

## Power of 10 Athlete Data

AthleteID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
25295	Brenda Avery	2018	V65	W	6MMT	62:32	Cardiff	Cottrell Park Christmas Cracker 6	2018-12-16
399109	Angela Bryant	2018	V55	W	60	9.48	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
399109	Angela Bryant	2018	V55	W	300	53.55	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
566499	Ben Butler-Madden	2018	V35	M	6MMT	38:52	Cardiff	Cottrell Park Christmas Cracker 6	2018-12-16
81143	Emma Collins	2018	V55	W	9MMT	79:43	Richards Castle	Mortimer Forest 9	2018-12-16
719036	Austin Davies	2018	V55	M	3000	12:13.09	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
14897	Brett Davis	2018	V50	M	600	1:42.82	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
2079	Huw Evans	2018	V45	M	3000	9:33.1	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
745669	Paul Flynn	2018	V50	M	3000	10:44.07	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
108974	Melanie Garland	2018	V55	W	60	9.04	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
108974	Melanie Garland	2018	V55	W	HJ	1.35	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
108974	Melanie Garland	2018	V55	W	LJ	4.50	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
599005	Adrian Lewis	2018	V45	M	3000	10:07.95	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
378562	James Morgan	2018	V45	M	60	8.28	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
23532	Mike Murphy	2018	V60	M	3000	12:03.51	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
25853	Glyn Price	2018	V50	M	PV	4.00	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
75991	Lee Richards	2018	SEN	M	300	39.87	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
72835	Barrie Roberts	2018	V70	M	5M	44:24	Wolverhampton	Wolverhampton Turkey Trot 5	2018-12-16
22339	Huw	2018	V60	M	3000	12:07.67	Cardiff	Cardiff Met GP1:	2018-

AthleteID	Name	Year	Age Group	Gender	Event	Performance	Venue	Meeting	Date
	Roberts							Christmas Classic	12-16
340051	Ian Swanson	2018	V65	M	3000	18:13.76	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16
782788	Ian Williams	2018	V40	M	SP7.26K	9.09	Cardiff	Cardiff Met GP1: Christmas Classic	2018-12-16