

Women's rankings 22/07/2022

Event									
60									
Eleri Jones	2022	V35	W	60	8.62	Sheffield	Run Jump Throw Series, Inc. Masters Grand Prix		2022-02-05
Rhiannon Jenkins	2022	V35	W	60	9.35	Lee Valley	England Masters Athletics Association Inter Area Challenge		2022-03-13
Dash Newington			W	60	9.44	Mackay, AUS	Oceania Championships		2022-06-07
Henrietta Anstey	2022	V45	W	60	9.65	Cardiff	Cardiff Met GP 2 New Year Non-Thomas Open		2022-01-23
Michelle Thomas	2022	V50	W	60	8.32	Braga, POR	European Masters Indoor Championships		2022-02-24
Juliet Sidney	2022	V50	W	60	8.82	Braga, POR	European Masters Indoor Championships		2022-02-24
Louise Kirby	2022	V50	W	60	9.50	Lee Valley	British Masters Indoor Championships		2022-03-06
Jan Timberlake	2022	V55	W	60	9.90	Lee Valley	British Masters Indoor Championships		2022-03-06
Angela Bryant	2022	V60	W	60	9.63	Lee Valley	England Masters Athletics Association Inter Area Challenge		2022-03-13
Clare St. John-Coleman	2022	V60	W	60	9.70	Lee Valley	British Masters Indoor Championships		2022-03-06
Nicola Buckwell	2022	V65	W	60	10.61	Lee Valley	British Masters Indoor Championships		2022-03-06
Caroline Marler	2022	V70	W	60	10.22	Braga, POR	European Masters Indoor Championships		2022-02-24
Iris Holder	2022	V80	W	60	12.02	Lee Valley	British Masters Indoor Championships		2022-03-06
Dorothy Fraser	2022	V80	W	60	14.75	Lee Valley	British Masters Indoor Championships		2022-03-06

100									
Eleri Jones	2022	V35	W	100	13.94	Nuneaton	Midland Masters AC Championships		2022-06-04
Dash Newington	2022	V35	W	100	15.39	Brisbane, AUS	Australian Masters Athletics Championships		2022-04-01
Amanda Cook	2022	V45	W	100	14.6	Salford	Northern League - West 2S		2022-07-10
Michelle Thomas	2022	V50	W	100	13.06	Tampere, FIN	WMA World Masters Championships British and WMAL Record		2022-06-30
Juliet Sidney	2022	V50	W	100	14.10	Tampere, FIN	WMA World Masters Championships		2022-06-29
Amanda Broadhurst	2022	V50	W	100	15.20	Wrexham	Cheshire League		2022-05-01
Louise Kirby	2022	V50	W	100	15.7	Cheltenham	Cheltenham Midsummer Open		2022-07-13
Sian Gifford	2022	V50	W	100	17.6	Southend	Eastern Masters League - Southern		2022-06-01
Jan Timberlake	2022	V55	W	100	16.74	Derby	BMAF Track & Field Championships		2022-06-11
Clare St. John-Coleman	2022	V60	W	100	15.23	Chelmsford	Southern Athletics League Division 1		2022-06-12
Angela Bryant	2022	V60	W	100	15.42	Derby	BMAF Track & Field Championships		2022-06-11
Nicola Buckwell	2022	V65	W	100	16.90	Derby	BMAF Track & Field Championships		2022-06-11
Caroline Marler	2022	V70	W	100	16.56	Tampere, FIN	WMA World Masters Championships		2022-06-30
Dorothy Fraser	2022	V80	W	100	23.99	Derby	BMAF Track & Field Championships		2022-06-11

150									
Angela Bryant	2022	V60	W	150	25.00	Gloucester	Gloucester Open		2022-04-24
Caroline Marler	2022	V70	W	150	25.65	Battersea Park	London Open		2022-04-30

200									
Eleri Jones	2022	V35	W	200	27.67	Tampere, FIN	WMA World Masters Championships		2022-07-02
Dash Newington	2022	V35	W	200	36.32	Lee Valley	British Masters Indoor Championships		2022-03-05
Victoria Watkins	2022	V40	W	200	31.91	Lee Valley	England Masters Athletics Association Inter Area Challenge		2022-03-13
Amanda Cook	2022	V45	W	200	31.5	Salford	Northern League - West 2S		2022-07-10
Claudia Cabbage	2022	V45	W	200	44.85	Abingdon	Southern Athletics League Division 2 West		2022-06-12
Michelle Thomas	2022	V50	W	200	27.06	Braga, POR	European Masters Indoor Championships		2022-02-26
Juliet Sidney	2022	V50	W	200	29.87	Tampere, FIN	WMA World Masters Championships		2022-07-02
Louise Kirby	2022	V50	W	200	31.80	Lee Valley	British Masters Indoor Championships		2022-03-05
Amanda Broadhurst	2022	V50	W	200	32.08	Bangor (W)	North Wales Championships		2022-05-15
Jan Timberlake	2022	V55	W	200	34.52	Tampere, FIN	WMA World Masters Championships		2022-07-01
Angela Bryant	2022	V60	W	200	32.88	Derby	BMAF Track & Field Championships		2022-06-11
Clare St. John-Coleman	2022	V60	W	200	35	Southend	Eastern Masters League - Southern		2022-06-01
Nicola Buckwell	2022	V65	W	200	35.78	Tampere, FIN	WMA World Masters Championships		2022-07-01
Caroline Marler	2022	V70	W	200	34.72	Tampere, FIN	WMA World Masters Championships		2022-07-01
Dorothy Fraser	2022	V80	W	200	56.16	Derby	BMAF Track & Field Championships		2022-06-11

300								
Michelle Thomas	2022	V50	W	300	43.82	Dagenham	Be Fit Today Outdoor Series	2022-05-01
Angela Bryant	2021	V60	W	300	55.47	Cardiff	Cardiff Met GP 1 'Christmas Classic'	2021-12-19
Caroline Marler	2022	V70	W	300	56.38	Battersea Park	London Open	2022-04-30

400								
Victoria Watkins	2022	V40	W	400	71.80	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Juliet Sidney	2022	V50	W	400	73.23	Cheltenham	Brewer Memorial Games	2022-05-02
Louise Kirby	2022	V50	W	400	76.81	Lee Valley	British Masters Indoor Championships	2022-03-06
Tracey Smedley	2022	V55	W	400	73.5	Chelmsford	Eastern Masters League - Southern	2022-06-22
Angela Bryant	2022	V60	W	400	80.74	Lee Valley	British Masters Indoor Championships	2022-03-06
Clare St. John-Coleman	2022	V60	W	400	97.8	Chelmsford	Eastern Masters League - Southern	2022-06-22

600								
Katy Roy	2022	V35	W	600	1:40.25	Cheltenham	Cheltenham Midsummer Open Welsh Masters Record	2022-07-06

800								
Katy Roy	2022	V35	W	800	2:16.95	Yeovil	Bill Whistlecroft Spring Open	2022-04-16
George Parnell	2022	V35	W	800	2:24.9	Tipton	Midland Counties Track & Field League Division 4SW	2022-07-17
Julie Chamberlain	2022	V35	W	800	2:45.41	Cardiff	Welsh Senior & U15 Championships	2022-01-30
Dash Newington	2022	V35	W	800	3:12.48	Brisbane, AUS	Australian Masters Athletics Championships	2022-04-01
Sharon Leech	2022	V50	W	800	3:01.1	Swansea	Welsh Masters Athletics League	2022-07-20
Louise Kirby	2022	V50	W	800	3:10.50	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Tracey Smedley	2022	V55	W	800	2:49.5	Southend	Eastern Masters League - Southern	2022-06-01
Jenny Phillips	2022	V55	W	800	2:56.95	Carmarthen	WA Event Specific Endurance & Field Events 2	2022-06-22
Jan Timberlake	2022	V55	W	800	3:58.49	Tampere, FIN	WMA World Masters Championships	2022-07-02
Nicola Buckwell	2022	V65	W	800	3:35.41	Tampere, FIN	WMA World Masters Championships	2022-07-02
Caroline Marler	2022	V70	W	800	3:27.76	Tampere, FIN	WMA World Masters Championships	2022-07-02

1500								
Katy Roy	2022	V35	W	1500	4:49.42	Cheltenham	Cheltenham Midsummer Open	2022-07-06
Jenny Phillips	2022	V55	W	1500	6:02.46	Derby	BMAF Track & Field Championships	2022-06-11
Isobel Dawson	2022	V40	W	1500	6:06.25	Carmarthen	WA Event Specific Endurance & Field Events 2	2022-06-22
Sarah Everitt	2022	V55	W	1500	5:21.59	Rugby	Midland Counties Track & Field League Division 1	2022-07-17
Annette Hames	2022	V60	W	1500	6:44.64	Jarrow	North East Masters AA Championships	2022-06-18

3000								
Katy Roy	2021	V35	W	3000	10:32.65	Cardiff	Cardiff Met GP 1 'Christmas Classic'	2021-12-19
Linos Jones	2022	V40	W	3000	11:29.76	Cardiff	National Athletics League - Premiership	2022-05-07
Isobel Dawson	2022	V40	W	3000	12:51.3	Swansea	Welsh Masters Athletics League	2022-07-20
Kay Chapman	2022	V50	W	3000	12:36.0	Swansea	Welsh Masters Athletics League	2022-07-20
Kelly Gipson	2022	V50	W	3000	13:55.2	Swansea	Welsh Masters Athletics League	2022-07-20
Sarah Everitt	2022	V55	W	3000	11:55.12	Rugby	Midland Counties Track & Field League Division 1	2022-07-17
Annette Hames	2022	V60	W	3000	13:53.7	Jarrow	North East Masters AA League	2022-05-16

60H								
Dash Newington	2022	V35	W	60HW	12.03	New York NY, USA	USATF Masters Indoor Championships	2022-03-18
Louise Kirby	2022	V50	W	60HWS0	13.68	Lee Valley	British Masters Indoor Championships	2022-03-05
Jan Timberlake	2022	V55	W	60HWS0	12.30	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Caroline Marler	2021	V70	W	60HW60	13.00	Sheffield	Run Jump Throw Series	2021-12-29

80H								
Amanda Broadhurst	2022	V50	W	80HW40	15.22	Nuneaton	Midland Masters AC Championships	2022-06-04
Louise Kirby	2022	V50	W	80HWS0	19.29	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Jan Timberlake	2022	V55	W	80HWS0	15.93	Tampere, FIN	WMA World Masters Championships	2022-07-09
Nicola Buckwell	2022	V65	W	80HW60	18.04	Derby	BMAF Track & Field Championships	2022-06-11
Caroline Marler	2022	V70	W	80HW60	18.26	Tampere, FIN	WMA World Masters Championships	2022-07-01

100H								
Dash Newington	2022	V35	W	100HW	19.38	Mackay, AUS	Oceania Championships	2022-06-07

200HW								
Caroline Marler	2022	V70	W	200HW70	39.26	Tampere, FIN	WMA World Masters Championships	2022-07-05

1500W								
Dash Newington	2022	V35	W	1500W	9:19.84	Brisbane, AUS	Australian Masters Athletics Championships	2022-04-01

3000W								
Dash Newington	2022	V35	W	3000W	20:00.75	New York NY, USA	USATF Masters Indoor Championships	2022-03-18

5000W								
Dash Newington	2022	V35	W	5000W	34:49.16	Mackay, AUS	Oceania Championships	2022-06-07

LJ								
Dash Newington	2022	V35	W	LJ	4.54	Brisbane, AUS	Australian Masters Athletics Championships	2022-04-01
Rhiannon Jenkins	2022	V35	W	LJ	3.65	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13
Amanda Cook	2022	V45	W	LJ	4.26	Salford	Northern League - West 2S	2022-07-10
Claudia Cabbage	2022	V45	W	LJ	2.78	Abingdon	Southern Athletics League Division 2 West	2022-06-12
Amanda Broadhurst	2022	V50	W	LJ	3.93	Bangor (W)	North Wales Championships	2022-05-15
Michelle Thomas	2022	V50	W	LJ	3.92	Sportcity	National Athletics League - Championship	2022-06-04
Louise Kirby	2022	V50	W	LJ	3.46	Lee Valley	British Masters Indoor Championships	2022-03-06
Jan Timberlake	2022	V55	W	LJ	4.29	Cheltenham	Midland Counties Track & Field League Division 3	2022-05-22
Jenny Phillips	2022	V55	W	LJ	3.65	Carmarthen	WA Event Specific Endurance & Field Events 2	2022-06-22
Clare St. John-Coleman	2022	V60	W	LJ	3.64	Chelmsford	Essex County Championships	2022-05-14
Nicola Buckwell	2022	V65	W	LJ	3.29	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Caroline Marler	2022	V70	W	LJ	3.10	Sheffield	BMAF Indoor Pentathlon & 3000m Championships (plus Winter Open Events)	2022-01-23
Daphne Marler	2022	V75	W	LJ	1.85	Carmarthen	WA Event Specific Endurance & Field Events 2	2022-06-22
Iris Holder	2022	V80	W	LJ	2.58	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13

TJ								
Dash Newington	2022	V35	W	TJ	9.25	Brisbane, AUS	Australian Masters Athletics Championships	2022-04-01
Amanda Cook	2022	V45	W	TJ	8.99	Salford	Northern League - West 2S	2022-07-10
Claudia Cabbage	2022	V45	W	TJ	6.46	Abingdon	Southern Athletics League Division 2 West	2022-06-12
Amanda Broadhurst	2022	V50	W	TJ	9.41	Wrexham	Cheshire League	2022-05-01
Jan Timberlake	2022	V55	W	TJ	8.97	Tampere, FIN	WMA World Masters Championships	2022-07-09
Jenny Phillips	2022	V55	W	TJ	7.23	Swansea	Welsh Masters Athletics League	2022-07-20
Clare St. John-Coleman	2022	V60	W	TJ	7.03	Chelmsford	Southern Athletics League Division 1	2022-06-12
Daphne Marler	2022	V75	W	TJ	3.65	Swansea	Welsh Masters Athletics League	2022-07-20
Iris Holder	2022	V80	W	TJ	6.10	Lee Valley	British Masters Indoor Championships	2022-03-06

HJ								
Dash Newington	2022	V35	W	HJ	1.35	Lee Valley	British Masters Indoor Championships	2022-03-06
Claudia Cabbage	2022	V45	W	HJ	1.10	Portsmouth	Southern Athletics League Division 2 West	2022-05-22
Louise Kirby	2022	V50	W	HJ	1.05	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Sian Gifford	2022	V50	W	HJ	1.00	Southend	Eastern Masters League - Southern	2022-06-01
Jan Timberlake	2022	V55	W	HJ	1.29	Tampere, FIN	WMA World Masters Championships	2022-07-01
Jan Timberlake	2022	V55	W	HJ	1.25	Sheffield	BMAF Indoor Pentathlon & 3000m Championships (plus Winter Open Events)	2022-01-23
Tracey Smedley	2022	V55	W	HJ	1.00	Southend	Eastern Masters League - Southern	2022-06-01
Clare St. John-Coleman	2022	V60	W	HJ	1.00	Southend	Eastern Masters League - Southern	2022-06-01
Nicola Buckwell	2022	V65	W	HJ	1.11	Tampere, FIN	WMA World Masters Championships	2022-07-01
Caroline Marler	2022	V70	W	HJ	1.19	Braga, POR	European Masters Indoor Championships	2022-02-27

PV								
Dash Newington	2022	V35	W	PV	2.70	Mackay, AUS	Oceania Championships	2022-06-07
Claudia Cabbage	2022	V45	W	PV	1.90	Portsmouth	Southern Athletics League Division 2 West	2022-05-22
Clare St. John-Coleman	2022	V60	W	PV	1.50	Chelmsford	Eastern Masters League - Southern	2022-06-22

SP								
Dash Newington	2022	V35	W	SP4K	7.32	Townsville, AUS	North Queensland Games	2022-04-29
Lesley Brown	2022	V45	W	SP4K	9.71	Bangor (W)	North Wales Championships	2022-05-15
Claudia Cubbage	2022	V45	W	SP4K	8.22	Uxbridge	Southern Athletics League Division 2 West	2022-07-16
Catherine Alford	2022	V45	W	SP4K	8.49	Cardiff	Welsh Senior & U15 Championships	2022-06-12
Amanda Broadhurst	2022	V50	W	SP3K	9.65	Derby	BMAF Track & Field Championships	2022-06-12
Louise Kirby	2022	V50	W	SP3K	6.18	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Sian Gifford	2022	V50	W	SP3K	5.45	Chelmsford	Eastern Masters League - Southern	2022-06-22
Jan Timberlake	2022	V55	W	SP4K	6.23	Cheltenham	Midland Counties Track & Field League Division 3	2022-05-22
Jan Timberlake	2022	V55	W	SP3K	7.77	Tampere, FIN	WMA World Masters Championships	2022-07-01
Nicola Buckwell	2022	V65	W	SP3K	7.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Clare St. John-Coleman	2022	V60	W	SP3K	5.11	Chelmsford	Eastern Masters League - Southern	2022-06-22
Caroline Marler	2022	V70	W	SP3K	8.18	Braga, POR	European Masters Indoor Championships	2022-02-27
Iris Holder	2022	V80	W	SP3K	5.34	Lee Valley	England Masters Athletics Association Inter Area Challenge	2022-03-13

HT								
Dash Newington	2022	V35	W	HT4K	27.50	Mackay, AUS	Oceania Championships	2022-06-07
Lesley Brown	2022	V45	W	HT4K	43.50	Ellesmere Port	Dan Gilroy Memorial Track & Field Open Meetings	2022-03-26
Catherine Alford	2022	V45	W	HT4K	30.35	Cardiff	Welsh Senior & U15 Championships	2022-06-12
Claudia Cubbage	2022	V45	W	HT4K	16.75	Milton Keynes	National Athletics League - Division 1	2022-05-07
Michelle Thomas	2022	V50	W	HT4K	13.66	Sportcity	National Athletics League - Championship	2022-06-04
Jan Timberlake	2022	V55	W	HT3K	22.93	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Renate Prellis	2022	V65	W	HT3K	26.74	Swansea	Welsh Masters Athletics League	2022-07-20
Daphne Marler	2022	V75	W	HT3K	12.12	Swansea	Welsh Masters Athletics League	2022-07-20

DT								
Dash Newington	2022	V35	W	DT1K	23.99	Mackay, AUS	Oceania Championships	2022-06-07
Lesley Brown	2022	V45	W	DT1K	27.85	Bangor (W)	North Wales Championships	2022-05-15
Catherine Alford	2022	V45	W	DT1K	23.19	Aberdare	South & East Wales Regional Championships	2022-05-14
Claudia Cubbage	2022	V45	W	DT1K	22.01	Portsmouth	National Athletics League - Division 1	2022-06-04
Sian Gifford	2022	V50	W	DT1K	13.60	Southend	Eastern Masters League - Southern	2022-06-01
Jan Timberlake	2022	V55	W	DT1K	22.07	Redditch	Midland Veterans League South	2022-06-15
Tracey Smedley	2022	V55	W	DT1K	13.61	Southend	Eastern Masters League - Southern	2022-06-01
Renate Prellis	2022	V65	W	DT1K	17.30	Swansea	Welsh Masters Athletics League	2022-07-20
Clare St. John-Coleman	2022	V60	W	DT1K	10.56	Chelmsford	Eastern Masters League - Southern	2022-06-22

JT								
Dash Newington	2022	V35	W	JT600	19.20	Brisbane, AUS	Australian Masters Athletics Championships	2022-04-01
Lesley Brown	2022	V45	W	JT600	19.22	Wrexham	Cheshire League	2022-05-01
Amanda Cook	2022	V45	W	JT600	19.20	Wrexham	Northern League - West 25 - No hammer or discus	2022-06-12
Claudia Cubbage	2022	V45	W	JT600	19.20	Portsmouth	National Athletics League - Division 1	2022-06-04
Amanda Broadhurst	2022	V50	W	JT500	24.66	Derby	BMAF Track & Field Championships	2022-06-12
Sian Gifford	2022	V50	W	JT500	7.88	Southend	Eastern Masters League - Southern	2022-06-01
Jan Timberlake	2022	V55	W	JT600	23.83	Cheltenham	Midland Counties Track & Field League Division 3	2022-05-22
Jan Timberlake	2022	V55	W	JT500	23.68	Tampere, FIN	WMA World Masters Championships	2022-07-02
Nicola Buckwell	2022	V65	W	JT500	17.07	Derby	BMAF Track & Field Championships	2022-06-11
Caroline Marler	2022	V70	W	JT600	16.33	Doncaster	Doncaster Open Meeting	2022-05-28
Caroline Marler	2022	V70	W	JT500	19.76	Tampere, FIN	WMA World Masters Championships	2022-07-02

WT9.08K								
Dash Newington	2022	V35	W	WT9.08K	9.52	Brisbane, AUS	Australian Masters Athletics Championships	2022-04-01
Lesley Brown	2022	V45	W	WT9.08K	11.98	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Jan Timberlake	2022	V55	W	WT7.26K	8.41	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08

PenWt35								
Dash Newington	2022	V35	W	PenWtW35	1845.00	Brisbane, AUS	Australian Masters Athletics Championships	2022-04-01
Lesley Brown	2022	V45	W	PenWtW45	3229.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Louise Kirby	2022	V50	W	PenW50	1779.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Jan Timberlake	2022	V55	W	PenWtW55	2671.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Nicola Buckwell	2022	V65	W	PenW65	3135.00	Horspath	British Masters Championships: Pentathlon, Throws Pentathlon, 10000m incl Walks	2022-05-08
Caroline Marler	2022	V70	W	PenW70	3959.00	Sheffield	BMAF Indoor Pentathlon & 3000m Championships (plus Winter Open Events)	2022-01-23

HepW65								
Nicola Buckwell	2022	V65	W	HepW65	4380	Tampere, FIN	WMA World Masters Championships Welsh Masters RECORD	2022-07-02
HepW70								
Caroline Marler	2022	V70	W	HepW70	5748	Tampere, FIN	WMA World Masters Championships	2022-07-02