

Welsh Masters League 2019-5 - 2019-07-10 Results

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RESULTS

1 - Discus (DT)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 18:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result
1	7	Ian Bowles	SWAN	M75	28.98	30.75	30.84	x			30.84
2	6	Chris Berry	SWAN	M60	23.72	21.99	24.06	22.91			24.06
3	48	Sasha Spottiswoode	BRIW	W45	23.07	x	x	22.63			23.07
4	16	Julie Driscoll	BRECA	W50	22.09	x	x	20.53			22.09
5	1	Cath Alford	RHONA	W45	21.65	21.01	x	21.77			21.77
6	55	Mark Williams	PBBR	M60	18.19	18.85	17.71	16.30			18.85
7	42	Renate Prells	SWAN	W60	18.29	18.09	18.21	18.51			18.51
8	45	Phil Rees	RHONA	M75	16.49	16.04	17.10	17.34			17.34
9	12	Michael H Davies	CROUP	M65	16.57						16.57
10	3	Eirian Arwyn	CROUP	W65	13.55	15.07	15.18				15.18
11	27	David Jones	SWAN	M70	12.89	13.54	13.24	12.75			13.54
12	11	Clare Davies	BRECA	W50	x	10.80	x	x			10.80
13	33	Daphne Marler	SWAN	W70	10.74	x	x	10.20			10.74

RESULTS

2 - Javelin (JT)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 18:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result
1	36	Charlie Northey	BRECA	M50	29.00	x	30.75	32.85			32.85
2	38	Derek Osborne	BRECA	M55	27.92	x	29.27	29.77			29.77
3	54	Ian Williams	NEWPH	M40	29.57	x	x	x			29.57
4	44	Glyn Pugh	RHONA	M55	13.71	18.24	20.22	x			20.22

RESULTS

3 - High Jump (HJ)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 18:45

Pos	Bib	Name	Club	Age	0.80	0.85	0.90	0.95	1.00	1.05	1.10	1.15	1.20	1.25	1.30	1.35	1.40	1.45	1.50	Result
1	25	Steven Ingram	SWAN	M45	-	-	-	-	-	-	-	-	-	-	o	-	o	-	xxx	1.40
2	38	Derek Osborne	BRECA	M55	-	-	-	-	-	-	-	-	o	o	o	o	x	r		1.35
3	36	Charlie Northey	BRECA	M50	-	-	-	-	-	-	-	-	o	o	o	xxx	r			1.30
4	6	Chris Berry	SWAN	M60	-	-	-	-	-	-	-	-	xo	xxx						1.20
5	11	Clare Davies	BRECA	W50	-	-	-	-	-	o	o	xxx								1.10
5	49	Ian Swanson	PTH	M65	o	o	o	o	o	o	o	xr								1.10
7	3	Eirian Arwyn	CROUP	W65	o	o	o	o	xxx	r										0.95
8	45	Phil Rees	RHONA	M75	o	r														0.80

RESULTS

4 - 200 (200)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 19:00

Heat 1

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	20	Melanie Garland	WORC	W55	1		29.9
2	2	Henrietta Anstey	BRIW	W45	1		30.8
3	28	Louise Kirby	PBBR	W50	1		32.0
4	9	Angela Bryant	FODAC	W55	2		32.9
5	11	Clare Davies	BRECA	W50	2		38.0
6	3	Eirian Arwyn	CROUP	W65	1		42.1
7	15	Susan Davis	UNATT	W55	3		44.1

Heat 2

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	34	Kieran McDonnell	CROUP	M60	1		29.5
2	13	Roderick Davies	SWAN	M60	2		30.4
3	37	Christopher Norton	RHONA	M60	3		33.4
4	26	Mel James	CROUP	M75	1		33.6
5	55	Mark Williams	PBBR	M60	4		34.2
6	12	Michael H Davies	CROUP	M65	1		35.9
7	58	Geoff Wright	CROUP	M70	1		39.5

Heat 3

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	40	Keith Powell	NEWPH	M55	1		28.4
2	38	Derek Osborne	BRECA	M55	2		29.9
3	53	Dewi West	3MG	M55	3		32.3
4	36	Charlie Northey	BRECA	M50	1		32.4
5	22	Jeffrey Hanson	RHONA	M55	4		41.0

Heat 4

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	31	Chris Lloyd	RUN4A	SM	1		24.6
2	21	Michael Graz	USK	M45	1		29.5
3	30	Adrian Lewis	ABERV	M45	2		30.3
4	51	Dean Webster	3MG	M40	1		31.2
5	39	Nathaniel Palmer	CROUP	M45	3		32.2

RESULTS

5 - 800 (800)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 19:20

Heat 1

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	19	Patricia Gallagher	WESTH	W70	1		3:59.90
2	3	Eirian Arwyn	CROUP	W65	1		4:07.50

Heat 2

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	34	Kieran McDonnell	CROUP	M60	1		2:30.2
2	29	Elio Lepore	CROUP	M65	1		2:43.7
3	32	Richard Marks	SARN	M65	2		2:51.0
4	55	Mark Williams	PBBR	M60	2		2:51.0
5	12	Michael H Davies	CROUP	M65	3		3:04.8
6	37	Christopher Norton	RHONA	M60	3		3:18.5

Heat 3

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	46	Mark Roberts	BRECA	M55	1		2:42.4
2	56	Stephen Williams	PBBR	M55	2		2:46.8
3	23	Haydn Hartnell	PBBR	M55	3		2:48.0
4	36	Charlie Northey	BRECA	M50	1		2:48.7
5	53	Dewi West	3MG	M55	4		2:51.4
6	22	Jeffrey Hanson	RHONA	M55	5		3:27.4

Heat 4

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	30	Adrian Lewis	ABERV	M45	1		2:19.1
2	14	Brett Davis	NEWPH	M55	1		2:21.3
3	35	Peter Mountain	BRIW	M60	1		2:27.4
4	21	Michael Graz	USK	M45	2		2:31.3
5	39	Nathaniel Palmer	CROUP	M45	3		2:33.1
6	51	Dean Webster	3MG	M40	1		2:37.0

RESULTS

6 - Triple Jump (TJ)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 19:30

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result (wind)
1	31	Chris Lloyd	RUN4A	SM	10.25 ()	10.20 ()	10.46 ()				10.46 ()
2	38	Derek Osborne	BRECA	M55	9.27 ()	9.23 ()					9.27 ()
3	20	Melanie Garland	WORC	W55	9.07 ()	8.82 ()	8.94 ()	9.05 ()			9.07 ()
4	11	Clare Davies	BRECA	W50	6.44 ()	6.79 ()	6.69 ()				6.79 ()
5	24	Iris Holder	WORC	W75	5.73 ()	5.88 ()	5.84 ()	6.01 ()			6.01 ()
6	3	Eirian Arwyn	CROUP	W65	5.30 ()	6.00 ()					6.00 ()
7	45	Phil Rees	RHONA	M75	4.92 ()	5.07 ()	x ()	5.10 ()			5.10 ()
8	33	Daphne Marler	SWAN	W70	4.02 ()	4.08 ()	4.33 ()	4.40 ()			4.40 ()

RESULTS

7 - 100 (100)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 19:40

Heat 1

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	11	Clare Davies	BRECA	W50	1		18.5
2	3	Eirian Arwyn	CROUP	W65	1		19.0
3	24	Iris Holder	WORC	W75	1		19.3
4	16	Julie Driscoll	BRECA	W50	2		21.8

Heat 2

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	20	Melanie Garland	WORC	W55	1		14.8
2	2	Henrietta Anstey	BRIW	W45	1		15.2
3	28	Louise Kirby	PBBR	W50	1		15.6
4	9	Angela Bryant	FODAC	W55	2		16.0
5	15	Susan Davis	UNATT	W55	3		19.9

Heat 3

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	26	Mel James	CROUP	M75	1		16.4
2	12	Michael H Davies	CROUP	M65	1		17.8
3	58	Geoff Wright	CROUP	M70	1		20.1
4	49	Ian Swanson	PTH	M65	2		23.1

Heat 4

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	40	Keith Powell	NEWPH	M55	1		14.1
2	38	Derek Osborne	BRECA	M55	2		14.8
3	13	Roderick Davies	SWAN	M60	1		15.0
4	36	Charlie Northey	BRECA	M50	1		16.4
5	37	Christopher Norton	RHONA	M60	2		16.7

Heat 5

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	10	Seriashe Childs	WSEH	M35	1		11.8
2	31	Chris Lloyd	RUN4A	SM	1		12.3
3	51	Dean Webster	3MG	M40	1		15.5
4	30	Adrian Lewis	ABERV	M45	1		15.9
5	39	Nathaniel Palmer	CROUP	M45	2		16.2

RESULTS

8 - Javelin (JT)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 19:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result
1	48	Sasha Spottiswoode	BRIW	W45	x	x	24.55	25.51			25.51
2	12	Michael H Davies	CROUP	M65	x	15.84	18.35	18.08			18.35
3	16	Julie Driscoll	BRECA	W50	15.31	14.86	12.83	16.20			16.20
4	7	Ian Bowles	SWAN	M75	x	14.97	16.03	x			16.03
5	55	Mark Williams	PBBR	M60	12.65	13.85					13.85
6	3	Eirian Arwyn	CROUP	W65	x	13.41					13.41
7	11	Clare Davies	BRECA	W50	x	12.59	11.65				12.59
8	45	Phil Rees	RHONA	M75	9.42	12.57	x				12.57
9	27	David Jones	SWAN	M70	11.18	11.13	11.01				11.18

RESULTS

9 - Discus (DT)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 19:45

Place	Bib	Name	Club	Age	1	2	3	4	5	6	Result
1	47	Peter Roberts	SWAN	M45	32.18	31.03	32.20	32.63	32.75	33.21	33.21
2	25	Steven Ingram	SWAN	M45	30.24	24.69	32.42	x	26.84	x	32.42
3	44	Glyn Pugh	RHONA	M55	26.69	27.32	25.72	26.71	x	27.11	27.32
4	38	Derek Osborne	BRECA	M55	x	27.09	x	26.42	25.83	25.06	27.09
5	54	Ian Williams	NEWPH	M40	25.12	x	25.10	25.25	x	x	25.25
6	36	Charlie Northey	BRECA	M50	x	19.85	19.41				19.85

RESULTS

10 - 3000 (3000)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 20:00

Rank	Bib	Name	Club	Category	Cat Pos	Lane	Result
1	18	Paul Flynn	SWAN	M50	1		10:29.1
2	30	Adrian Lewis	ABERV	M45	1		10:58.9
3	35	Peter Mountain	BRIW	M60	1		11:17.1
4	29	Elio Lepore	CROUP	M65	1		11:21.5
5	56	Stephen Williams	PBBR	M55	1		11:29.3
6	23	Haydn Hartnell	PBBR	M55	2		11:41.8
7	55	Mark Williams	PBBR	M60	2		11:51.1
8	46	Mark Roberts	BRECA	M55	3		11:58.9
9	32	Richard Marks	SARN	M65	2		12:13.9
10	39	Nathaniel Palmer	CROUP	M45	2		12:35.7
11	36	Charlie Northey	BRECA	M50	2		13:17.1
12	22	Jeffrey Hanson	RHONA	M55	4		15:09.9
13	3	Eirian Arwyn	CROUP	W65	1		17:01.2
14	49	Ian Swanson	PTH	M65	3		20:41.2

RESULTS

11 - 4x400 Relay (4x400)

Welsh Masters League 2019-5 - 2019-07-10 START TIME: 20:30

Lane	Bib	NOC Name	Result
A		Parc Bryn Bach + Guest	4:46.9
B		Guests	4:50.2
C		Les Croupiers RC	5:01.0
D		Brecon AC	5:34.4