### **WELSH MASTERS ATHLETICS LIMITED**

## **Health and safety policy**

Date: 16 December 2020

#### **Purpose**

The purpose of this policy is to recognise the company's duties under the relevant health and safety legislation towards it members and others while undertaking its usual activities of administrative work, and organising athletic competitions. There are wider regulatory and risk requirements which are also to be considered in this context.

#### **Scope**

This policy is not just for the Board, but also members, officials, volunteers, and guests.

It is essential that best practice be adhered to for all WMAL activities, especially athletics but also including clerical work, driving and lifting. Unfortunately WMAL cannot buy in training for these but, should a member have particular relevant experience it would encourage this to be shared.

When members are on another site (eg offices, tracks, parkland, road or other premises), the health and safety policy of that site must first be adhered to. Members need to familiarise themselves with these and work within them.

All UKA qualified officials have detailed health and safety training for their respective events and can provide specific and up to date guidance for these. Members should always bear this in mind when at an athletic event.

### Responsibility

As WMAL is a voluntary organisation, it is the responsibility of all members to encourage compliance with the policy, and familiarise themselves with best practice. It is vital that the company complies with the terms of any Licence – for example, appropriate officials of the correct grade in place together with first aid in attendance for all athletic events. (Not only would it be unsafe to proceed without these individuals but it would also invalidate the company's event insurance.)

WMAL has undertaken risk assessments for various athletic activities and these may provide guidance on aspects of events which may not be familiar to the individual. (Risk Assessments may be found in the Officials section of the website.)

Nb WMAL is not responsible for training, coaching or being coached. This is the responsibility of the individual athlete under the aegis of their UKA club, or the trainer or coach.

# **Procedure**

WMAL events take place under UKA Rules. If anyone has a concern about health and safety during an athletics event then this needs to be raised with the relevant track, field or other official in charge. In all other scenarios, any concern needs to be raised with the Company Secretary; however if the Company Secretary is perceived to be at fault, the matter may be raised with the Chairman. The matter can then be dealt with by the Board or its members.