

Risk Assessment: Shot Applicable to a Masters' Athletics Meeting

Date:	Assessed by:	Location :	Review :
17 July 2019	D M Marler	generic	TBC

What are the Hazards?	Who might be harmed and how?	What are you already doing?	Risk Rating	What else can you do to control this risk?	Resultant Risk Rating	Action by whom	Target date	Complete
Circle - slips	Athletes slipping due to wet or gritty surface	<ul style="list-style-type: none"> • Ensure circle is free of grit, dirt, leaves and any standing water • Ensure drainage holes are kept clear • Provide mat for wiping feet if ground is wet 	L	•	L	Field Referee (Throws) and Lead Official		
Circle – trips or other injury	Athletes injured due to damaged metal rim of circle	<ul style="list-style-type: none"> • Ensure the circle is in good order and not breaking up • Examine circle rim to ensure it is free from protrusions (eg shards of metal) 	L	•	L	Field Referee (Throws) and Lead Official		
Stop board	Athletes injured due to loose or damaged stop board	<ul style="list-style-type: none"> • Ensure the stop board is firm and stable • Ensure the stop board is not damaged so as to cause a foot injury 	L	•	L	Field Referee (Throws) and Lead Official		



Sector	Athletes, officials, non-associated persons, implement impact injury and/or tripping due to poor conditions in the field	<ul style="list-style-type: none"> • The Sector should be smooth and level, in particular holes from shot puts should be filled to ground level • Ash/shale sectors should be raked before and after use • Ensure there are no non-associated persons with the vicinity of the throwing Sector before throws commence 	L	•	L	Field Referee (Throws) and Lead Official		
Weather	Athletes, officials, non-associated persons, implement impact injury and/or tripping due to poor conditions in the field	<ul style="list-style-type: none"> • Ensure there is enough daylight/floodlighting to ensure safety • Thunderstorms in the immediate vicinity should halt competition 	L	•	L	Field Referee (Throws) and Lead Official		
Competition – impact injury	Athletes, Officials and Spectators could suffer serious injury	<ul style="list-style-type: none"> • Ensure all throws, including any practice throws <u>only</u> take place from within the circle and that they are supervised by qualified officials. • During every trial and practice throw, <u>all officials</u> forward of the throwing circle should stand outside the sector lines and face the thrower • Ensure <u>only</u> officials are allowed forward of the circle, except if athletes are allowed to retrieve under supervision • Implements must only be returned by hand • Throws <u>must not</u> commence until the supervising official signals to the athlete that it is 	L	•	L	Field Referee (Throws) and the Lead Official		

		safe to throw						
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This Risk Assessment was undertaken with due regard to the latest **UKA Safety Guidance**.