Sheffield	Run Jump Throw Series, inc. Masters Grand Prix	2022-02-05
Geoff Brimble	2022	V55	M	800	2:23.2	Swansea	Welsh Masters Athletics League	2022-07-20
Daniel Thorogood	2022	V55	M	800	2:40.05	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
David Proffitt	2022	V65	M	800	3:27.03	Derby	BMAF Track & Field Championships	2022-06-11
Stephen Davies	2022	V60	M	800	4:06.81	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Richard Marks	2022	V70	M	800	2:48.61	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Paul Allen	2022	V75	M	800	3:40.6	Worcester	Midland Veterans League South	2022-08-10
1500								
Luke Northall	2022	V35	M	1500	04:33.6	Wrexham	Northern League - West 2S	2022-06-12
Brian Dias	2022	V35	M	1500	5:24.42	Aberdare	South & East Wales Regional Championships	2022-05-14
David John Williams	2022	V40	M	1500	4:06.13	Millfield	BMC PB Classic	2022-06-04
Kieran Golding	2022	V40	M	1500	5:36.84	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Adrian Lewis	2022	V50	M	1500	4:35.08	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Mark Shepherd	2022	V50	M	1500	4:43.86	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Jon Grainger	2022	V55	M	1500	4:42.17	Tampere, FIN	WMA World Masters Championships	2022-07-05
David Williams	2022	V55	M	1500	4:47.37	Wimbledon	Hercules Wimbledon 1500m Night of Races	2022-06-01
Chris Millard	2022	V55	M	1500	6:45.43	Yate	Avon Track & Field League	2022-07-10
Ian Lloyd	2022	V60	M	1500	5:07.18	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Rob Sheen	2022	V60	M	1500	5:19.54	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Paul Yeoman	2022	V60	M	1500	6:25.6	Tipton	Midland Counties Track & Field League Division 4SW	2022-07-17
Keith Powell	2022	V60	M	1500	7:57.23	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
David Proffitt	2022	V65	M	1500	6:45.99	Tampere, FIN	WMA World Masters Championships	2022-07-05
Richard Marks	2022	V70	M	1500	5:44.58	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Paul Ross-Davies	2022	V70	M	1500	6:48.55	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
3000								
Luke Northall	2022	V35	M	3000	9:16.97	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Sion Lewis	2022	V35	M	3000	9:31.63	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Robert Prady	2022	V40	M	3000	10:41.30	Neath	West Wales Championships	2022-05-15
Kieran Golding	2022	V40	M	3000	11:53.96	Swindon	Wiltshire County Championships	2022-05-13
Huw Evans	2022	V45	M	3000	9:38.8	Swansea	Welsh Masters Athletics League	2022-07-20
Richard Jones	2022	V45	M	3000	9:42.6	Swansea	Welsh Masters Athletics League	2022-07-20
Adrian Lewis	2021	V45	M	3000	9:59.62	Cardiff	Cardiff Met GP 1 'Christmas Classic'	2021-12-19
Lee Jones	2022	V50	M	3000	9:22.05	Stretford	Trafford Grand Prix	2022-05-31
Mark Shepherd	2022	V50	M	3000	9:53.31	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Adrian Lewis	2022	V50	M	3000	9:59.63	Sheffield	BMAF Indoor Pentathlon & 3000m Championships (plus Winter Open Events)	2022-01-23
Paul Flynn	2022	V50	M	3000	10:38.27	Braga, POR	European Masters Indoor Championships	2022-02-24
Lee Aherne	2022	V55	M	3000	9:43.4	Swansea	Welsh Masters Athletics League	2022-07-20
Jeremy Mower	2021	V55	M	3000	10:26.47	Swindon	Swindon Winter Evening 3000m	2021-12-17
David Williams	2022	V55	M	3000	10:14.60	Wimbledon	Hercules Wimbledon 800m & 3000m Night	2022-07-13
Mike Robbins	2022	V55	M	3000	11:38.0	Wrexham	Cheshire League	2022-05-01
Rob Sheen	2022	V60	M	3000	11:19.96	Loughborough	Charmwood AC Open	2022-04-06
Peter Osborne	2022	V60	M	3000	12:00.9	Swansea	Welsh Masters Athletics League	2022-07-20
Mark Roberts	2022	V60	M	3000	12:58.0	Swansea	Welsh Masters Athletics League	2022-07-20
Stephen Davies	2022	V60	M	3000	16:24.6	Newark	Notts. County Development League	2022-04-24
Richard Marks	2022	V70	M	3000	12:15.3	Swansea	Welsh Masters Athletics League	2022-07-20
Barrie Roberts	2022	V75	M	3000	16:25.04	Sheffield	BMAF Indoor Pentathlon & 3000m Championships (plus Winter Open Events)	2022-01-23
5000								
Luke Northall	2022	V35	M	5000	17:03.9	Wrexham	Northern League - West 2S	2022-06-12
Kristan Humphreys	2022	V45	M	5000	17:38.7	Cheltenham	Cheltenham Midsummer Open	2022-07-20
Lee Garland	2022	V45	M	5000	18:00.16	St. Peter Port	Imperium Night of 5,000s	2022-06-17
Mark Shepherd	2022	V50	M	5000	16:58.59	Coventry	Midland Counties Track & Field League Division 2	2022-05-22
David Williams	2022	V55	M	5000	17:35.61	Wimbledon	Hercules Wimbledon Night of Graded 5000m Races	2022-08-06
Geoff Brimble	2022	V55	M	5000	18:45.3	Aberdare	Midland Counties Track & Field League Division 4SW	2022-08-13
Stephen Davies	2022	V60	M	5000	26:38.44	Derby	Derbyshire & Nottinghamshire County Championships	2022-05-14
David Proffitt	2022	V65	M	5000	24:52.06	Tampere, FIN	WMA World Masters Championships	2022-07-02
10000								
Simon A Lewis	2022	V45	M	10000	34:18.44	Parliament Hill	Harriers Night of the 10000m PB's (Including British Championships & World Champions)	2022-05-14
Lee Aherne	2022	V55	M	10000	35:48.12	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
3000SC								
Luke Northall	2022	V35	M	3000SC	11:10.3	Salford	Northern League - West 2S	2022-07-10

LJ								
Brian Dias	2022	V35	M	LJ	3.72	Lee Valley	British Masters Indoor Championships	2022-03-06
Chris Shepherd	2022	V40	M	LJ	5.07	Cardiff	National Athletics League - Premiership	2022-05-07
Kieran Golding	2022	V40	M	LJ	4.05	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Mark Shepherd	2022	V50	M	LJ	3.93	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Robin Wood	2022	V55	M	LJ	4.49	Swansea	Swansea Harriers Open Meeting	2022-04-03
Paul Williams	2022	V55	M	LJ	4.47	Burton	Midland Veterans League North	2022-06-08
Keith Powell	2021	V60	M	LJ	4.25	Cardiff	Cardiff Met GP 1 'Christmas Classic'	2021-12-19
Dave Shields	2022	V60	M	LJ	3.89	Carmarthen	WA Event Specific Endurance & Field Events 2	2022-06-22
Paul Yeoman	2022	V60	M	LJ	3.54	Tipton	Midland Counties Track & Field League Division 4SW	2022-07-17
Dave Stokes	2022	V60	M	LJ	3.40	Wrexham	Northern League - West 25 - No hammer or discus	2022-06-12
Roderick Davies	2022	V65	M	LJ	3.92	Carmarthen	WA Event Specific Endurance & Field Events 2	2022-06-22
Mark Wyndham-Jones	2022	V70	M	LJ	3.57	Lee Valley	British Masters Indoor Championships	2022-03-06
Phil Rees	2022	V80	M	LJ	2.31	Lee Valley	British Masters Indoor Championships	2022-03-06
TJ								
Kieran Golding	2022	V40	M	TJ	8.27	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Paul Williams	2022	V55	M	TJ	9.46	Burton	Midland Veterans League North	2022-06-08
Dave Shields	2022	V60	M	TJ	8.59	Derby	BMAF Track & Field Championships	2022-06-11
Phil Rees	2022	V80	M	TJ	5.37	Derby	BMAF Track & Field Championships	2022-06-11
HJ								
Owen Chesher	2022	V35	M	HJ	1.75	Cardiff	Welsh Senior & U15 Championships	2022-01-30
Graham Holder	2022	V45	M	HJ	1.00	Finsbury Park	Southern Athletics League Division 2 E	2022-06-12
Glyn Price	2022	V55	M	HJ	1.40	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Chris Millard	2022	V55	M	HJ	1.35	Yate	Avon Track & Field League	2022-07-10
Paul Williams	2022	V55	M	HJ	1.22	Burton	Midland Veterans League North	2022-06-08
Paul Yeoman	2022	V60	M	HJ	1.20	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Mark Wyndham-Jones	2022	V70	M	HJ	1.25	Lee Valley	British Masters Indoor Championships	2022-03-06
Phil Rees	2022	V80	M	HJ	0.95	Derby	BMAF Track & Field Championships	2022-06-11
PV								
Glyn Price	2022	V55	M	PV	3.80	Tampere, FIN	WMA World Masters Championships	2022-07-05
Dave Stokes	2022	V55	M	PV	2.10	Wrexham	Northern League - West 25 - No hammer or discus	2022-06-12
Paul Yeoman	2022	V60	M	PV	2.30	Tipton	Midland Counties Track & Field League Division 4SW	2022-07-17
Keith Powell	2022	V60	M	PV	2.21	Aberdare	Welsh Inter Regional Track & Field Championships	2022-07-10
Martin Davies	2022	V65	M	PV	2.52	Hereford	Midland Counties Track & Field League Division 4SW	2022-05-22

SP								
Kieran Golding	2022	V40	M	SP7.26K	6.71	Cheltenham	Cheltenham Midsummer Open	2022-07-20
Ian Williams	2022	V45	M	SP7.26K	9.04	Tipton	Midland Counties Track & Field League Division 45W	2022-07-17
Peter Roberts	2022	V50	M	SP6K	11.04	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Martin Tucker	2022	V50	M	SP6K	10.09	Deside	North Wales Indoor Championships	2022-02-20
Steve Ingram	2022	V50	M	SP6K	9.77	Swansea	Swansea Harriers Open Meeting	2022-04-03
David Glendower	2022	V50	M	SP6K	7.76	Lee Valley	London Indoor Games U20/Senior Day 1 & Day 2	2022-01-22
Neil Davies	2022	V50	M	SP7.26K	8.50	Wrexham	Northern League - West 25 - No hammer or discus	2022-06-12
Robert Eales	2022	V55	M	SP6K	10.75	Yate	Yate AC Throws & Jumps Club Open	2022-04-02
Dave Stokes	2022	V55	M	SP5K	9.24	Ellesmere Port	Dan Gilroy Memorial Track & Field Open Meetings	2022-03-26
Paul Williams	2022	V55	M	SP5K	8.90	Burton	Midland Veterans League	2022-04-27
Andrew Turner	2022	V55	M	SP6K	8.57	Bournemouth	Dorset County Championships	2022-05-15
Robin Wood	2022	V55	M	SP6K	8.49	Swansea	Swansea Harriers Open Meeting	2022-04-03
Paul Williams	2022	V55	M	SP7.26K	7.32	Burton	Midland Veterans League North	2022-05-18
Glyn Price	2022	V55	M	SP7.26K	7.09	Eton	National Athletics League - Premiership	2022-06-04
Matthew Cowton	2022	V60	M	SP5K	8.95	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Glyndwr Pugh	2022	V60	M	SP5K	8.97	Swansea	Swansea Harriers Open Meeting	2022-04-03
Paul Yeoman	2022	V60	M	SP5K	7.93	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Dave Stokes	2022	V60	M	SP7.26K	8.97	Warrington	Warrington AC Open Meeting	2022-04-09
Chris Pruski	2022	V65	M	SP5K	8.02	Nuneaton	Midland Masters AC Championships	2022-06-04
Mark Wyndham-Jones	2022	V70	M	SP4K	10.90	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Paul Brooks	2022	V70	M	SP4K	7.89	Deside	North Wales Indoor Championships	2022-02-20
David Jones	2022	V70	M	SP4K	6.36	Nuneaton	England Masters AA Inter Area Match	2022-07-31
Phil Rees	2022	V80	M	SP3K	6.72	Derby	BMAF Track & Field Championships	2022-06-11
John Evans	2022	V85	M	SP4K	4.06	Nuneaton	Midland Veterans League East	2022-05-18

HT								
Brian Dias	2022	V35	M	HT7.26K	5.55	Swansea	Welsh Masters Athletics League	2022-07-20
Kieran Golding	2022	V40	M	HT7.26K	13.18	Abingdon	Southern Counties Veterans League - SW Division	2022-06-20
Graham Holder	2022	V45	M	HT6K	46.92	Tonbridge	Southern Counties Veteran's League Kent Division Division 1	2022-07-15
Ian Williams	2022	V45	M	HT7.26K	14.64	Aberdare	Welsh Inter Regional Track & Field Championships	2022-07-10
Peter Roberts	2022	V50	M	HT6K	31.42	Swansea	Welsh Masters Athletics League	2022-07-20
Peter Roberts	2022	V50	M	HT7.26K	26.83	Cardiff	National Athletics League - Premiership	2022-05-07
Neil Davies	2022	V50	M	HT7.26K	23.20	Salford	Northern League - West 25	2022-07-10
David Glendower	2022	V50	M	HT7.26K	22.03	Neath	West Wales Championships	2022-05-15
Glyn Price	2022	V55	M	HT7.26K	14.77	Cardiff	National Athletics League - Premiership	2022-05-07
Dave Stokes	2022	V55	M	HT5K	33.96	Derby	BMAF Track & Field Championships	2022-06-11
Glyndwr Pugh	2022	V60	M	HT5K	32.04	Swansea	Welsh Masters Athletics League	2022-07-20
Dave Stokes	2022	V60	M	SP7.26K	8.97	Warrington	Warrington AC Open Meeting	2022-04-09
David Jones	2022	V70	M	HT4K	18.15	Swansea	Welsh Masters Athletics League	2022-07-20
David Jones	2022	V70	M	HT7.26K	11.11	Aberdare	Welsh Inter-Regional Track & Field Championships	2022-07-10
Phil Rees	2022	V80	M	HT3K	18.80	Swansea	Welsh Masters Athletics League	2022-07-20

DT								
Brian Dias	2022	V35	M	DT2K	12.43	Swansea	Swansea Harriers Open Meeting	2022-04-03
Kieran Golding	2022	V40	M	DT2K	21.78	Abingdon	Southern Counties Veterans League SW Division	2022-05-31
Ian Williams	2022	V45	M	DT2K	29.57	Tipton	Midland Counties Track & Field League Division 45W	2022-07-17
Peter Roberts	2022	V50	M	DT1.5K	40.25	Braga, POR	European Masters Indoor Championships	2022-02-24
Steve Ingram	2022	V50	M	DT1.5K	34.63	Swansea	Swansea Harriers Open Meeting	2022-04-03
Neil Davies	2022	V50	M	DT2K	25.99	Salford	Northern League - West 25	2022-07-10
David Glendower	2022	V50	M	DT1.5K	20.01	Braga, POR	European Masters Indoor Championships	2022-02-24
David Glendower	2022	V50	M	DT2K	17.33	Neath	West Wales Championships	2022-05-15
Robert Eales	2022	V55	M	DT1.5K	30.05	Yate	Yate AC Throws & Jumps Club Open	2022-04-02
Andrew Turner	2022	V55	M	DT1.5K	28.16	Winchester	Southern Counties Veterans League - Hampshire	2022-06-06
Paul Williams	2022	V55	M	DT1K	25.20	Burton	Midland Veterans League North	2022-06-08
Gwynn Wallace	2022	V55	M	DT2K	26.07	Abingdon	Southern Counties Veterans League SW Division	2022-05-31
Robert Jones	2022	V60	M	DT 1K	34.12	Swansea	Swansea Harriers Open Meeting	2022-04-03
Dave Stokes	2022	V60	M	DT1K	33.07	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Glyndwr Pugh	2022	V60	M	DT1K	27.64	Swansea	Welsh Masters Athletics League	2022-07-20
Keith Powell	2022	V60	M	DT1K	25.99	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Mark Wyndham-Jones	2022	V70	M	DT1K	36.35	Norwich	Norfolk County Championships	2022-05-14
Paul Brooks	2022	V70	M	DT1K	24.98	Ellesmere Port	Dan Gilroy Memorial Track & Field Open Meetings	2022-03-26
David Jones	2022	V70	M	DT1K	13.60	Swansea	Welsh Masters Athletics League	2022-07-20
Phil Rees	2022	V80	M	DT1K	19.22	Lee Valley	British Master's Winter Throws Championships	2022-03-05

JT								
Kieran Golding	2022	V40	M	JT800	29.01	Winchester	Southern Athletics League Division 3 West	2022-08-13
Ian Williams	2022	V45	M	JT800	28.57	Aberdare	Midland Counties Track & Field League Division 45W	2022-08-13
Peter Roberts	2022	V50	M	JT800	31.83	Cardiff	National Athletics League - Premiership	2022-05-07
Martin Tucker	2022	V55	M	JT700	42.17	Ellesmere Port	Dan Gilroy Memorial Track & Field Open Meetings	2022-03-26
Gwynn Wallace	2022	V55	M	JT700	30.50	Abingdon	Southern Counties Veterans League SW Division	2022-05-31
Chris Millard	2022	V55	M	JT800	26.55	Yate	Avon Track & Field League	2022-07-10
Paul Williams	2022	V55	M	JT600	23.48	Burton	Midland Veterans League North	2022-05-18
Wynn Howe	2022	V60	M	JT600	35.79	Tonbridge	Tonbridge AC Evening Open Meeting	2022-08-02
Dave Stokes	2022	V60	M	JT600	22.38	Ellesmere Port	Dan Gilroy Memorial Track & Field Open Meetings	2022-03-26
Keith Powell	2022	V60	M	JT600	22.11	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Dave Stokes	2022	V60	M	JT800	21.73	Warrington	Warrington AC Open Meeting	2022-04-09
Chris Pruski	2022	V65	M	JT600	31.92	Derby	BMAF Track & Field Champs WELSH MASTERS RECORD	2022-06-11
Mark Wyndham-Jones	2022	V70	M	JT500	28.22	Norwich	WMAL RECORD - Norfolk County Championships	2022-05-15
Paul Allen	2022	V75	M	JT700	13.86	Stratford-upon-Avon	Midland Veterans League South - No Hammer or Discus	2022-07-20
John Evans	2022	V85	M	JT500	9.45	Loughborough	Midland Veterans League East	2022-04-27

WT								
David Glendower	2022	V50	M	WT11.34K	9.02	Lee Valley	British Master's Winter Throws Championships	2022-03-05
Dave Stokes	2022	V60	M	WT9.08K	12.75	Lee Valley	British Master's Winter Throws Championships	2022-03-05

Pent								
Kieran Golding	2022	V40	M	PenM40	1533.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Dave Stokes	2022	V55	M	PenWtM60	2572.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Keith Powell	2022	V60	M	PenM60	2059.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08