

England Athletics Masters Inter Area Outdoor Challenge
Coventry Athletics Track, Kirby Corner Road, Coventry on Saturday 6th July 2019

Men		
Pos	Region	Points
1	MMAC	287
2	SCVAC	250
3	EMAC	228.5
4	WMAA	172
5	SVHC	151
6	VAC	108
7	SWVAC	105.5

Overall		
Pos	Region	Points
1	MMAC	521
2	EMAC	432.5
3	SCVAC	425
4	WMAA	370
5	SVHC	318
6	SWVAC	249.5
7	VAC	174

After 54 events scored

After 101 total events scored

M35 100m				
Pos	Bib	Name	Club	Perf
1	23	Dominic Bradley (M40)	MMAC	11.12
2	33	Mensah Elliott (M40)	SCVAC	11.67
3	13	Panos Ioannou	EMAC	12.06
4	43	Stephen Jarvis (M40)	SWVAC	12.08
5	73	Stuart Pearce (M40)	WMAA	12.70
6	63	John McKeown (M45)	SVHC	12.98
7	53	Nick Lauder (M45)	VAC	13.26

M50 100m				
Pos	Bib	Name	Club	Perf
1	25	Antony Leigh	MMAC	12.12
2	75	Russell Whiting	WMAA	12.22
3	15	Kerry Courtenay-Robin	EMAC	12.57
4	65	Stan Walker	SVHC	12.64
5	45	Paul Guest (M55)	SWVAC	12.67
6	35	Barrie Marsden (M55)	SCVAC	13.61
7	55	Paul Wignall (M65)	VAC	14.14

M60 100m				
Pos	Bib	Name	Club	Perf
1	16	John Browne (M65)	EMAC	12.82
2	76	Ian Broadhurst	WMAA	13.32
3	26	Christopher Monk (M65)	MMAC	13.46
4	36	Tom Phillips (M65)	SCVAC	13.53
5	56	David Hinds (M65)	VAC	14.36
6	46	Trevor Downward	SWVAC	14.68

M70 100m				
Pos	Bib	Name	Club	Perf
1	37	Victor Novell	SCVAC	14.22
2	57	Allan Long (M75)	VAC	14.58
3	17	Tony Wells	EMAC	15.09
4	27	David Cowley	MMAC	15.42
5	77	Geoff Wright	WMAA	18.53

M35 200m				
Pos	Bib	Name	Club	Perf
1	23	Dominic Bradley (M40)	MMAC	22.78
2	33	Adam Bellis (M40)	SCVAC	23.52
3	43	Stephen Jarvis (M40)	SWVAC	24.49
3	13	Panos Ioannou	EMAC	24.49
5	53	Nick Lauder (M45)	VAC	26.52
6	73	James Morgan (M45)	WMAA	26.53
7	63	John McKeown (M45)	SVHC	DNF

M50 200m				
Pos	Bib	Name	Club	Perf
1	35	Dominic Bokor-Ingram	SCVAC	24.69
2	25	Antony Leigh	MMAC	24.88
3	15	Julian Smith	EMAC	25.04
4	75	Russell Whiting	WMAA	25.56
5	65	Stan Walker	SVHC	25.72
6	45	Neil Tunstall (M55)	SWVAC	26.21
7	55	Paul Wignall (M65)	VAC	29.31

M60 200m				w/s	-
Pos	Bib	Name	Club	Perf	
1	76	Ian Broadhurst	WMAA	26.68	
2	16	John Browne (M65)	EMAC	27.97	
3	36	Anthony Mitchell	SCVAC	28.51	
4	46	Trevor Downward	SWVAC	30.20	
5	26	Antony Foster	MMAC	30.78	
6	56	Philip Bell (M65)	VAC	31.11	

M70 200m				w/s	-
Pos	Bib	Name	Club	Perf	
1	57	Allan Long (M75)	VAC	30.58	
2	37	Terry Bissett (M75)	SCVAC	30.67	
3	27	Lawrie Dunn	MMAC	30.79	
4	17	Tony Wells	EMAC	31.80	
5	77	Geoff Wright	WMAA	38.99	

M35 400m					
Pos	Bib	Name	Club	Perf	
1	23	Peter Hall	MMAC	52.81	
2	33	Adam Bellis (M40)	SCVAC	52.90	
3	73	Owen Cheshier	WMAA	54.82	
4	43	Matthew Cave	SWVAC	55.68	
5	13	Nigel Hayman (M40)	EMAC	57.97	
6	53	Steve Roberts (M50)	VAC	68.54	

M50 400m					
Pos	Bib	Name	Club	Perf	
1	35	Dominic Bokor-Ingram	SCVAC	53.79	CBP
2	15	Julian Smith	EMAC	56.60	
3	25	Richard Bowers	MMAC	58.56	
4	45	Neil Tunstall (M55)	SWVAC	59.63	
5	75	Brett Davis (M55)	WMAA	63.11	
6	65	Paul McMonagle	SVHC	64.36	

M60 400m					
Pos	Bib	Name	Club	Perf	
1	66	Paul Forbes	SVHC	59.89	
2	76	Kieran McDonnell	WMAA	62.09	
3	36	Anthony Mitchell	SCVAC	64.27	
4	16	John Donaldson	EMAC	66.34	
5	56	Adrian Day	VAC	67.62	
6	26	Antony Foster	MMAC	70.31	

M70 400m					
Pos	Bib	Name	Club	Perf	
1	37	David Spencer	SCVAC	65.93	CBP
2	27	Bruce Hendrie	MMAC	71.52	
3	17	Kelvin Smith	EMAC	78.24	
4	77	Barrie Roberts (M75)	WMAA	97.87	

M35 800m					
Pos	Bib	Name	Club	Perf	
1	63	Collin Welsh	SVHC	2:02.59	
2	33	Bartosz Porzuczek	SCVAC	2:06.24	
3	23	Phillip Gould (M40)	MMAC	2:07.25	
4	53	Andy Gannaway (M55)	VAC	2:23.05	
5	73	Gareth Knight	WMAA	2:24.48	
6	43	Ian Wright (M60)	SWVAC	2:56.88	

M50 800m					
Pos	Bib	Name	Club	Perf	
1	35	Dominic Bokor-Ingram	SCVAC	2:12.85	
2	25	Calvin Scoltock	MMAC	2:14.18	
3	65	Paul McMonagle	SVHC	2:20.41	
4	75	Brett Davis (M55)	WMAA	2:23.71	
5	55	Malcolm Davies	VAC	2:25.68	
6	15	Simon Le Mare (M55)	EMAC	2:25.85	
7	45	Peter Mountain (M60)	SWVAC	2:30.76	

M60 800m					
Pos	Bib	Name	Club	Perf	
1	66	Paul Forbes	SVHC	2:22.86	
2	16	John Donaldson	EMAC	2:32.14	
3	36	Stewart Thorp (M65)	SCVAC	2:36.56	
4	26	David Oxland (M65)	MMAC	2:40.68	
5	56	Ed Connolly (M65)	VAC	2:41.30	
6	46	Kevin Archer (M65)	SWVAC	DNF	

M70 800m

Pos	Bib	Name	Club	
1	17	Kenneth Bowman	EMAC	3:00.28
2	37	John Exley	SCVAC	3:01.57
3	27	Philip Brennan (M75)	MMAC	3:08.88
4	77	Barrie Roberts (M75)	WMAA	3:32.53

M35 1500m

Pos	Bib	Name	Club	Perf
1	63	Colin Welsh	SVHC	4:17.32
2	33	Matt Hibberd	SCVAC	4:22.37
3	23	Phillip Gould (M40)	MMAC	4:23.62
4	73	Adrian Lewis (M45)	WMAA	4:56.47
5	43	Ian Wright (M60)	SWVAC	6:02.08

M50 1500m

Pos	Bib	Name	Club	Perf
1	25	Alex Haines	MMAC	4:42.52
2	15	Simon Le Mare (M55)	EMAC	4:50.94
3	55	Malcolm Davies	VAC	4:56.78
4	45	Peter Mountain (M60)	SWVAC	5:10.20
5	65	Don Lawless	SVHC	5:19.33

M60 1500m

Pos	Bib	Name	Club	Perf
1	26	Andrew Wetherill	MMAC	5:00.55
2	36	Stewart Thorp (M65)	SCVAC	5:18.37
3	16	John Donaldson	EMAC	5:22.88
4	76	Elio Lepore (M65)	WMAA	5:24.24
5	66	Barnie Gough (M65)	SVHC	5:50.68

M70 1500m

Pos	Bib	Name	Club	Perf
1	17	Kenneth Bowman	EMAC	5:51.66
2	37	John Exley	SCVAC	5:52.55
3	57	Trevor Solomon	VAC	6:02.08
4	27	Philip Brennan (M75)	MMAC	6:16.72

M35 3000m

Pos	Bib	Name	Club	Perf
1	23	Mark Ince (M40)	MMAC	9:28.68
2	63	Stephen Brown	SVHC	9:39.77
3	73	Matthew Evans	WMAA	9:45.39
4	43	Ian Wright (M60)	SWVAC	12:31.72

M50 3000m

Pos	Bib	Name	Club	Perf
1	75	Lee Aherne	WMAA	9:37.41
2	25	Geoff Lowry (M55)	MMAC	10:13.94
3	15	Steven Stanley (M55)	EMAC	11:06.48
4	65	Don Lawless	SVHC	11:18.24
5	55	Robert O'Rourke (M55)	VAC	11:20.94

M60 3000m

Pos	Bib	Name	Club	Perf
1	66	Alastair Walker	SVHC	9:57.88
2	26	David Bedwell (M65)	MMAC	10:42.17
3	46	Nicholas Holliday	SWVAC	11:00.47
4	16	Charles Arnold	EMAC	11:16.53
5	76	Mark Williams	WMAA	11:47.56
6	36	Colin Oxlade	SCVAC	13:06.31

M35 2000m Walk

Pos	Bib	Name	Club	Perf
1	23	Roger Michell (M70)	MMAC	12:04.26
2	13	John Borgars (M70)	EMAC	13:37.40

M50 2000m Walk

Pos	Bib	Name	Club	Perf
1	25	Calvin Scoltock	MMAC	12:20.90
2	15	Simon Morgan	EMAC	12:28.50

M60 2000m Walk

Pos	Bib	Name	Club	Perf
1	36	Malcolm Martin	SCVAC	11:18.25
2	16	Steve Allen	EMAC	11:34.14
3	26	Antony Foster	MMAC	17:13.57

M35 110m Hurdles				w/s	0.9
Pos	Bib	Name	Club	Perf	
1	33	Mensah Elliott (M40)	SCVAC	15.37	
2	13	Nigel Hayman (M40)	EMAC	16.59	
3	63	Carson Graham (M40)	SVHC	17.51	

M50 100m Hurdles				w/s	0.3
Pos	Bib	Name	Club	Perf	
1	35	Barrie Marsden (M55)	SCVAC	15.10	
2	45	Neil Tunstall (M55)	SWVAC	15.41	
3	55	Glen Reddington (M55)	VAC	16.85	
4	65	Ron Todd (M55)	SVHC	20.01	

M35 4x100m Relay				Club	Perf
1	13	Aaron Bollu (M40), Panos Ioannou, Justin Hubbard (M40), Nigel Hayman (M40)		EMAC	48.52
2	63	John McKeown (M45), Colin Welsh, Carson Graham (M40), Stephen Brown		SVHC	52.69
3	53	Nick Lauder (M45), Vaughan Ramsay (M45), Steve Roberts (M50), Alex Guest (M40)		VAC	53.66
4	73	Steven Thomas-Spires (M45), Owen Chesher, James Morgan (M45), Stuart Pearce (M40)		WMAA	53.88

M50 4x100m Relay				Club	Perf
1	75	Keith Powell (M55), Brett Davis (M55), Lee Aherne, Russell Whiting		WMAA	54.35
2	25	Rashpal Singh (M65), David Hartwell, Antony Foster (M60), Adam Young		MMAC	54.58
3	15	Paul Canning, Julian Smith, Simon Le Mare (M55), Kerry Courtenay-Robin		EMAC	58.06

M60 4x100m Relay				Club	Perf
1	36	Duncan Talbot (M65), Stewart Thorp (M65), Anthony Mitchell, Tom Phillips (M65)		SCVAC	57.43
2	76	Mark Williams, Kieran McDonnell, Roderick Davies, Ian Broadhurst		WMAA	57.72
3	16	John Browne (M65), Charles Arnold, John Donaldson, Steve Allen		EMAC	62.47
4	56	Adrian Day, Timothy Carter (M65), David Hinds (M65), Philip Bell (M65)		VAC	DIS

M70 4x100m Relay				Club	Perf
1	37	Victor Novell, Terry Bissett (M75), Ron Davies (M75), Alan Forse (M75)		SCVAC	59.51
2	27	Lawrie Dunn, Neal Mason, Bruce Hendrie, David Cowley		MMAC	59.93
3	17	Kenneth Bowman, Kelvin Smith, John Borgars, Tony Wells		EMAC	86.02

M35 High Jump				Club	Perf
1	73	Owen Chesher	WMAA	1.75	1.61o,1.64-,1.67-,1.70o,1.75o,1.80xxx
2	13	Gavin Fordham (M40)	EMAC	1.64	1.40o,1.43o,1.46o,1.49o,1.52o,1.55o,1.58o,1.61o,1.64xxo,1.67xxx
3	63	Carson Graham (M40)	SVHC	1.61	1.55o,1.58o,1.61o,1.64xxx
4	53	Vaughan Ramsay (M45)	VAC	1.58	1.49xo,1.52xxo,1.55xxo,1.58xo,1.61xxx
5	23	Donovan Davenport (M45)	MMAC	1.52	1.52o,1.55-,1.58xxr
6	43	Stephen Jarvis (M40)	SWVAC	1.49	1.49xo,1.52-,1.55-,1.58-,1.61xxx

M50 High Jump				Club	Perf
1	25	Adam Young	MMAC	1.75	1.64o,1.67-,1.70o,1.75o,1.80xxx
2	65	James MacGregor	SVHC	1.61	1.46o,1.49o,1.52xo,1.55o,1.58xo,1.61xxx
3	35	Allan Leiper (M55)	SCVAC	1.43	1.31o,1.34-,1.37xo,1.40xxo,1.43xo,1.46xxx
4	15	Philip Bowers	EMAC	1.40	1.31o,1.34-,1.37-,1.40o,1.43-,1.46-,1.49xxr
5	45	Paul Guest (M55)	SWVAC	1.40	1.31o,1.34xo,1.37o,1.40xo,1.43xxx
6	75	Neil Davies	WMAA	1.34	1.31xo,1.34xo,1.37xxx

M60 High Jump				Club	Perf
1	36	Duncan Talbot (M65)	SCVAC	1.37	1.28o,1.31o,1.34o,1.37o,xxx
2	26	Paul Askew	MMAC	1.37	1.13o,1.16-,1.19o,1.22-,1.25o,1.28o,1.31o,1.34xo,1.37o,xxx
3	16	Charles Arnold	EMAC	1.34	1.19xo,1.22o,1.25o,1.28o,1.31xo,1.34xo,1.37xxx
4	46	Steven Harger (M65)	SWVAC	1.28	1.10o,1.13-,1.16-,1.19o,1.22-,1.25o,1.28o,1.31xxx
5	66	Ken Moncrieff	SVHC	1.28	1.22o,1.25xo,1.28xo,1.31xxx
6	76	Christopher Berry	WMAA	1.22	1.19xo,1.22o,1.25-,1.28xxx

M70 High Jump				Club	Perf
1	27	David Cowley	MMAC	1.19	1.16o,1.19xo,1.22xxr
2	37	Roger Bruck (M80)	SCVAC	1.16	1.05o,1.10xo,1.13o,1.16o,1.19xxx

M35 Pole Vault				Club	Perf
1	23	James Robinson (M40)	MMAC	4.00	3.80o,4.00xo,xxx
2	13	Gavin Fordham (M40)	EMAC	3.50	3.00o,3.10-,3.20o,3.30o,3.40o,3.50xxo,3.60xxx

M50 Pole Vault

Pos	Bib	Name	Club	Perf	
1	35	John Andrews (M55)	SCVAC	3.30	3.10o,3.20-,3.30o,3.40-,3.50xxx
2	25	Derek Hateley	MMAC	3.20	2.80o,2.90-,3.00o,3.10-,3.20xxo,3.30xxx
3	65	Ron Todd (M55)	SVHC	3.10	3.10xxo,3.20-,3.30xxx
4	45	Nicholas Walker (M55)	SWVAC	2.90	2.70o,2.80-,2.90xo,3.00xxx
	15	Simon Morgan	EMAC	nm	1.70xxx

M35 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	63	Carson Graham (M40)	SVHC	5.97	- 5.97,-; 5.56,-; 5.88,-; 5.95,-
2	23	Donovan Davenport (M45)	MMAC	5.89	- 5.73,-; 5.79,-; 5.89,-; x,-
3	53	Vaughan Ramsay (M45)	VAC	5.42	- 4.22,-; x; 5.21,-; 5.42,-
4	13	Justin Hubbard (M40)	EMAC	5.13	- x; 5.13,-; 5.10,-; x,-
5	73	Stephen Buttler (M40)	WMAA	5.08	- x; 5.03,-; 5.08,-; x,-
6	33	Stephen Lake (M45)	SCVAC	4.86	- 4.86,-; x; 4.72,-; 4.81,-

M50 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	25	David Hartwell	MMAC	5.57	- 5.30,-; 5.40,-; 5.57,-; 5.28,-
2	45	Paul Guest (M55)	SWVAC	5.20	- 5.14,-; 5.20,-; 5.10,-; x,-
3	15	Philip Bowers	EMAC	4.91	- 4.91,-; 4.77,-; x; 4.89,-
4	55	Richard Weekes	VAC	4.88	- 4.76,-; x; 4.88,-; 4.81,-
5	75	Keith Powell (M55)	WMAA	4.49	- 4.03,-; x; 4.40,-; 4.49,-
6	35	Allan Leiper (M55)	SCVAC	4.32	- 2.77,-; 4.32,-; 3.36,-; 4.23,-
7	65	James MacGregor	SVHC	4.09	- 4.09,-; -; -; -;

M60 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	36	Anthony Mitchell	SCVAC	4.36	- 3.92,-; 4.36,-; -; -;
2	26	Rashpal Singh (M65)	MMAC	4.22	- 3.95,-; 4.03,-; 4.22,-; 4.12,-
3	76	Roderick Davies	WMAA	3.99	- 3.82,-; 3.72,-; 3.87,-; 3.99,-
4	16	John Donaldson	EMAC	3.97	- 3.38,-; 3.77,-; 3.97,-; 3.91,-
5	56	Timothy Carter (M65)	VAC	3.88	- 3.38,-; 3.49,-; 3.88,-; x,-
6	66	Ken Moncrieff	SVHC	3.74	- 3.63,-; 3.72,-; 3.48,-; 3.74,-
7	46	Steven Harger (M65)	SWVAC	2.79	- 2.79,-; -; -; -;

M70 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	27	Neal Mason	MMAC	4.30	- 4.30,-; 3.80,-; 4.01,-; 3.93,-
2	57	Allan Long (M75)	VAC	3.85	- 3.85,-; -; -; -;
3	37	Ron Davies (M75)	SCVAC	3.48	- x; 3.39,-; 3.39,-; 3.48,-
4	17	Kelvin Smith	EMAC	2.99	- 2.99,-; -; -; -;
5	77	Phil Rees (M75)	WMAA	2.22	- 2.22,-; 2.08,-; x; 2.03,-

M35 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	23	Donovan Davenport (M45)	MMAC	12.03	- 11.61,-; 11.69,-; 11.71,-; 12.03,-
2	13	Aaron Bollu (M40)	EMAC	10.66	- 10.66,-; x; -; x,-
3	33	Stephen Lake (M45)	SCVAC	10.24	- 10.24,-; 10.10,-; -; -;
4	73	Steven Thomas-Spires (M45)	WMAA	9.04	- 8.40,-; 8.90,-; 9.04,-; x,-
5	53	Jonathan Ashman (M70)	VAC	7.76	- 7.26,-; 7.57,-; 7.76,-; 7.65,-

M50 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	55	Richard Weekes	VAC	10.63	- 9.76,-; 10.14,-; 10.63,-; 10.43,-
2	15	Philip Bowers	EMAC	10.47	- 10.25,-; 10.47,-; 10.13,-; 10.43,-
3	45	Paul Guest (M55)	SWVAC	10.26	- 10.08,-; x; 10.26,-; x,-
4	35	Barrie Marsden (M55)	SCVAC	10.23	- 9.70,-; 10.23,-; 10.13,-; 9.64,-
5	25	Derek Hateley	MMAC	9.97	- 9.97,-; -; -; -;
6	65	Ron Todd (M55)	SVHC	9.40	- 9.40,-; -; -; -;
7	75	David Shields (M55)	WMAA	8.67	- 8.59,-; 8.65,-; 8.58,-; 8.67,-

M35 Shot

Pos	Bib	Name	Club	Perf	
1	23	Richard Woodhall	MMAC	13.23	12.56; 13.23; 13.16; 13.12
2	33	Daniel Upton (M40)	SCVAC	12.14	12.14; x; x; x
3	13	Christopher Kent (M45)	EMAC	11.09	10.83; 10.83; 9.74; 11.09
4	63	Ian Smith (M45)	SVHC	10.02	9.69; 9.78; 10.02; 9.98
5	73	Peter Roberts (M45)	WMAA	9.95	9.74; x; 9.58; 9.95

M50 Shot					
Pos	Bib	Name	Club	Perf	
1	35	Allan Leiper (M55)	SCVAC	12.48	12.10; 11.55; x; 12.48
2	75	Robert Eales	WMAA	10.76	10.76; 10.38; 10.30; 10.49
3	45	Nicholas Walker (M55)	SWVAC	9.70	8.65; 8.69; 9.27; 9.70
4	65	Eddie McKenzie	SVHC	9.42	8.99; 9.42; 9.17; 9.09
5	55	Peter Wishart (M55)	VAC	9.12	8.86; 8.82; 9.12; x
6	25	Derek Hateley	MMAC	7.17	6.36; 7.17; 6.99; 6.97

M60 Shot					
Pos	Bib	Name	Club	Perf	
1	16	Michael Hausler	EMAC	12.88	12.88; 12.47; 12.65; 12.16
2	26	Malcolm Pell	MMAC	10.27	x; 9.31; 10.27; 9.73
3	36	Anthony Mitchell	SCVAC	9.56	9.39; 8.62; 9.35; 9.56
4	66	Ken Moncrieff	SVHC	9.47	8.64; 8.88; 8.82; 9.47
5	76	Christopher Berry	WMAA	9.37	9.37; 8.92; x; 8.18

M70 Shot					
Pos	Bib	Name	Club	Perf	
1	17	Geoff Tyler	EMAC	12.39	CBP 12.24; x; 12.39; x
2	27	Barry Hawksworth	MMAC	11.16	11.08; x; x; 11.16
3	77	Paul Brooks	WMAA	7.99	7.84; 7.21; 7.68; 7.99

M35 Discus					
Pos	Bib	Name	Club	Perf	
1	33	Daniel Upton (M40)	SCVAC	37.04	34.50; 37.04; x; x
2	73	Peter Roberts (M45)	WMAA	36.58	32.42; 35.11; x; 36.58
3	23	Perriss Wilkins (M50)	MMAC	33.21	30.36; 33.21; x; 31.96
4	13	Gavin Fordham (M40)	EMAC	30.72	29.50; x; 30.22; 30.72
5	63	Ian Smith (M45)	SVHC	29.97	26.38; 29.97; 29.26; 28.31

M50 Discus					
Pos	Bib	Name	Club	Perf	
1	25	Kevin Brown	MMAC	41.37	40.22; 40.92; 38.87; 41.37
2	35	Allan Leiper (M55)	SCVAC	34.97	31.59; 34.97; 31.56; x
3	45	Nicholas Walker (M55)	SWVAC	32.02	29.80; 29.05; 32.02; 29.54
4	65	Eddie McKenzie	SVHC	31.31	30.27; 29.31; 31.31; x
5	75	Robert Eales	WMAA	31.05	31.05; 30.44; x; 27.99
6	55	Peter Wishart (M55)	VAC	30.44	x; 29.79; 30.44; x

M35 Hammer					
Pos	Bib	Name	Club	Perf	
1	23	Richard Woodhall	MMAC	39.50	x; x; 39.50; 38.91
2	33	Daniel Upton (M40)	SCVAC	32.62	31.09; 32.04; 32.62; x
3	63	Ian Smith (M45)	SVHC	26.42	24.97; 25.26; x; 26.42
4	73	Peter Roberts (M45)	WMAA	26.06	25.56; x; 25.98; 26.06
5	13	Craig Riley (M45)	EMAC	23.06	x; x; 23.06; 22.79

M50 Hammer					
Pos	Bib	Name	Club	Perf	
1	25	Martin Roberts (M55)	MMAC	40.47	40.03; 40.47; r
2	35	Andrew Hall (M55)	SCVAC	38.34	37.92; 37.67; x; 38.34
3	45	Nicholas Walker (M55)	SWVAC	29.43	28.41; 29.43; r
4	75	Robert Eales	WMAA	27.74	27.74; x; 26.58; x
5	55	Peter Wishart (M55)	VAC	27.01	26.84; 26.02; 27.01; x
6	65	Eddie McKenzie	SVHC	25.31	25.31; x; 25.08; 24.26
7	15	Simon Morgan	EMAC	15.29	15.29; r

M35 Javelin					
Pos	Bib	Name	Club	Perf	
1	63	Chris Smith (M40)	SVHC	51.70	51.70; 51.56; x; 51.65
2	23	Richard Woodhall	MMAC	45.34	45.34; 45.18; x; 42.94
3	43	Matthew Cave	SWVAC	39.56	39.56; x; 35.67; 36.02
4	13	Christopher Kent (M45)	EMAC	38.33	32.03; 38.33; 36.97; 34.43
5	33	Daniel Upton (M40)	SCVAC	29.18	28.45; 29.18; x; x
6	73	Steven Thomas-Spires (M45)	WMAA	22.10	19.85; x; 19.79; 22.10

M50 Javelin					
Pos	Bib	Name	Club	Perf	
1	35	Trevor Ratcliffe (M55)	SCVAC	51.46	51.46; x; 49.20; x
2	45	Nicholas Walker (M55)	SWVAC	32.84	x; x; 23.30; 32.84
3	25	David Hartwell	MMAC	32.00	31.02; 32.00; 28.22; 28.34
4	65	Ron Todd (M55)	SVHC	31.75	31.50; 31.75; 31.28; x
5	75	Neil Davies	WMAA	27.67	27.67; x; x; x
6	55	Peter Wishart (M55)	VAC	18.72	x; 18.72; x; x

England Athletics Masters Inter Area Outdoor Challenge
Coventry Athletics Track, Kirby Corner Road, Coventry on Saturday 6th July 2019

Women		
Pos	Region	Points
1	MMAC	234
2	EMAC	204
3	WMAA	198
4	SCVAC	175
5	SVHC	167
6	SWVAC	144
7	VAC	66

Overall		
Pos	Region	Points
1	MMAC	521
2	EMAC	432.5
3	SCVAC	425
4	WMAA	370
5	SVHC	318
6	SWVAC	249.5
7	VAC	174

After 48 events scored

After 101 total events scored

W35 100m				
Pos	Bib	Name	Club	Perf
1	13	Heather Rose	EMAC	13.05
2	73	Alison McLellan	WMAA	13.54
3	63	Nina Cessford	SVHC	13.65
4	43	Cara Marsh	SWVAC	14.25
5	23	Janelle Quinn (W45)	MMAC	14.32
6	33	Sharon Dooley (W45)	SCVAC	14.48

W50 100m				
Pos	Bib	Name	Club	Perf
1	75	Juliet Sidney	WMAA	13.98
2	45	Janet Dickinson	SWVAC	14.01
3	25	Fiona Palmer	MMAC	14.36
4	65	Fiona Steele	SVHC	14.37
5	15	Denise Timmis (W55)	EMAC	15.51

W60 100m				
Pos	Bib	Name	Club	Perf
1	46	Caroline Powell (W65)	SWVAC	14.83
2	36	Joan Trimble	SCVAC	15.91
3	76	Caroline Marler (W65)	WMAA	16.41
4	26	Sally Hine (W65)	MMAC	16.56
5	16	Susan Horton (W65)	EMAC	17.90

W70 100m				
Pos	Bib	Name	Club	Perf
1	37	Maira West	SCVAC	16.16
2	67	Joyce Rammell	SVHC	18.26
3	27	Angela Copson	MMAC	18.27
4	77	Iris Holder (W75)	WMAA	18.35
5	47	Anne Dockery	SWVAC	20.11
6	57	Margaret Moody	VAC	20.30
7	17	Patricia Hill (W75)	EMAC	21.97

W35 200m				
Pos	Bib	Name	Club	Perf
1	13	Heather Rose	EMAC	26.58
2	73	Alison McLellan	WMAA	27.54
3	63	Nina Cessford	SVHC	27.88
4	23	Ainslea Cross	MMAC	29.99
5	33	Sally Parry (W40)	SCVAC	30.42
6	43	Lisa Carpenter (W45)	SWVAC	31.70

W50 200m				
Pos	Bib	Name	Club	Perf
1	45	Janet Dickinson	SWVAC	28.70
2	65	Fiona Steele	SVHC	29.52
3	25	Fiona Palmer	MMAC	29.69
4	75	Angela Bryant (W55)	WMAA	32.17
5	15	Judith Jagger	EMAC	36.23

W60 200m				
Pos	Bib	Name	Club	Perf
1	36	Helen Godsell (W65)	SCVAC	29.98
2	46	Caroline Powell (W65)	SWVAC	30.34
3	26	Jane Horder	MMAC	30.45
4	16	Edith Caux	EMAC	32.01
5	76	Caroline Marler (W65)	WMAA	33.65
6	56	Andrea Sanders-Reece	VAC	40.22

W35 400m

Pos	Bib	Name	Club	Perf
1	63	Linzie Marsh (W40)	SVHC	63.30
2	23	Rachel Coupe (W45)	MMAC	64.89
3	13	Jennifer Gall	EMAC	66.23
4	33	Bea Lafreniere (W40)	SCVAC	66.47
5	73	Victoria Watkins	WMAA	68.58
6	43	Joy Wright (W40)	SWVAC	69.76

W50 400m

Pos	Bib	Name	Club	Perf
1	45	Janice Ellacott (W55)	SWVAC	66.66
2	65	Clare Barr	SVHC	67.70
3	25	Julie Rogers (W55)	MMAC	69.89
4	15	Christine Anthony (W55)	EMAC	70.68
5	75	Louise Kirby	WMAA	75.10

W60 400m

Pos	Bib	Name	Club	Perf
1	36	Helen Godsell (W65)	SCVAC	70.00
2	16	Edith Caux	EMAC	72.79
3	26	Jillian Roginski	MMAC	74.98
4	76	Rosalind Townsend-Hope (W65)	WMAA	80.11
5	56	Andrea Sanders-Reece	VAC	87.41

W35 800m

Pos	Bib	Name	Club	Perf
1	73	Georgie Parnell	WMAA	2:23.23
2	43	Cicely Hunt (W40)	SWVAC	2:28.85
3	23	Rachel Coupe (W45)	MMAC	2:29.83
4	33	Ana Ramos-Villaverde (W45)	SCVAC	2:32.83
5	53	Helen Davies (W45)	VAC	2:33.79
6	63	Julie Hendry (W40)	SVHC	2:36.23
7	13	Jennifer Gall	EMAC	2:41.87

W50 800m

Pos	Bib	Name	Club	Perf
1	35	Virginia Mitchell (W55)	SCVAC	2:26.85
2	55	Lisa Webb	VAC	2:36.62
3	65	Anne Howie (W55)	SVHC	2:39.94
4	15	Christine Anthony (W55)	EMAC	2:43.33
5	45	Tracey Bosworth	SWVAC	2:48.46
6	25	Susan Kneill-Boxley	MMAC	2:57.39
7	75	Julie Scholey (W60)	WMAA	3:25.45

W60 800m

Pos	Bib	Name	Club	Perf
1	46	Louise Jeffries	SWVAC	2:51.26
2	56	Anna Garnier	VAC	2:58.71
3	26	Kathryn Morton	MMAC	3:03.91
4	76	Rosalind Townsend-Hope (W65)	WMAA	3:08.57
5	36	Sue James (W65)	SCVAC	3:49.30

W70 800m

Pos	Bib	Name	Club	Perf
1	27	Angela Copson	MMAC	3:10.35
2	57	Margaret Moody	VAC	3:24.85
3	47	Anne Dockery	SWVAC	3:25.90
4	77	Pat Gallagher	WMAA	4:05.66
5	37	Rose Webb	SCVAC	4:30.33

W35 1500m

Pos	Bib	Name	Club	Perf
1	13	Christine Lathwell (W40)	EMAC	5:07.22
2	23	Tracy Hinxman (W45)	MMAC	5:10.41
3	43	Cicely Hunt (W40)	SWVAC	5:12.21
4	33	Ana Ramos-Villaverde (W45)	SCVAC	5:14.27
5	63	Karen Kennedy (W45)	SVHC	5:19.60
6	73	Rebecca Selvey (W45)	WMAA	5:24.95

W50 1500m

Pos	Bib	Name	Club	Perf
1	65	Anne Howie (W55)	SVHC	5:22.78
2	15	Christine Anthony (W55)	EMAC	5:29.33
3	35	Debbie Forrest	SCVAC	5:33.15
4	25	Susan Kneill-Boxley	MMAC	5:48.78
5	75	Julie Scholey (W60)	WMAA	6:35.12

W60 1500m

Pos	Bib	Name	Club	Perf
1	26	Kathryn Morton	MMAC	6:05.86
2	66	Liz Bowers (W65)	SVHC	6:23.27
3	56	Avril Riddell (W65)	VAC	6:27.83
4	46	Lesley Wright	SWVAC	7:02.79
5	36	Sue James (W65)	SCVAC	7:20.82
6	76	Eirian Arwyn (W65)	WMAA	7:47.25

W35 3000m

Pos	Bib	Name	Club	Perf
1	73	Emma Crowe (W45)	WMAA	10:48.46
2	13	Christine Lathwell (W40)	EMAC	10:59.24
3	23	Caroline Warrington (W40)	MMAC	11:08.23
4	63	Karen Kennedy (W45)	SVHC	11:24.19
5	43	Caroline Cotterell (W45)	SWVAC	11:53.52

W50 3000m

Pos	Bib	Name	Club	Perf
1	75	Helen Davies	WMAA	11:18.97
2	35	Debbie Forrest	SCVAC	11:56.74
3	25	Susan Kneill-Boxley	MMAC	12:34.00
4	65	Clare Barr	SVHC	12:49.24
5	15	Yuko Gordon (W65)	EMAC	12:53.32

W35 2000m Walk

Pos	Bib	Name	Club	Perf
1	23	Carolyn Derbyshire (W40)	MMAC	10:41.99
2	13	Rachel Lawless (W55)	EMAC	12:21.88

W50 2000m Walk

Pos	Bib	Name	Club	Perf
1	15	Melanie Peddle	EMAC	11:06.85
2	25	Wendy Kane	MMAC	11:37.18
3	65	Emma Dawson	SVHC	14:53.45
4	75	Julie Scholey (W60)	WMAA	16:27.42

W60 2000m Walk

Pos	Bib	Name	Club	Perf
1	26	Ann Wheeler	MMAC	11:53.92
2	66	Liz Bowers (W65)	SVHC	13:38.68
3	36	Geraldine Legon	SCVAC	14:20.73

W35 100m Hurdles

Pos	Bib	Name	Club	Perf	w/s
1	23	Paula Williams (W45)	MMAC	13.00	0.7
2	43	Cicely Hunt (W40)	SWVAC	13.43	
3	73	Amanda Cook (W40)	WMAA	13.51	
4	33	Jo Wilding (W45)	SCVAC	14.43	
5	13	Kate Williams	EMAC	15.11	

CBP

W50 80m Hurdles

Pos	Bib	Name	Club	Perf	w/s
1	45	Janet Dickinson	SWVAC	14.08	0.0
2	25	Julie Rogers (W55)	MMAC	14.23	
3	15	Gaye Clarke (W55)	EMAC	14.60	
4	75	Heather Ross (W55)	WMAA	15.32	

W35 4x100m Relay

Pos	Bib	Name	Club	Perf
1	63	Nina Cessford, Julie Hendry (W40), Linzie Marsh (W40), Gillian Cooke	SVHC	54.79
2	33	Sharon Dooley (W45), Sally Parry (W40), Bea Lafreniere (W40), Jo Wilding (W45)	SCVAC	56.30
3	73	Amanda Cook (W40), Alison McLellan, Amanda Broadhurst (W45), Vicky Fear	WMAA	56.46
4	23	Janelle Quinn (W45), Ainslea Cross, Carolyn Derbyshire (W40), Paula Williams (W45)	MMAC	57.10
5	43	Janet Dickinson (W50), Janet Dickinson (W50), Tracey Bosworth (W50), Lisa Carpenter (W45)	SWVAC	58.07
6	13	Sarah McGrath (W45), Jennifer Gall, Kate Williams, Heidi Nicholas	EMAC	59.31

W50 4x100m Relay

Pos	Bib	Name	Club	Perf
1	75	Angela Bryant (W55), Melanie Garland (W55), Louise Kirby, Juliet Sidney	WMAA	60.97
2	65	Fiona Steele, Anne Howie (W55), Emma Dawson, Clare Barr	SVHC	61.90
3	25	Fiona Palmer, Susan Kneill-Boxley, Julie Rogers (W55), Kathryn Morton (W60)	MMAC	62.76
4	15	Christine Anthony (W55), Judith Jagger, Gaye Clarke (W55), Rachel Lawless (W55)	EMAC	67.24

W60 4x100m Relay

Pos	Bib	Name	Club	Perf
1	26	Sally Hine (W65), Angela Copson (W70), Jillian Roginski, Jane Horder	MMAC	65.14
2	36	Joan Trimble, Teresa Eades, Moira West (W70), Helen Godsell (W65)	SCVAC	67.48
3	16	Susan Horton (W65), Edith Caux, Yuko Gordon (W65), Penny Butcher	EMAC	67.63
4	76	Caroline Marler (W65), Rosalind Townsend-Hope (W65), Julie Wakelam,	WMAA	72.09

W35 High Jump

Pos	Bib	Name	Club	Perf
1	63	Linzie Marsh (W40)	SVHC	1.39
2	23	Janelle Quinn (W45)	MMAC	1.36
3	33	Jo Wilding (W45)	SCVAC	1.36
4	13	Kate Williams	EMAC	1.33
5	73	Amanda Broadhurst (W45)	WMAA	1.24

W50 High Jump

Pos	Bib	Name	Club	Perf
1	45	Janet Dickinson	SWVAC	1.36
2	75	Melanie Garland (W55)	WMAA	1.33
3	15	Gaye Clarke (W55)	EMAC	1.21
4	35	Susan Yeomans (W65)	SCVAC	1.15
5	25	Susan Kneill-Boxley	MMAC	1.00

W60 High Jump

Pos	Bib	Name	Club	Perf
1	36	Teresa Eades	SCVAC	1.27
2	16	Penny Butcher	EMAC	1.21
3	76	Julie Wakelam	WMAA	1.18
4	26	Jillian Roginski	MMAC	1.15
5	56	Anna Garnier	VAC	1.03

W35 Pole Vault

Pos	Bib	Name	Club	Perf
1	63	Gillian Cooke	SVHC	3.01
2	33	Sarka Hawtin (W40)	SCVAC	3.01
3	13	Kate Williams	EMAC	2.50
4	73	Claudia Cabbage (W45)	WMAA	2.00

W50 Pole Vault

Pos	Bib	Name	Club	Perf
1	35	Susan Yeomans (W65)	SCVAC	2.50
2	15	Sandra Pedley	EMAC	1.50

W35 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	63	Gillian Cooke	SVHC	5.22	- 5.12,-; 3.54,-; x; 5.22,-
2	13	Heidi Nicholas	EMAC	4.63	- 4.49,-; 4.63,-; x; 4.32,-
3	23	Janelle Quinn (W45)	MMAC	4.53	- 4.17,-; 4.27,-; 4.53,-; 4.31,-
4	73	Amanda Cook (W40)	WMAA	4.40	- x; 4.40,-; 4.33,-; x,-
5	33	Jo Wilding (W45)	SCVAC	4.00	- 4.00,-; 3.88,-; 3.83,-; 3.67,-

W50 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	45	Janet Dickinson	SWVAC	4.84	- 4.52,-; 4.84,-; 4.70,-; 4.64,-
2	25	Joanne Willoughby (W55)	MMAC	4.80	- 4.80,-; 4.52,-; 4.68,-; 4.61,-
3	75	Melanie Garland (W55)	WMAA	4.65	- 4.54,-; 4.65,-; x; 4.56,-
4	35	Louise Wood	SCVAC	4.56	- 4.53,-; 4.56,-; 4.39,-; 4.29,-
5	15	Denise Timmis (W55)	EMAC	4.00	- 4.00,-; 3.87,-; 3.68,-; 3.90,-

W60 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	16	Penny Butcher	EMAC	3.91	- 3.59,-; 3.89,-; 3.83,-; 3.91,-
2	36	Teresa Eades	SCVAC	3.84	- 3.77,-; 3.84,-; 3.83,-; 3.81,-
3	76	Julie Wakelam	WMAA	3.67	- 3.67,-; 3.63,-; 3.59,-; 3.66,-
4	26	Jillian Roginski	MMAC	3.60	- 3.49,-; 3.60,-; 3.54,-; 3.52,-

W70 Long Jump

Pos	Bib	Name	Club	Perf	w/s
1	67	Joyce Rammell	SVHC	2.86	- 2.65,-; 2.86,-; 2.72,-; 2.69,-
2	77	Iris Holder (W75)	WMAA	2.76	- 2.76,-; 2.55,-; x; 2.61,-
3	17	Patricia Hill (W75)	EMAC	2.38	- 1.93,-; 2.38,-; 2.21,-; 2.23,-
4	37	Rose Webb	SCVAC	1.87	- 1.65,-; 1.75,-; 1.73,-; 1.87,-

W35 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	63	Gillian Cooke	SVHC	10.68	- 10.68,-; -; -; -,-
2	73	Alison McLellan	WMAA	9.64	- 9.39,-; 9.34,-; 9.50,-; 9.64,-
3	23	Paula Williams (W45)	MMAC	9.35	- 9.31,-; 9.35,-; -; -,-
4	13	Heidi Nicholas	EMAC	8.70	- 8.27,-; 8.17,-; 8.39,-; 8.70,-

W50 Triple Jump

Pos	Bib	Name	Club	Perf	w/s
1	25	Joanne Willoughby (W55)	MMAC	10.16	- x; x; 10.16,-; x,-
2	35	Louise Wood	SCVAC	9.75	- 9.75,-; 9.57,-; 9.46,-; 9.63,-
3	75	Melanie Garland (W55)	WMAA	9.31	- 9.07,-; 8.96,-; 8.98,-; 9.31,-
4	15	Judith Jagger	EMAC	7.08	- 7.00,-; 7.08,-; -; -,-

W35 Shot

Pos	Bib	Name	Club	Perf	
1	23	Paula Williams (W45)	MMAC	10.81	10.28; 10.81; -; -
2	63	Claire Reid (W40)	SVHC	9.75	9.39; 9.75; 9.14; 9.74
3	13	Sarah McGrath (W45)	EMAC	9.00	8.58; 9.00; 9.00; 8.91
4	43	Clare Taylor (W45)	SWVAC	8.72	8.44; 8.64; 8.72
5	73	Claudia Cabbage (W45)	WMAA	8.25	7.74; -; 8.24; 8.25
6	53	Tracey Gould (W40)	VAC	7.49	7.09; 7.49; 7.42; 7.42
7	33	Jo Wilding (W45)	SCVAC	6.18	6.18; 6.07; 5.52; -

W50 Shot

Pos	Bib	Name	Club	Perf	
1	45	Jacquelyn Brett	SWVAC	10.18	10.18; x; 10.14; 9.94
2	25	Lorna Foster (W55)	MMAC	8.81	8.64; 8.81; 8.27; 8.23
3	35	Anne Thacker (W60)	SCVAC	8.32	8.16; 8.26; 8.32; 7.95
4	15	Gaye Clarke (W55)	EMAC	7.70	7.38; 7.70; 7.19; -
5	65	Emma Dawson	SVHC	6.88	6.85; 6.88; 6.44; x
6	75	Renate Prells (W60)	WMAA	6.75	6.75; 6.72; 6.68; 6.43

W60 Shot

Pos	Bib	Name	Club	Perf	
1	26	Jillian Roginski	MMAC	9.05	CBP 8.55; 9.05; 9.02; 8.48
2	76	Julie Wakelam	WMAA	7.18	6.55; 6.84; 7.12; 7.18
3	56	Anna Garnier	VAC	7.09	7.09; 6.68; 6.32; -
4	16	Penny Butcher	EMAC	6.62	6.62; x; 6.15; -
5	36	Teresa Eades	SCVAC	6.16	6.16; 6.16; 6.03; 5.80

W70 Shot

Pos	Bib	Name	Club	Perf	
1	37	Elizabeth Sissons	SCVAC	7.77	7.48; 7.53; 7.76; 7.77
2	67	Joyce Rammell	SVHC	6.37	6.02; 6.37; 6.31; 6.19
3	17	Patricia Hill (W75)	EMAC	5.77	5.77; 5.50; 5.06; x
4	47	Anne Dockery	SWVAC	4.80	4.80; x; 4.25; 4.39
5	77	Dorothy Fraser (W80)	WMAA	4.14	4.14; 3.78; 3.98; 3.60
6	27	Angela Copson	MMAC	3.81	3.81; 3.81; x; 3.12

W35 Discus

Pos	Bib	Name	Club	Perf	
1	63	Claire Reid (W40)	SVHC	31.78	28.18; 30.56; 31.78; 29.58
2	13	Sarah McGrath (W45)	EMAC	26.12	25.68; 25.50; x; 26.12
3	33	Sarka Hawtin (W40)	SCVAC	25.21	x; 21.58; x; 25.21
4	23	Paula Williams (W45)	MMAC	24.41	20.48; 24.41; 20.09; -
5	43	Clare Taylor (W45)	SWVAC	23.86	23.86; 23.70; 22.19; x
6	73	Amanda Cook (W40)	WMAA	22.83	20.26; x; 22.64; 22.83
7	53	Tracey Gould (W40)	VAC	22.53	22.53; x; x; 20.11

W50 Discus

Pos	Bib	Name	Club	Perf	
1	25	Lorna Foster (W55)	MMAC	23.89	23.89; x; 23.72; 23.84
2	15	Judith Jagger	EMAC	23.72	21.27; 23.72; x; 21.19
3	75	Melanie Garland (W55)	WMAA	21.40	18.64; 21.40; 19.31; 18.56
4	35	Anne Thacker (W60)	SCVAC	21.30	19.69; 20.57; 20.30; 21.30
5	45	Jacquelyn Brett	SWVAC	19.93	x; 19.93; x; x
6	55	Caroline Garratt (W55)	VAC	18.96	18.95; 18.96; -; -
7	65	Emma Dawson	SVHC	17.56	17.56; 16.54; 15.66; 17.02

W35 Hammer

Pos	Bib	Name	Club	Perf	
1	43	Clare Taylor (W45)	SWVAC	36.05	35.12; 36.05; 35.14; 34.83
2	53	Tracey Gould (W40)	VAC	32.08	30.15; 32.08; 30.65; 30.09
3	13	Sarah McGrath (W45)	EMAC	23.21	x; 23.21; x; 18.70
4	63	Claire Reid (W40)	SVHC	22.76	19.71; 22.76; 21.37; x
5	23	Paula Williams (W45)	MMAC	21.50	17.30; 20.42; 21.50; -
6	73	Claudia Cabbage (W45)	WMAA	18.19	18.19; 17.35; x; 16.07

W50 Hammer

Pos	Bib	Name	Club	Perf	
1	25	Marion Loveridge (W55)	MMAC	37.55	37.55; 37.47; 35.98; x
2	45	Jacquelyn Brett	SWVAC	36.81	36.01; x; 36.72; 36.81
3	55	Kim Weir (W55)	VAC	30.39	29.84; 27.68; x; 30.39
4	75	Renate Prells (W60)	WMAA	29.10	27.35; 27.92; 27.31; 29.10
5	15	Gaye Clarke (W55)	EMAC	27.18	25.13; 25.60; 27.18; 27.10
6	65	Emma Dawson	SVHC	25.36	25.36; 23.71; 23.69; x
7	35	Anne Thacker (W60)	SCVAC	22.58	22.58; 22.08; 19.89; 22.06

W35 Javelin

Pos	Bib	Name	Club	Perf	
1	23	Paula Williams (W45)	MMAC	33.08	29.70; 33.08; 32.51; x
2	63	Gillian Cooke	SVHC	25.61	25.61; 21.89; 24.96; 23.51
3	73	Amanda Broadhurst (W45)	WMAA	22.13	21.61; 20.71; 22.13; 21.92
4	13	Sarah McGrath (W45)	EMAC	20.45	16.83; x; 20.45; 19.59
5	43	Clare Taylor (W45)	SWVAC	18.45	18.45; 16.91; 16.28; 16.63
6	53	Tracey Gould (W40)	VAC	18.42	x; 17.76; 18.42; 16.90
7	33	Sally Parry (W40)	SCVAC	16.92	16.78; 16.92; 15.16; 15.90

W50 Javelin

Pos	Bib	Name	Club	Perf	
1	55	Caroline Garratt (W55)	VAC	31.51	CBP x; 31.51; x; 30.65
2	75	Lisa Franklin	WMAA	21.44	20.67; 19.66; 21.44; 20.76
3	15	Judith Jagger	EMAC	21.30	20.99; x; 18.51; 21.30
4	35	Anne Thacker (W60)	SCVAC	18.12	18.12; 17.89; x; x
5	65	Emma Dawson	SVHC	14.03	14.03; 14.03; 11.12; 12.09
6	25	Lorna Foster (W55)	MMAC	13.21	11.41; 13.21; 12.41; 12.99