

WMAL Women's Track and Field Rankings 28/05/2021								
First	Last	Year	AG	Event	Performance	Venue	Meeting	Date
Henrietta	Anstey	2021	V45	80HW40	17.21	Swindon	Swindon Harriers	2021-05-09
Nicola	Buckwell	2021	V65	200	35.16	Tonbridge	Tonbridge AC Meeting	2021-05-03
Nicola	Buckwell	2021	V65	JT500	15.82	Tonbridge	Tonbridge AC Meeting	2021-05-03
Iris	Holder	2021	V75	LJ	2.86	Gloucester	Gloucestershire County Championships	2021-05-16
Iris	Holder	2021	V75	100	19.5	Gloucester	Gloucestershire County Championships	2021-05-23
Georgie	Parnell	2021	V35	400	65.51	Nuneaton	Nuneaton Open Events - Season Opener	2021-04-11
Georgie	Parnell	2021	V35	800	2:26.26	Southampton	Southampton AC May Open	2021-05-16
Clare	St.John-Coleman	2021	V60	LJ	3.96	Hornchurch	Havering AC Warm Up Meeting	2021-05-02
Clare St. John-Coleman	St.John-Coleman	2021	V61	100	15.46	Chelmsford	Chelmsford Sport & Athletics Centre	2021-05-26
Michelle	Thomas	2021	V45	200	27.73	Nuneaton	Birchfield Harriers National Athletics League	2021-05-16
Michelle	Thomas	2021	V45	100	13.28	Nuneaton	Birchfield Harriers National Athletics League	2021-05-16
Michelle	Thomas	2021	V45	400	63.7	Telford	Midlands Veterans T&F League	2021-05-26
Michelle	Thomas	2021	V45	HJ	1.20	Telford	Midlands Veterans T&F League	2021-05-26
Michelle	Thomas	2021	V45	SP4K	7.93	Telford	Midlands Veterans T&F League	2021-05-26
Jan	Timberlake	2021	V50	LJ	3.84	Gloucester	Gloucestershire County Championships	2021-05-16
Jan	Timberlake	2021	V50	DT1K	18.49	Gloucester	Gloucestershire County Championships	2021-05-23
Julie	Wakelam	2021	V60	HT3K	26.85	Gloucester	Gloucestershire County Championships	2021-05-16
Angela	Bryant	2021	V60	100	15.4	Gloucester	Gloucestershire County Championships	2021-05-23
Angela	Bryant	2021	V60	200	34.8	Gloucester	Gloucestershire County Championships	2021-05-23
Helen-Marie	Davies	2021	V40	5000	19:26.52	Carmarthen	Welsh Endurance Meeting 1	2021-05-26
Llinos	Jones	2021	V40	5000	19:56.31	Carmarthen	Welsh Endurance Meeting 1	2021-05-26