

Table 1

	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85
<b>100M</b>	15.84	17.5	18.1	18.8	19.7	20.6	21.5	22.59	25.02	29.7	35.1
<b>200M</b>	34.6	35.83	37.1	38.4	40.1	42.7	45.8	51	59	69	81
<b>400M</b>	77.9	81	85	89	93.74	101.74	106.83	118.03	133.8	171.9	202.5
<b>800M</b>	2m 55s	3m 3s	3m	3m 23s	3m 38s	3m 59s	4m 24s	4m 58s	5m 39s	6m 28s	7m 32s
<b>1500M</b>	6m 9s	6m 29s	6m 54s	7m 22s	7m 53s	8m 30s	9m 13s	10m 3s	11m 4s	12m 33s	15m 39s
<b>3000M</b>	13m 9s	13m 48s	14m 40s	15m 39s	16m 46s	18m 5s	19m 36s	21m 24s	23m 34s	27m 1s	33m 57s
<b>5000M</b>	23m 2s	23m 50s	25m 6s	26m 43s	28m 35s	30m 42s	33m 11s	36m 5s	39m 34s	45m 6s	56m 39s
<b>80M H</b>		18.26	19.36	20.13	21.87	23.04	25.2	28	32.2	36.96	42.01
<b>100M H</b>	22.6										
<b>2000m Walk</b>	14m05	14m46	15m16	15m30	15m45	16m58	18m59	21m18	22m52	24m10	24m45
<b>2000M SC</b>	11m08.25	11m28.5	12m42.75	13m48.9	14m51	16m12	17m33	18m54	20m15	21m36	22m57
<b>Pole vault</b>	1m95	1m80	1m75	1m70	1m30	1m25	1m10	1m			
<b>High jump</b>	1m20	1m15	1m10	1m05	1m00	90cm	85cm	80cm	75cm	70cm	60cm
<b>Long jump</b>	3m35	3m14	2m96	2m78	2m52	2m39	2m20	1m95	1m62	1m19	1m00
<b>Triple jump</b>	7m02	6m52	6m02	5m58	5m09	4m50	4m28	3m90	3m60	3m15	2m70
<b>Shot</b>	6.21	5.94	5.58	5.67	5.22	4.77	4.23	3.78	3.15	2.65	2.1
<b>Discus</b>	18.72	17.28	15.93	14.76	13.41	12.93	11.07	9.54	7.74	6.75	5.4
<b>Hammer</b>	19.17	17.82	16.38	15.12	13.95	13.68	12.78	10.8	8.82	6.66	5.55
<b>Javelin</b>	18.22	16.78	15.43	14.36	13.02	12.55	10.8	9.26	7.55	6.55	4.41
<b>Weight</b>	6.39	6.28	6.03	6.34	6.29	6.58	5.75	5.94	5.25	4.5	3.75