

WMAA Men's Season 2018 Final Rankings

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
50								
	Russell	Whiting	V50	6.70	i	Horsham	am BS Oper	11/01/2018
60								
	Stuart	Pearce	V40	7.66	i	Cardiff	GP3: Non-Th	04/02/2018
	Paul	Evans	V40	8.65	i	Cardiff	GP3: Non-Th	04/02/2018
	Ian	Williams	V40	9.07	i	Cardiff	GP3: Non-Th	04/02/2018
	James	Morgan	V45	8.14	0	Yate	Hurdles Cl	08/04/2018
	Jason	Elworthy	V45	13.42	i	Cardiff	Cardiff Met GP3: Non-Th Thomas Open	04/02/2018
	Chris	Millard	V50	7.62	i	Cardiff	GP3: Non-Th	04/02/2018
	Robin	Wood	V50	8.34	i	Lee Valley	Masters Inter A	04/03/2018
	Keith	Powell	V55	8.53	i	Lee Valley	Masters Champ	10/03/2018
	Ian	Broadhurst	V60	8.43	i	Cardiff	GP3: Non-Th	04/02/2018
	Kieran	McDonnell	V60	8.68	i	Cardiff	GP3: Non-Th	04/02/2018
	Roderick	Davies	V60	8.83	i	Madrid, ESP	Masters Indoor C	20/03/2018
	Jon	Clarke	V60	9.52	0	Exeter	Exening Open	27/03/2018
	Brian	Williamson	V65	9.35	i	Cardiff	GP3: Non-Th	04/02/2018
	Glyn	Sutton	V70	8.27	i	Madrid, ESP	Masters Indoor C	21/03/2018
	Mel	James	V70	10.27	i	Cardiff	GP3: Non-Th	04/02/2018
	John	Gardener	V75	11.30	i	Cardiff	GP3: Non-Th	04/02/2018
	Phil	Rees	V75	12.31	i	Cardiff	GP3: Non-Th	04/02/2018
	John	Evans	V80	11.04	i	Lee Valley	GP3 (inc South)	25/02/2018
	Hubert	Daniels	V85	15.90	i	Cardiff	GP3: Non-Th	04/02/2018
60MH								
	Derek	Osborne	V50	10.67	i	Cardiff	GP2: New Y	14/01/2018
	Glyn	Price	V50	10.77	i	Lee Valley	Masters Inter A	04/03/2018
	Martin	Davies	V60	13.80	i	Cardiff	GP2: New Y	14/01/2018
	Mark	Wyndham-Jones	V65	12.49	i	Lee Valley	GP3 (inc South)	25/02/2018
	Brian	Williamson	V65	13.47	i	Lee Valley	Championships	25/02/2018
80								
	Jon	Clarke	V60	12.20	0	Stourport	& Stourpo	08/04/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
100								
	Seriashe	Childs	V35	11.48	0	Exeter	ening Oper	31/07/2018
	Lee	Richards	V35	12.24	0	Cardiff	thTheWind	20/06/2018
	Ioan	Hughes	V35	13.02	0	Kettering	Harriers Flo	07/08/2018
	Stephen	Buttler	V40	11.90	0	uch Wenlo	lympian Ga	15/07/2018
	Stuart	Pearce	V40	12.25	0	Solihull	ers Inter A	08/07/2018
	Scott	Browne	V40	13.55	0	Nuneaton	sters AC Ch	03/06/2018
	Paul	Evans	V40	14.10	0	Neath	s Athletics L	20/05/2018
	James	Morgan	V45	12.46	w	Cardiff	thTheWind	16/05/2018
	Chris	Millard	V50	11.70	0	stoke Giffor	Avon Leagu	15/07/2018
	Russell	Whiting	V50	12.00	0	Eastbourne	Veterans'	25/04/2018
	Robin	Wood	V50	14.04	0	Neath	Regional Ch	13/05/2018
	Paul	Williams	V55	12.87	0	Nuneaton	sters AC Ch	03/06/2018
	Ian	Broadhurst	V60	13.17	w	Solihull	ers Inter A	08/07/2018
	Kieran	McDonnell	V60	13.39	w	Cardiff	thTheWind	16/05/2018
	Roderick	Davies	V60	14.14	0	Exeter	Veterans CP	17/06/2018
	Jon	Clarke	V60	15.30	0	Kettering	g Town Harri	21/04/2018

110H								
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	Mark	Wyndham-Jones	V65	14.07	0	Malaga, ES	sters Cham	06/09/2018
	Brian	Williamson	V65	16.38	0	Nuneaton	sters AC Ch	03/06/2018

	Glyn	Sutton	V70	13.48	0	Solihull	ers Inter A	08/07/2018
	Mel	James	V70	16.09	0	Malaga, ES	sters Cham	05/09/2018
	Paul	Allen	V70	18.80	0	Dudley	ans' League	27/06/2018

	John	Gardener	V75	18.51	0	Nuneaton	sters AC Ch	03/06/2018
	John	Evans	V80	18.44	0	Solihull	ns' League	01/09/2018

100MH								
	Keith	Powell	V55	21.51	0	Sheffield	bnships, inc	15/07/2018

	Mark	Wyndham-Jones	V65	20.80	0	Norwich	bunty Cham	12/05/2018
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Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
200								
	Lee	Richards	V35	24.58	0	Cardiff	thTheWind	20/06/2018
	Ioan	Hughes	V35	26.91	0	Kettering	Harriers Flo	07/08/2018
	Stephen	Mathers	V35	27.15	i	Cardiff	et GP2: New	14/01/2018
	Stuart	Pearce	V40	25.16	i	Lee Valley	masters Chang	11/03/2018
	Scott	Browne	V40	26.77	i	Cardiff	et GP2: New	14/01/2018
	James	Morgan	V45	25.96	0	Cardiff	thTheWind	20/06/2018
	Chris	Millard	V50	24.82	w	Solihull	sters Inter Arc	08/07/2018
	Russell	Whiting	V50	25.50	0	Lewes	Veterans'	11/06/2018
	Robin	Wood	V50	29.65	i	Lee Valley	masters Inter A	04/03/2018
	Charles	Northey	V50	31.93	0	Cardiff	Athletics L	22/04/2018

	Keith	Powell	V55	27.00	0	Horspath	/ Pentathlon/	03/06/2018
	Austin	Davies	V55	29.66	i	Cardiff	et GP2: New	14/01/2018
	Ian	Broadhurst	V60	26.49	0	Solihull	sters Inter Arc	08/07/2018
	Kieran	McDonnell	V60	27.52	0	Nuneaton	sters AC Ch	03/06/2018
	Roderick	Davies	V60	29.04	i	Madrid, ESP	sters Indoor C	22/03/2018
	Jon	Clarke	V60	33.73	w	Cardiff	thTheWind	16/05/2018
	John	Watkins	V60	35.98	0	Nuneaton	sters AC Ch	03/06/2018
	Mark	Wyndham-Jones	V65	30.10	0	Horspath	Pentathlon	03/06/2018
	Glyn	Sutton	V70	27.82	i	Cardiff	et GP2: New	14/01/2018
	Mel	James	V70	33.90	i	Cardiff	et GP2: New	14/01/2018
	John	Gardener	V75	39.48	0	Nuneaton	sters AC Ch	03/06/2018
	Phil	Rees	V75	49.58	i	Cardiff	et GP2: New	14/01/2018
	John	Evans	V80	40.30	0.00	Solihull	ns' League	01/09/2018

300								
	Jon	Clarke	V60	65.78	0	Exeter	Exening Open	27/03/2018

300MH								
	David	Murrie	V55	51.24	0	Nuneaton	sters AC Ch	03/06/2018
	Ian	Broadhurst	V60	48.57	0	Nuneaton	sters AC Ch	03/06/2018
	Jon	Clarke	V60	02:00.73	0	Sheffield	bnships, inc	14/07/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
400								
	Dale	Garland	V35	49.59	i	Sheffield	Ed Festival Indo	28/01/2018
	Lee	Richards	V35	54.73	0	Cardiff	athletics L	22/04/2018
	Owen	Chesher	V35	55.22	0	Swansea	athletics L	10/06/2018
	Peter	Watkeys	V35	55.64	0	Solihull	sters Inter Ar	08/07/2018
	Scott	Browne	V40	57.97	0	Nuneaton	sters AC Cha	03/06/2018
	Paul	Flynn	V50	66.99	0	Solihull	sters Inter A	08/07/2018
	Paul	Williams	V55	62.10	0	Telford	ans' League	02/05/2018
	Keith	Powell	V55	63.58	0	Sheffield	nsships, inc	14/07/2018
	Darryn	McAtee	V55	65.48	0	Swansea	athletics L	10/06/2018
	Kieran	Mcdonnell	V60	61.09	0	Swansea	athletics L	10/06/2018
	Ian	Broadhurst	V60	61.72	i	Lee Valley	masters Champ	10/03/2018
	Jon	Clarke	V60	121.59	0	Sheffield	nsships, inc	14/07/2018
	Mark	Wyndham-Jones	V65	75.61	0	Malaga, ESP	sters Cham	06/09/2018
	Paul	Allen	V70	85.30	0	Dudley	ans' League	27/06/2018
	Barrie	Roberts	V70	90.47	0	Solihull	sters Inter A	08/07/2018
	John	Gardener	V75	91.60	i	Cardiff	GP3: Non-Th	04/02/2018

400MH								
	Glyn	Price	V50	87.56	0	Hendon	League Divi	04/08/2018

800								
	Peter	Watkeys	V35	02:01.85	0	Malaga, ESP	sters Champ	09/09/2018
	Paul	Clarke	V35	02:02.89	0	Newport	letics Endur	01/08/2018
	Stephen	Mathers	V35	02:08.78	i	Cardiff	et GP2: New V	14/01/2018
	Scott	Browne	V40	02:09.14	i	Lee Valley	masters Champ	11/03/2018
	Warwick	Helps	V40	02:16.19	0	St. Peter Post	st Athletics	23/06/2018
	Matthew	Gurmin	V45	02:14.25	i	Lee Valley	masters Champ	11/03/2018
	Andy	Peet	V45	02:26.50	0	Kettering	Town Harr	21/04/2018
	Charles	Northey	V50	02:21.82	0	Cardiff	les Regiona	12/05/2018
	Steve	Toogood	V55	02:09.93	i	Sheffield	Festival Inc	28/01/2018
	Austin	Davies	V55	02:29.00	0	Peterborough	athletics League	19/05/2018
	Ian	Humphreys	V55	02:39.90	0	Malaga, ESP	sters Cham	09/09/2018
	Clive	Osmond	V55	02:51.40	i	Cardiff	et GP2: New V	14/01/2018
	Richard	Marks	V65	02:40.67	0	Solihull	sters Inter A	08/07/2018
	Barrie	Roberts	V70	03:16.30	i	Madrid, ESP	sters Indoor C	22/03/2018
	John	Gardener	V75	03:20.48	0	Nuneaton	sters AC Ch	03/06/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
1000								
	Mark	Wyndham-Jones	V65	04:59.84	i	Lee Valley	ops (inc South	25/02/2018
	Brian	Williamson	V65	05:12.51	i	Lee Valley	Championships	25/02/2018

1500								
	Peter	Watkeys	V35	04:14.73	0	Birmingham	sters Cham	25/08/2018
	Doug	Nicholls	V35	04:31.16	i	Cardiff	GP3: Non-Th	04/02/2018
	Paul	Clarke	v35	04:22.68	0	Solihull	ers Inter A	00:00:00
	Scott	Browne	V40	04:29.14	0	Swansea	sh Athletics Le	10/06/2018
	Lee	Garland	v40	04:34.81	0	Birmingham	sters Cham	25/08/2018
	John	Peters	v40	04:42.40	0	Portsmouth	path AC Op	24/05/2018
	Matthew	Gurmin	V45	04:28.26	i	Cardiff	GP3: Non-Th	04/02/2018
	Adrian	Lewis	V45	04:53.50	i	Cardiff	GP3: Non-Th	04/02/2018
	David	Skidmore	v40	04:58.40	0	Portsmouth	path AC Op	24/05/2018
	Lee	Aherne	v50	04:46.06	0	Neath	Athletics L	20/05/2018
	Paul	Flynn	V50	04:55.61	i	Lee Valley	sters Inter A	04/03/2018
	Charles	Northey	v50	05:01.88	0	Neath	Athletics L	20/05/2018
	Sean	McCormack	v50	05:23.74	0	Deeside	Regional Ch	13/05/2018
	Chris	Millard	v50	06:09.00	0	Stoke Gifford	Avon Leagu	15/07/2018
	Mark	Roberts	V55	05:18.98	0	Neath	sh Athletics Le	20/05/2018
	Austin	Davies	V55	05:24.63	0	Nuneaton	sters AC Ch	03/06/2018
	Clive	Osmond	V55	05:51.51	i	Cardiff	GP3: Non-Th	04/02/2018
	Ian	Humphreys	V55	05:52.74	0	Malaga, ES	sters Cham	15/09/2018
	Keith	Powell	v55	07:05.90	0	Horspath	Pentathlon	03/06/2018
	Huw	Roberts	V60	05:37.99	i	Cardiff	GP3: Non-Th	04/02/2018
	Richard	Marks	v65	05:27.68	0	Solihull	ers Inter A	08/07/2018
	Mark	Wyndham-Jones	v65	08:10.88	0	Horspath	Pentathlon	03/06/2018
	Paul	Allen	v70	06:17.30	0	Dudley	ans' League	27/06/2018
	Barrie	Roberts	V70	06:37.26	i	Cardiff	GP3: Non-Th	04/02/2018
	John	Gardener	V75	06:27.90	i	Cardiff	GP3: Non-Th	04/02/2018

Mile								
	Doug	Nicholls	v35	04:40.63	0	Cardiff	Met Miles Op	27/06/2018
	Mark	Horsman	v40	05:04.72	0	Cardiff	Met Miles Op	27/06/2018
	Richard	Jones	V45	04:49.06	0	Cardiff	Met Miles Op	27/06/2018
	Matthew	Gurmin	v45	5:00:00	0	arc Bryn Ba	ones 1 mile	20/07/2018
	Andy	Peet	v45	5:06:00	0	London	Westminst	27/05/2018
	Adrian	Lewis	v45	05:06.25	0	Cardiff	Met Miles Op	27/06/2018
	Lee	Aherne	v50	04:57.20	0	Cardiff	Met Miles Op	27/06/2018
	Jeremy	Mower	v50	5:14:00	0	on-on-the-	One Mile C	21/07/2018
	Mike	Robbins	v50	05:20.10	0	Wrexham	land Leagu	04/08/2018
	Haydn	Hartnell	v55	5:45:00	0	arc Bryn Ba	ones 1 mile	18/05/2018
	Mark	Roberts	v55	05:50.48	0	Cardiff	Met Miles Op	27/06/2018
	Mike	Murphy	v60	06:04.92	0	Cardiff	Met Miles Op	27/06/2018
	Huw	Roberts	v60	06:23.71	0	Cardiff	Met Miles Op	27/06/2018
	Barrie	Roberts	v70	07:06.25	0	ingham Univ	of Birmingh	23/06/2018
	John	Gardener	V75	06:53.12	0	Cardiff	Met Miles Op	27/06/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
1500s/c								
	Mark	Roberts	v55	06:35.88	0	Swansea	Athletics L	10/06/2018
2000s/c								
	Jeremy	Mower	v50	07:22.00	0	Leamington	League Di	06/05/2018
3000/sc								
	Jeremy	Mower	v50	11:17.44	00:00.0	Coventry	League Di	05/08/2018
3000								
	Doug	Nicholls	V35	09:43.29	0	Cardiff	Athletics L	22/04/2018
	Warwick	Helps	V40	10:16.95	0	St. Peter P	rust Challe	08/07/2018
	David	Skidmore	V40	10:29.20	0	Portsmouth	AC Open N	15/09/2018
	Lee	Jones	V45	08:57.93	0	Stretford	AC Grand P	12/06/2018
	Lee	Aherne	v50	09:39.14	0	Solihull	sters Inter A	08/07/2018
	Paul	Flynn	V50	10:41.70	0	Cardiff	sh Athletics Le	22/04/2018
	Charles	Northey	v50	10:53.46	0	Cardiff	Athletics L	22/04/2018
	Sean	McCormack	v50	11:20.24	0	Deeside	Regional Ch	13/05/2018
	Mike	Murphy	v60	12:04.57	0	Solihull	sters Inter A	08/07/2018
	Paul	Allen	V70	13:03.60	0	Worcesters	ans' League	25/07/2018
	Barrie	Roberts	V70	14:06.45	0	Coventry	ire Open Gr	06/06/2018
5000								
	Warwick	Helps	V40	17:36.80	0	St. Peter P	AC Endura	26/04/2018
	Lee	Garland	V40	17:44.70	0	St. Peter P	AC Endura	26/04/2018
	David	Skidmore	V40	18:15.31	0	Wimbledon	edon 5000	15/08/2018
	Lee	Jones	V45	16:17.17	0	Nuneaton	sters AC Ch	03/06/2018
	Andy	Peet	V45	17:13.24	0	Nuneaton	sters AC Ch	03/06/2018
	Adrian	Lewis	V45	19:06.39	0	Nuneaton	sters AC Ch	03/06/2018
	Jeremy	Mower	V50	17:46.80	0	Cheltenham	lidssummer	25/07/2018
	Mike	Robbins	V50	19:20.40	0	Wrexham	land League	04/08/2018
	Sean	McCormack	V50	19:28.65	0	Nuneaton	sters AC Ch	03/06/2018
	Ian	Humphreys	V55	22:07.56	0	Birmingham	sters Cham	26/08/2018
	Darryn	McAtee	V55	21:22.00	0	Stourport	League Di	06/05/2018
	David	Proffitt	V60	23:08.08	0	Malaga, ES	sters Cham	12/09/2018
	Barrie	Roberts	V70	25:20.09	0	Malaga, ES	sters Cham	12/09/2018
10000								
	Jeremy	Mower	V50	36:27.40	0	Cheltenham	re County C	07/09/2018
	John	Gardener	V75	47:27:00	0	Llanelli	Road Runn	23/06/2018
	Ken	Buckle	V75	60:29:00	0	Cirencester	Park Summ	13/06/2018
2000W								
	Paul	Flynn	V50	12:00.71	0	Solihull	sters Inter Arc	08/07/2018
	Robin	Wood	V50	14:58.57	i	Lee Valley	sters Inter A	04/03/2018
3000W								
	Jon	Clarke	v60	26:43.65	0	Birmingham	sters Cham	25/08/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
HJ								
	Owen	Chesher	V35	1.83	0	Cardiff	Senior Champ	14/07/2018
	Glyn	Price	V50	1.45	i	Lee Valley	Masters Inter A	04/03/2018
	Derek	Osborne	V50	1.30	0	Newport	Athletics L	11/08/2018
	Gwynn	Wallace	V50	1.25	0	Bracknell	terans' Lea	04/06/2018
	Robin	Wood	V50	1.20	i	Lee Valley	Masters Inter A	04/03/2018

	Keith	Powell	V55	1.35	0	Solihull	sters Inter Arc	08/07/2018
	Dave	Shields	V55	1.08	i	Lee Valley	s (inc South	25/02/2018
	Chris	Berry	V60	1.25	0	Nuneaton	sters AC Cha	03/06/2018
	Jon	Clarke	V60	0.85	0	Cleckheaton	Masters Cha	24/06/2018
	Mark	Wyndham-Jones	V65	1.32	0	Norwich	County Champ	13/05/2018
	Brian	Williamson	V65	1.15	i	Cardiff	GP3: Non-Th	04/02/2018
	Allan	Cheers	V70	1.20	i	Lee Valley	Masters Inter A	04/03/2018
	Phil	Rees	V75	0.80	0	Nuneaton	sters AC Ch	03/06/2018

LJ								
	Dale	Gariand	V35	6.39	i	Sheffield	id Festival Indo	28/01/2018
	Ioan	Hughes	V35	5.84	0	Kettering	Town Harr	25/08/2018
	Stephen	Buttler	V40	5.15	i	Birmingham	(Counties Op	27/01/2018
	Paul	Evans	V40	2.96	w	Swansea	Athletics L	10/06/2018
	Jason	Elworthy	V45	2.24	0	Cardiff	ales Regional	12/05/2018
	Derek	Osborne	V50	4.52	i	Cardiff	et GP2: New Y	14/01/2018
	Robin	Wood	V50	4.47	0	Neath	Regional Cha	13/05/2018
	Chris	Millard	V50	4.44	0	Yate	Avon Leagu	01/07/2018
	Keith	Powell	V55	4.69	0	Horspath	Pentathlon /	03/06/2018
	Dave	Shields	V55	4.17	i	Lee Valley	ps (inc South c	25/02/2018
	David	Murrie	V55	4.05	0	Nuneaton	sters AC Ch	03/06/2018
	Dave	Stokes	V55	3.73	0	Salford	gland League	08/07/2018
	Roderick	Davies	V60	4.21	0	Exeter	Veterans Cha	17/06/2018

	Jon	Clarke	V60	2.96	0	Cleckheaton	Masters Cha	24/06/2018
	Mark	Wyndham-Jones	V65	4.09	0	Horspath	Pentathlon /	03/06/2018
	Brian	Williamson	V65	3.82	i	Lee Valley	hampionships	25/02/2018

	Allan	Cheers	V70	3.57	i	Lee Valley	Masters Inter A	04/03/2018
	Phil	Rees	V75	2.36	i	Cardiff	et GP2: New Y	14/01/2018
	John	Evans	V80	2.81	i	Lee Valley	s (inc South	25/02/2018

TJ								
	Jason	Elworthy	V45	4.44	i	Cardiff	et GP2: New Y	14/01/2018
	Robin	Wood	V50	9.46	i	Lee Valley	Masters Inter A	04/03/2018
	Derek	Osborne	V50	9.22	0	Neath	Athletics Le	20/05/2018
	Keith	Powell	V55	9.61	0	Newport	League Div	07/07/2018
	Dave	Shields	V55	9.20	0	Solihull	sters Inter Arc	08/07/2018
	Paul	Williams	V55	9.06	0	Telford	ans' League	02/05/2018
	Dave	Stokes	V55	7.83	i	Connah's Quay	Wales Champi	13/01/2018
	Jon	Clarke	V60	5.71	0	Cleckheaton	Masters Cha	24/06/2018
	Allan	Cheers	V70	8.09	i	Lee Valley	Masters Champ	11/03/2018
	Phil	Rees	V75	5.64	0	Nuneaton	sters AC Cha	03/06/2018
	John	Evans	V80	6.65	i	Lee Valley	s (inc South	25/02/2018

PV								
	Owen	Chesher	V35	2.50	0	Cardiff	Athletics L	22/04/2018
	Navid	Childs	V35	2.10	0	Bedford	League Div	07/07/2018
	Dave	Gordon	V45	3.51	i	Carshalton	Memorial Po	23/09/2018
	Glyn	Price	V50	4.05	0	Malaga, ESP	Masters Champ	11/09/2018
	Derek	Osborne	V50	2.70	i	Cardiff	et GP2: New Y	14/01/2018
	Keith	Powell	V55	2.82	0	Solihull	sters Inter Arc	08/07/2018
	Dave	Stokes	V55	2.50	i	Connah's Quay	Wales Champi	13/01/2018
	Martin	Davies	V60	2.76	i	Carshalton	Vault London	11/02/2018
	Mark	Wyndham-Jones	V65	2.10	0	Sheffield	onships, inc	15/07/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
SP7.26K								
	Ian	Williams	V40	9.35	i	Lee Valley	masters Inter A	04/03/2018
	Paul	Evans	V40	6.45	i	Cardiff	GP3: Non-Th	04/02/2018
	Graham	Holder	V45	10.69	0	Tooting	letics Leagu	23/06/2018
	Peter	Roberts	V45	10.10	0	Leigh	League Divi	05/05/2018
	Martin	Tucker	V50	9.15	0	Warrington	land League	04/08/2018
	Gwynn	Wallace	V50	8.95	0	Abingdon	letics Leagu	20/05/2018
	Derek	Osborne	V50	7.31	0	Neath	Athletics L	20/05/2018
	Dave	Stokes	V55	7.74	0	Salford	land League	08/07/2018
	Chris	Berry	V60	8.60	0	Cardiff	Athletics L	22/04/2018
	Geoff	Ward	V65	9.89	0	Deeside	Regional Ch	13/05/2018
	Mark	Wyndham-Jones	V65	7.83	0	King's Lynn	Anglian Lea	29/04/2018

SP6K								
	Andrew	Turner	V50	10.30	0	ournemou	ounty Cham	13/05/2018
	Martin	Tucker	V50	9.94	0	onnah's Que	de Open M	15/04/2018
	Gwynn	Wallace	V50	9.71	0	Derby	entathlon C	19/05/2018
	David	Glendower	V50	8.36	0	Bromley	y Club Champ	21/05/2018

	Glyndwr	Pugh	V55	9.98	i	Cardiff	GP3: Non-Th	04/02/2018
	Dave	Stokes	V55	9.04	0	Deeside	s Regional Cha	13/05/2018
	Keith	Powell	V55	8.12	0	Sheffield	onships, inc	14/07/2018

SP5K								
	Jason	Elworthy	V45	6.85	0	Cardiff	Athletics L	22/04/2018
	Chris	Berry	V60	9.28	0	Solihull	sters Inter Arc	08/07/2018
	Chris	Pruski	V60	8.41	0	Nuneaton	sters AC Cha	03/06/2018
	Jon	Clarke	V60	6.01	0	Sheffield	onships, inc	15/07/2018
	Mark	Wyndham-Jones	V65	10.27	0	Southend	sters AC Char	11/08/2018
	Paul	Brooks	V65	7.90	0	Nuneaton	sters AC Ch	03/06/2018
	Brian	Williamson	V65	7.28	i	Lee Valley	hampionships	25/02/2018
	Roderick	Davies	V60	6.93	i	Lee Valley	masters Inter A	04/03/2018

SP4K								
	Ian	Bowles	V70	9.16	0	Solihull	sters Inter A	08/07/2018
	Ian	Robinson	V70	8.03	i	Lee Valley	masters Inter A	04/03/2018
	Phil	Rees	V75	6.77	0	Exeter	s: Veterans Cha	17/06/2018
	John	Evans	V80	5.48	0	Nuneaton	rans' Leagu	16/05/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
JT500								
	Phil	Rees	V75	12.20	0	Nuneaton	sters AC Ch	03/06/2018
JT600								
	Chris	Pruski	V60	29.94	0	Lee Valley	Winter Throw	10/03/2018
	Chris	Berry	V60	23.34	0	Nuneaton	sters AC Ch	03/06/2018
	Jon	Clarke	V60	10.94	0	Cleckheaton	masters Cha	24/06/2018
JT 600								
	Mark	Wyndham-Jones	V65	30.47	0	Southend	sters AC Ch	11/08/2018
	Geoff	Ward	V65	30.42	0	Wrexham	ial Fling Thr	30/09/2018
JT700								
	Martin	Tucker	V50	44.34	0	Bangor	GA Menai C	16/09/2018
	Gwynn	Wallace	V50	36.29	0	Abingdon	ries Kear M	25/03/2018
	David	Glendower	V50	21.95	0	Malaga, ES	sters Cham	13/09/2018
	Andrew	Turner	V50	20.02	0	ournemou	emouth AC	09/09/2018
	Jonathan	Powell	V55	38.21	0	Lee Valley	Winter Throw	10/03/2018
	Keith	Powell	V55	24.16	0	Horspath	Pentathlon	03/06/2018
	Dave	Stokes	V55	24.11	0	onnah's Qu	de Open M	15/04/2018
	Chris	Pruski	V60	27.68	0	Solihull	sters Inter A	08/07/2018
	Paul	Allen	V70	18.44	0	Dudley	ans' League	27/06/2018
JT800								
	Martin	Tucker	V50	39.29	0	Cardiff	nior Cham	14/07/2018
	Ian	Williams	V40	30.69	0	Nuneaton	sters AC Cha	03/06/2018
	Paul	Evans	V40	17.56	0	Cardiff	les Regiona	12/05/2018
	Graham	Holder	V45	29.73	0	Tonbridge	eterans' Le	25/05/2018
	Jason	Elworthy	V45	10.60	0	Cardiff	les Regiona	12/05/2018
	Gwynn	Wallace	V50	35.54	0	Walton	letics Leagu	14/04/2018
	Charles	Northey	V50	32.47	0	Neath	Athletics L	20/05/2018
	Derek	Osborne	V50	26.73	0	Neath	Athletics L	20/05/2018
	Chris	Millard	V50	26.70	0	Yate	unty Champ	12/05/2018
	Dave	Stokes	V55	24.55	0	Salford	land Leagu	08/07/2018
	Chris	Pruski	V60	29.78	0	Neath	Regional Ch	13/05/2018
	Mark	Wyndham-Jones	V65	27.78	0	Norwich	letics Leag	20/05/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
DT1K								
	Chris	Pruski	V60	27.17	0	Nuneaton	sters AC Ch	03/06/2018
	Jon	Clarke	V60	15.98	0	Sheffield	bnships, inc	15/07/2018
	Mark	Wyndham-Jones	V65	38.30	0	Southend	sters AC Ch	11/08/2018
	Geoff	Ward	V65	35.60	0	Deeside	Regional Ch	13/05/2018
	Paul	Brooks	V65	27.21	0	Nuneaton	sters AC Ch	03/06/2018
	Ian	Bowles	V70	32.04	0	Nuneaton	sters AC Ch	03/06/2018
	Ian	Robinson	V70	28.09	0	Bangor	GA Menai C	16/09/2018
	Phil	Rees	V75	21.90	0	Exeter	:Veterans Cha	17/06/2018
DT 1.5K								
	Jason	Elworthy	V45	11.64	0	Cardiff	les Regiona	12/05/2018
	Andrew	Turner	V50	34.18	0	Exeter	veterans Ch	17/06/2018
	Gwynn	Wallace	V50	33.11	0	Lee Valley	Masters Gr	19/08/2018
	David	Glendower	V50	25.16	0	Bromley	Club Champ	21/05/2018
	Dave	Stokes	V55	30.87	0	onnah's Qu	de Open M	15/04/2018
	Glyndwr	Pugh	V55	29.29	0	Solihull	sters Inter A	08/07/2018
	Keith	Powell	V55	26.53	0	Horspath	Pentathlon	03/06/2018
DT2K								
	Lee	Newman	V40	46.86	0	Lee Valley	Winter Throw	10/03/2018
	Ian	Williams	V40	31.06		Stourport	nd League Div	06/05/2018
	Paul	Evans	V40	13.31	0	Neath	Athletics L	20/05/2018
	Peter	Roberts	V45	35.34	0	Solihull	sters Inter A	08/07/2018
	Graham	Holder	V45	34.28	0	Ashford	ties Vetera	30/09/2018
	Gwynn	Wallace	V50	28.09	0	Abingdon	letics Leagu	20/05/2018
	Derek	Osborne	V50	23.31	0	Cardiff	Athletics L	22/04/2018
	Charles	Northey	V50	18.43	0	Cardiff	Athletics L	22/04/2018
	Dave	Stokes	V55	26.20	0	Warrington	land Leagu	04/08/2018
	Chris	Berry	V60	17.36	0	Neath	Athletics L	20/05/2018
	Mark	Wyndham-Jones	V65	23.00	0	King's Lynn	Anglian Le	29/04/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
HT7.26K								
	Paul	Evans	v40	15.69	0	Swansea	Athletics L	10/06/2018
	Graham	Holder	v45	51.32	0	Birmingham	sters Cham	26/08/2018
	Peter	Roberts	v45	26.51	0	Solihull	sters Inter A	08/07/2018
	Jason	Elworthy	v45	8.47	0	Cardiff	les Regiona	12/05/2018
	Derek	Osborne	v50	23.51	0	Newport	Athletics L	11/08/2018
	Gwynn	Wallace	v50	23.18	0	Abingdon	letics Leagu	18/08/2018
	Dave	Stokes	v55	27.19	0	Deeside	Regional Cl	13/05/2018
	Chris	Berry	v60	15.74	0	Cardiff	Athletics L	22/04/2018

HT6K								
	Andrew	Turner	V50	34.06	0	Basingstoke	sters' Leag	25/06/2018
	David	Glendower	V50	28.41	0	Lee Valley	Winter Throw	11/03/2018
	Gwynn	Wallace	v50	28.90	0	Bracknell	sters' Lea	04/06/2018
	Dave	Stokes	v55	26.63	0.00	Sheffield	nships, inc	14/07/2018

HT5K								
	Chris	Pruski	v60	19.51	0	Nuneaton	sters AC Ch	03/06/2018

HT5K								
	Geoff	Ward	v65	27.59	0.00	Wrexham	al Fling Thr	30/09/2018

HT4K								
	Ian	Bowles	v70	28.68	0	Nuneaton	sters AC Ch	03/06/2018
	Phil	Rees	v75	20.89	0	Nuneaton	sters AC Ch	03/06/2018

Event	First Name	Last Name	AG	Time/Dist		Venue	Meeting	date
WT11.34K								
	Andrew	Turner	V50	11.39	0	ournemou	emouth AC	09/09/2018
	David	Glendower	V50	10.39	0	Malaga, ESP	asters Champ	13/09/2018
	Gwynn	Wallace	V50	8.75	0	Derby	entathlon C	19/05/2018
	Dave	Stokes	V55	11.18	0	Sheffield	bnships, inc	14/07/2018

WT10K	Jason	Elworthy	V45	5.46	0	Derby	MMTG	07/07/2018
	Gwynn	Wallace	V50	11.56	0	Derby	MMTG John Howell	16/06/2018
WT12.5K	Jason	Elworthy	V45	5.15	0	Derby	MMTG Howay	07/07/2018
WT19.05K	Jason	Elworthy	V45	3.14	0	Derby	MMTG Howay	07/07/2018
WT25.4K	Jason	Elworthy	V45	2.57	0	Derby	MMTG Howay	07/07/2018
WT15.88K	Graham	Holder	V45	13.93	0	Birmingham	BRITISH Masters	26/08/2018
	Jason	Elworthy	V45	4.00	0	Derby	MMTG Howay	07/07/2018

Pent								
	Andrew	Turner	V50	2682.00	0	ournemou	emouth AC	09/09/2018
	Gwynn	Wallace	V50	2427.00	0	Sheffield	asters Gran	23/06/2018
	David	Glendower	V50	1893.00	0	Malaga, ESP	asters Champ	13/09/2018
	Keith	Powell	V55	2446.00	0	Horspath	Pentathlon	03/06/2018
	Dave	Stokes	V55	2361.00	0	Sheffield	bnships, inc	14/07/2018
	Mark	Wyndham-Jones	V65	2685.00	0	Horspath	/ Pentathlon /	03/06/2018
	Brian	Williamson	V65	2110.00	i	Lee Valley	Championships	25/02/2018

Decathlon								
	Mark	Wyndham-Jones	V65	5532	0	Sheffield	bnships, inc	15/07/2018