

## Welsh Masters League 2019-4 - 2019-06-12 Results

### Table of Contents

Event	Page
Hammer	2
Pole Vault	3
400	4
1500	5
200	6
Shot	7
Discus	8
Long Jump	9
3000	11
4x100 Relay	12

## RESULTS

### 1 - Hammer (HT)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 18:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result
1	46	Glyn Pugh	RHONA	M55	x	30.06	x	28.28			<b>30.06</b>
2	42	Derek Osborne	BRECA	M55	25.65	29.17	28.72	27.54			<b>29.17</b>
3	33	Karen Llewelin	PEMB	W55	19.14	26.10	27.36	27.43			<b>27.43</b>
4	18	Robert Eales	NEWPH	M50	x	23.60	x	27.03			<b>27.03</b>
5	52	Sasha Spottiswoode	BRIW	W45	25.25	25.83	23.42	26.69			<b>26.69</b>
6	17	Julie Driscoll	BRECA	W50	x	25.05	x	x			<b>25.05</b>
7	44	Glyn Price	SWAN	M50	16.47	x	x	x			<b>16.47</b>
8	40	Charlie Northey	BRECA	M50	14.74	14.80	14.96	14.69			<b>14.96</b>
9	13	Clare Davies	BRECA	W50	x	x	14.34	x			<b>14.34</b>
10	3	Eirian Arwyn	CROUP	W65	13.74	13.61	x	x			<b>13.74</b>
11	36	Daphne Marler	SWAN	W70	10.96	10.72	10.41	x			<b>10.96</b>
	1	Cath Alford	RHONA	W45	x	x	x	x			<b>NM</b>

## RESULTS

### 2 - Pole Vault (PV)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 18:45

Pos	Bib	Name	Club	Age	2.05	2.20	2.35	2.50	2.65	2.80	3.00	3.40	Result
1	44	Glyn Price	SWAN	M50	o	-	-	-	-	-	-	o	3.40
2	37	Neal Mason	SWVAC	M70	-	-	-	-	-	x o	x x x		2.80
3	42	Derek Osborne	BRECA	M55	o	o	o	x x o	x x o	x x r			2.65
4	43	Keith Powell	NEWPH	M55	-	x o	x x x						2.20

## RESULTS

### 3 - 400 (400)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 19:00

#### Heat 1

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	2	Henrietta Anstey	BRIW	W45	1		1:11.2
2	21	Vicky Fear	LLIS	W35	1		1:15.5
3	8	Michelle Cole	3M	W40	1		1:16.6
4	13	Clare Davies	BRECA	W50	1		1:32.0
5	15	Susan Davis	WMAA	W55	1		1:42.5
6	3	Eirian Arwyn	CROUP	W65	1		1:53.0

#### Heat 2

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	4	Gavin Belcher	NEWPH	M45	1		1:03.0
2	38	Kieran McDonnell	CROUP	M60	1		1:03.1
3	32	Adrian Lewis	ABERV	M45	2		1:03.2
4	35	David Marginson	SWAN	M60	2		1:03.4
5	10	Callum Collins	BRIW	M60	3		1:05.2
6	58	Dean Webster	3M	M40	1		1:09.6

#### Heat 3

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	16	Brett Davis	NEWPH	M55	1		1:01.7
2	19	Mark Ellery	BRIW	M55	2		1:04.7
3	59	Stephen Williams	PBBR	M55	3		1:15.1
4	40	Charlie Northey	BRECA	M50	1		1:16.4
5	25	Jeffrey Hanson	RHONA	M55	4		1:33.5

#### Heat 4

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	62	Robin Wood	SWAN	M50	1		1:08.2
2	60	Mark Williams	PBBR	M60	1		1:17.2
3	41	Christopher Norton	RHONA	M60	2		1:23.0
4	14	Michael H Davies	CROUP	M65	1		1:23.7
5	29	Mel James	CROUP	M75	1		1:25.1
6	57	Richard Webster	3M	M60	3		1:32.7

## RESULTS

### 4 - 1500 (1500)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 19:20

#### Heat 1

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	60	Mark Williams	PBBR	M60	1		5:42.7
2	38	Kieran McDonnell	CROUP	M60	2		6:06.8
3	14	Michael H Davies	CROUP	M65	1		6:12.3
4	51	Julie Scholey	CROUP	W60	1		6:31.6
5	25	Jeffrey Hanson	RHONA	M55	1		6:56.2
6	41	Christopher Norton	RHONA	M60	3		7:13.3
7	3	Eirian Arwyn	CROUP	W65	1		8:10.8

#### Heat 2

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	32	Adrian Lewis	ABERV	M45	1		4:58.0
2	39	Peter Mountain	BRIW	M60	1		5:11.3
3	59	Stephen Williams	PBBR	M55	1		5:29.5
4	23	Tim Fry	CARD	M40	1		5:30.5
5	26	Haydn Hartnell	PBBR	M55	2		5:32.0
6	58	Dean Webster	3M	M40	2		5:33.8
7	49	Mark Roberts	BRECA	M55	3		5:42.0
8	16	Brett Davis	NEWPH	M55	4		6:06.4

## RESULTS

### 5 - 200 (200)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 19:40

#### Heat 1

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	24	Melanie Garland	WORC	W55	1		30.9
2	7	Angela Bryant	FoD	W55	2		34.3
3	13	Clare Davies	BRECA	W50	1		37.9
4	27	Iris Holder	WORC	W75	1		43.1
5	3	Eirian Arwyn	CROUP	W65	1		43.5
6	15	Susan Davis	WMAA	W55	3		43.8
7	17	Julie Driscoll	BRECA	W50	2		49.9
8	22	Dorothy Fraser	LINCW	W80	1		54.1

#### Heat 2

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	34	Chris Lloyd	RUN4A	SM	1		24.4
2	32	Adrian Lewis	ABERV	M45	1		31.5
3	21	Vicky Fear	LLIS	W35	1		31.8
4	2	Henrietta Anstey	BRIW	W45	1		32.0

#### Heat 3

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	19	Mark Ellery	BRIW	M55	1		28.0
2	62	Robin Wood	SWAN	M50	1		28.5
3	42	Derek Osborne	BRECA	M55	2		29.5
4	44	Glyn Price	SWAN	M50	2		30.3
5	49	Mark Roberts	BRECA	M55	3		32.8
6	40	Charlie Northey	BRECA	M50	3		36.6
7	25	Jeffrey Hanson	RHONA	M55	4		43.8

#### Heat 4

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	38	Kieran McDonnell	CROUP	M60	1		29.1
2	10	Callum Collins	BRIW	M60	2		29.5
3	41	Christopher Norton	RHONA	M60	3		35.8
4	14	Michael H Davies	CROUP	M65	1		36.4
5	57	Richard Webster	3M	M60	4		41.4
6	54	Ian Swanson	PTH	M65	2		45.2

## RESULTS

### 6 - Shot (SP)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 19:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result
1	13	Clare Davies	BRECA	W50	7.73	7.47	7.32	7.98			<b>7.98</b>
2	33	Karen Llewelin	PEMB	W55	7.65	7.63	7.47	7.73			<b>7.73</b>
3	17	Julie Driscoll	BRECA	W50	7.52	7.60	7.55	7.71			<b>7.71</b>
4	1	Cath Alford	RHONA	W45	7.64	7.38	7.31	x			<b>7.64</b>
5	24	Melanie Garland	WORC	W55	7.63	7.57	7.41	7.50			<b>7.63</b>
6	14	Michael H Davies	CROUP	M65	5.62	6.38	x	5.39			<b>6.38</b>
7	60	Mark Williams	PBBR	M60	x	6.35					<b>6.35</b>
8	3	Eirian Arwyn	CROUP	W65	5.57						<b>5.57</b>
9	22	Dorothy Fraser	LINCW	W80	4.26	4.35	4.50	4.28			<b>4.50</b>

## RESULTS

### 7 - Discus (DT)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 19:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result
1	28	Steven Ingram	SWAN	M45	x	29.98	x				<b>29.98</b>
2	18	Robert Eales	NEWPH	M50	28.40	29.78	28.10	27.69			<b>29.78</b>
3	42	Derek Osborne	BRECA	M55	25.02	27.66	26.54	27.53			<b>27.66</b>
4	61	Ian Williams	NEWPH	M40	x	x	27.22	x			<b>27.22</b>
5	46	Glyn Pugh	RHONA	M55	24.88	23.67	x	26.50			<b>26.50</b>
6	44	Glyn Price	SWAN	M50	21.16	x	24.77	x			<b>24.77</b>
7	40	Charlie Northey	BRECA	M50	20.00	18.95	x	x			<b>20.00</b>



## RESULTS

### 8 - Long Jump (LJ)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 19:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)
1	34	Chris Lloyd	RUN4A	SM	4.67 (0)	4.76 (0)	4.86 (0)	4.91 (0)			<b>4.91</b> (0)
2	28	Steven Ingram	SWAN	M45	4.45 (0)	4.48 (0)	4.76 (0)				<b>4.76</b> (0)
3	44	Glyn Price	SWAN	M50	x (0)	4.13 (0)	4.53 (0)	4.63 (0)			<b>4.63</b> (0)
4	43	Keith Powell	NEWPH	M55	4.00 (0)	x (0)	4.61 (0)	4.36 (0)			<b>4.61</b> (0)
5	42	Derek Osborne	BRECA	M55	x (0)	4.29 (0)	4.45 (0)	4.56 (0)			<b>4.56</b> (0)
6	24	Melanie Garland	WORC	W55	4.47 (0)	4.51 (0)	x (0)				<b>4.51</b> (0)
7	62	Robin Wood	SWAN	M50	x (0)	4.19 (0)	4.23 (0)	4.10 (0)			<b>4.23</b> (0)
8	4	Gavin Belcher	NEWPH	M45	4.17 (0)	4.19 (0)	x (0)	4.11 (0)			<b>4.19</b> (0)
9	12	Roderick Davies	SWAN	M60	3.72 (0)	3.60 (0)	3.39 (0)	3.67 (0)			<b>3.72</b> (0)
10	37	Neal Mason	SWVAC	M70	3.32 (0)	3.56 (0)	3.60 (0)	3.62 (0)			<b>3.62</b> (0)
11	13	Clare Davies	BRECA	W50	3.13 (0)	3.29 (0)	3.30 (0)				<b>3.30</b> (0)
12	32	Adrian Lewis	ABERV	M45	2.92 (0)	x (0)	2.92 (0)				<b>2.92</b> (0)
13	54	Ian Swanson	PTH	M65	2.56 (0)						<b>2.56</b> (0)
14	59	Stephen Williams	PBBR	M55	2.48 (0)						<b>2.48</b> (0)
15	41	Christopher Norton	RHONA	M60	2.23 (0)	2.09 (0)	2.25 (0)	2.32 (0)			<b>2.32</b> (0)
16	3	Eirian Arwyn	CROUP	W65	2.29 (0)						<b>2.29</b> (0)
17	36	Daphne Marler	SWAN	W70	x (0)	1.59 (0)	1.66 (0)	1.72 (0)			<b>1.72</b> (0)

## RESULTS

### 9 - 3000 (3000)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 20:00

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	20	Matthew Evans	ABERV	M35	1		9:45.2
2	55	Joe Thomas	BRIDE	M40	1		9:46.9
3	32	Adrian Lewis	ABERV	M45	1		10:52.5
4	30	Clare Jolliffe	BRIW	W50	1		11:07.7
5	39	Peter Mountain	BRIW	M60	1		11:21.1
6	59	Stephen Williams	PBBR	M55	1		11:23.2
7	8	Michelle Cole	3M	W40	1		11:41.7
8	23	Tim Fry	CARD	M40	2		11:48.9
9	60	Mark Williams	PBBR	M60	2		11:50.5
10	6	Claire Bruce	CROUP	W40	2		12:10.5
11	58	Dean Webster	3M	M40	3		12:18.0
12	50	Huw Roberts	BRIDE	M60	3		12:35.9
13	40	Charlie Northey	BRECA	M50	1		13:40.9
14	3	Eirian Arwyn	CROUP	W65	1		17:14.3
15	54	Ian Swanson	PTH	M65	1		18:04.0

## RESULTS

## 10 - 4x100 Relay (4x100)

Welsh Masters League 2019-4 - 2019-06-12 START TIME: 20:30

Lane	Bib	NOC Name	Result
A		Swansea Harriers	57.3
G		Guests	1:00.1
L		Les Croupiers RC	1:06.4
R		Brecon AC	1:08.0