


Welsh Masters Ladies

Club	1 st Name	Surname	P of 10 Profile	60 Indoors	100	200	400	800	1500	3000	2k Walk	60H	80/100H	PV	Shot	Discus	Jav	Hammer	L J	T J	H J
AGE GROUP 35-39																					
Parc Bryn Bach / Welsh Masters	Sarah	Coote	Show					2'34.08													
Deeside / Welsh Masters	Ali	McLellan	Show	8,79															4.56		
Newport / Welsh Masters	Eleri	Jones	Show	8,60		29.12															
Amman Valley / Welsh Masters	Llinos	Jones	Show					2'40.19	5'14.02	11'46.83											
Worcester/ Welsh Masters	Georgie	Parnell (Prior)	Show					2'23.24													
Worcester/ Welsh Masters	Victoria	Watkins	Show			31.06	69.74														
AGE GROUP 40-49																					
Bromsgrove & Redd / Welsh Masters	Joanne	Frost	Show	8,19								9.93							5.13		
Wrexham / Welsh Masters	Amanda	Cook	Show	8,78															4.51	9,20	
Portsmouth / Welsh Masters	Claudia	Cubbage	Show											2,20	9.15						1,30
Swansea / Welsh Masters	Helen-Marie	Davies	Show						10'59.89												
Rhondda / Welsh Masters	Ruth	Jansen	Show												9.42						
Lliswerry / Welsh Masters	Keri (Keri-Lyn)	Jones	Show					6'07.48													
Birchfield/Cardiff Met / Welsh Masters	Michelle	Thomas	Show	8,22		27.05															
Wrexham / Welsh Masters	Amanda	Broadhurst	Show	9,55		31.87		3'01.35				10.44			8.38				4,10	8.84	1.27

MTandFL Athletes

Club	1 st Name	Surname	P of 10 Profile	60 Indoors	100	200	400	800	1500	3000	2k Walk	60H	80/100H	PV	Shot	Discus	Jav	Hammer	L J	T J	H J
AGE GROUP 50-59																					
Forest of Dene/ Welsh Masters	Angela	Bryant	Show	9,36		31.38	87.72														
Bristol & West /Welsh Masters	Sarah	Everitt	Show					2'32.83	5'16.98	11'13.31											
LLanelli / Welsh Masters	Lisa	Franklin	Show												7.27						
Worcester/ Welsh Masters	Melanie	Garland	Show	8,97		30.42													4.66	9.38	1.36
Newport / Welsh Masters	Louise	Kirby	Show	9,30		31.53	71.39				15'37.48										
Pembrokeshire /Welsh Masters	Karen	Llewelin	Show												8.15	21.28		26.97			
Wimbledon Hercules /Welsh Masters	Alison	Murray	Show											3.02							1.41
Bromsgrove & Redd /Welsh Masters	Sharon	Samuel	Show			30,00															
Newport / Welsh Masters	Juliet	Sidney	Show	8,59		28.98															
Chelmsford /Welsh Masters	Clare	St. John-Coleman	Show	9,59															3,60		
Worcester/ Welsh Masters	Jan	Timberlake	Show	9,79								11.82							4.19	8,38	
AGE GROUP 60-69																					
Emlyn Runners /Welsh Masters	Helen	Lutley	Show						7'07.42												
Swansea / Welsh Masters	Renate	Prells	Show												7.48	20.08		30.13			
Worcester/ Welsh Masters	Ros	Townsend-Hope	Show			36,80	80.69	3'08.99													
Les Croupier /Welsh Masters	Andrea	Webster	Show							14'08.25											
Bromsgrove & Redd /Welsh Masters	Julie	Wakelam	Show													18.83	18.44	25.85	3.58	7.39	1.14

MTandFL Athletes

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AGE GROUP 70+																					
Worcester/ Welsh Masters	Iris	Holder	Show	11,38											5.43				2.95	6.14	
Swansea / Welsh Masters	Daphne	Marler	Show	14,23															2.02	4.95	
AGE GROUP 80+																					
Lincoln Wellington /Welsh Masters	Dorothy	Fraser	Show	13,33		54.16															
RELAYS					4x100	4x200															
Welsh Masters Ladies Team W35-49			Show			1'57.04															
Welsh Masters Ladies Team W50-59			Show			2'01.99															
Welsh Masters Ladies Team W60-69			Show			2'56.46															
																		Stat's Updated 12/3/2019 Roger Garland			